

Hard-working Maple Leafs

eye NCIC track title

Athletes can be nurtured, or destroyed, by just a few words.

When Geneseo track coach Don Fredericks speaks, his kids usually listen. What the fifth-year mentor has to say makes good sense.

"There's a lot to be said for a good solid work ethic," said Fredericks. "It's the cornerstone to success. There are no shortcuts to success."

Those words became evident a few weeks back when the Maple Leafs posted a surprising second-place finish in the strong Rock Island Invitational. From then on, Fredericks has thought this team might become something special.

"It was an experimental move going into that meet," said Fredericks of the first-time trip to the loaded RI gathering. "It really opened my eyes



Tom Johnston

Prep track

to the fact that the young athletes will respond to the competition. Our season has gone light years ahead of where it would have had we not gone to that meet."

And Fredericks hopes it takes another strong jump ahead Friday when the Leafs make the trek to Streator for the NCIC champion-

ships. On paper, the Leafs, who finished second to Sterling last year, could be one of the favorites going in.

"We have some very strong areas and we're still trying to put the pieces together elsewhere," said Fredericks.

The strong points of this team lie on the track, where the Maple Leafs are solid in all 12 running events, from sprinters to distance runners.

Heading up the sprint group has been senior Ben Mayes, who is the top individual sprinter and also anchors the 400 and 800 relays. Junior Mike VanDeVelde has been pushing Mayes in the 200 and is the top 400 man. He also has spiced up the 800 relay and high jump.

Junior Adam Boardman is the top middle distance man, handling both the 800 and 1600, while classmate Bryan Glass is the team's best in the 3200.

Fredericks thinks they all have legitimate shots at conference titles Friday.

The Leafs also pack a powerful one-two punch in the hurdles with senior Chad Blunt and junior Shane

McKibbin, who also form one half of the 1600 relay unit.

In the field events, Geneseo puts up some strong performers in Glenn Klopp in the pole vault and Jon McAvoy in the discus. Both of those events are traditionally tough in the NCIC, so wins there could be hard to find.

But strong showings, if not wins, have been abundant for the Leafs.

"The whole season, we've been building and hope to put on the finishing touches," said Fredericks. "We're thinking a possible conference title and then hoping for a strong showing at the sectionals in two weeks to get some people down to state."

Leaf tracksters hope to regain conference title

Coach Don Fredericks will have 17 returning letterwinners and a total of 106 boys participating as the Leafs prepare for 1990 track and field season.

Geneseo actually competed in a meet in Macomb on Saturday, March 3 but just seven Leafs took part. The first official meet will be held Tuesday, March 13 against Rochelle and Dixon at the Westwood Sports Complex, Sterling.

Heading the list of returnees for the Leafs is junior middle distance runner Adam Boardman, who took first place in the conference 800 and 1600 meter runs last season. He is also a standout for Coach Fredericks on the cross-country team in the fall.

The Leafs are blessed with depth in the sprinting positions, as all five of the runners who made up the 100 and 200 meter relay teams last season are returning. Chad Blunt, Chad Loucks, Ryan Verbeck, Ben Mayes and Andy Hahn give the Leafs five sprinters with a lot of experience.

Geneseo also has a strong contingent of runners to go along with Boardman in the middle and long distances. Among them are Mike VanDeVelde,

Justin and Jason VanVooren, Michael Bell, Bryan Glass and Brian Walsh.

"I anticipate that with the people we have returning we will be very strong on the track," said Coach Don Fredericks.

The Leafs will be rebuilding in the weights department, mostly due to the graduation of Derek Allen, who held down both the shot and discus for Geneseo a year ago.

Jon McAvoy placed sixth in the discus for the Leafs a year ago at the conference meet to be the top returning weightman. Brad Dierickx will also compete in the shot and discus, as well as the long jump and some sprint relays.

Glenn Klopp will handle the pole vault for the Leafs. He jumped 13' in the conference meet, good enough for a fifth place finish.

Darin Lavery, a sophomore, will compete in the long and triple jumps while Shane McKibbin, along with Blunt, will handle the 110 high hurdles and 300 intermediate hurdles.

Coach Fredericks will have the same staff with him for the fourth consecutive year. Mel Snook will handle the jumpers, Vic Boblett the sprinters and hurdlers and Denny Dierickx the weightmen.

"So far the coaches and I have been

pleased with what we've seen. It is too early to know exactly what we have but we are all very optimistic," said Coach Fredericks.

Sterling won the conference meet last season, ahead of the second place Leafs. Coach Fredericks expects the Golden Warriors to be tough again.

"Because of their tradition and the fine indoor facility they have, I'd have to make Sterling the favorite. Any number of teams have a chance though," he said.

Other contenders, Coach Fredericks feels, are Ottawa, last season's sophomore champion, Dixon and Princeton, as well as the Leafs.

"Anytime you put on the Green and White of Geneseo, no matter what sport, the first goal is to win the conference. That is our top goal right now," said Coach Fredericks.

The Leafs open the season with two visits to the Westwood facility in Sterling. The first meet is against Rochelle and Dixon while the second meet is against Sterling and Freeport.

"The two indoor meets are strictly developmental meets for us. We'll be working on technique and will put no stock at all into winning and losing. The big meets in May are the ones we are concerned with," noted Coach Fredericks.

SPORTS

OF THE GENESEO REPUBLIC

Blow away foes

Leaf tracksters win seven events; win crown

A Geneseo varsity boys track team which had turned in many outstanding performances this season simply exploded last week. The result was a whopping victory in the North Central Illinois Conference (N.C.I.C.) track meet held Friday, May 11 at Streator.

The Leafs amassed a possible record 173 points in the meet, beating runner-up Sterling by an incredible 103 points. Princeton was third with 55 points followed by Mendota (52), LaSalle-Peru (49), Rock Falls (46), Dixon (36), Ottawa (26), Rochelle (22), Hall (20), Kewanee (8) and Streator (4).

Officials at the meet Coach Don Fredericks spoke to could not remember such a large margin of victory, hence the possible record.

"To score 100 points in a conference meet is an outstanding effort. To finish with 173 is truly exciting," said an eleated Coach Fredericks.

"This has been a team that has taken no shortcuts. They have worked nearly every day for the past four months to get to this point and it is very rewarding as a coach to see what this team has accomplished," he added.

Geneseo has now won two of the last three conference titles. Before that, the Leafs hadn't won a track crown since 1945.

There was no one single hero for the Leafs but rather a collection of heroes that contributed to the triumph.

Senior sprinter Ben Mayes had an outstanding day, winning the 100 and 200 meter dashes. He blazed to a 10.80 second time in the 100 meter semifinals and followed that up with a 10.84 clocking in the finals. They were two of the three fastest times in school history, trailing just the 10.75 second time set by Trent Foltz in 1984. Mayes' 22.44 second time in the 200 meter final was the fourth fastest in school history.

Junior middle distance runner Adam

Boardman also captured two individual wins for Geneseo. He was clocked at 1:59.01 to nip teammate Jason VanVooren in the 800 and followed that up with a 4:28.10 effort in the 1600.

Glenn Klopp was a surprise winner in the high jump with an effort of 6'2". His previous best on the season was 5'11".

Chad Blunt set a new conference record in the 300 meter intermediate hurdle race with a 40.15 second clocking.

The final win was in the meet's final event, the 1600 meter relay. Blunt, Ben Hahn, Michael Bell and Mike VanDeVelde turned in a time of 3:31.65 to top second place Princeton by nearly three seconds.

Bell, who ran a 51.89 split, a full two seconds faster than his previous best, and VanDeVelde, who ran a 52 second anchor leg with no recovery time from his 400 meter race, were the standouts in this race.

"We were just on fire at this point of the meet. To see our entire team, freshmen through seniors, cheer like they did in that final race is something that I'll never forget. I wish there was some sort of way to bottle all of the energy the kids had at the end of the meet," said Coach Fredericks.

The Leafs also had several outstanding efforts from their second place finishers.

Klopp cleared 14' in the pole vault to tie his personal best. That effort is just two inches short of the school record of 14'2" by Rich Johnson, set in 1974.

VanDeVelde blazed through the 400 meter race in 50.15 seconds to set a new school record. Roger Boyd held the previous record of 50.20 seconds for 20 years. Ironically enough, Boyd set his mark in the N.C.I.C. meet as well.

Bryan Glass was runner-up in the 3200 meter race with a time of 9:46.7 while Blunt was second in the 110 meter high hurdles with a time of 15.19 seconds, both personal bests. Jason

VanVooren also had a personal best in the 800 with a time of 1:59.74.

Others contributing second place finishes for the Leafs were Shane McKibbon in the 300 meter intermediate hurdles, Jason VanVooren in the 1600 and the 3200 meter relay team of Justin VanOpdorp, Josh Pierce, Brian Walsh and Justin VanVooren.

Third place finishers for the Leafs were Jon McAvoy in the discus, Andy Snook in the 3200, McKibbon in the 110 high hurdles and VanDeVelde in the 200.

A pair of fourth place finishes also stood out for the Leafs.

Ben Hahn set a new freshman 400 meter dash mark with a time of 52.61 seconds. Frank Lorr had the previous record, a 53.58 second time set in 1984.

Shawn Wehrspann hopped, skipped and jumped his way to a 40'5" effort in the triple jump. That was nearly two feet further than his previous best.

"We've had teams that have had great seasons and a chance to come home with the trophy but didn't for whatever reason, not to take anything away from those teams. This group did not let that happen," said Coach Fredericks.

Next up for the Leafs is the sectional meet to be held Friday, May 18 in Rock Island.

The field is loaded, featuring defending state champion Rock Island, as well as Moline, Galesburg and the Leafs. The top two finishers in each event, as well as those bettering a set qualifying standard, will move on to the state meet to be held Friday and Saturday, May 25 and 26, in Charleston.

"An athlete usually has to beat a qualifying standard to advance from this sectional. That is why kids from this area traditionally do so well at state," noted Coach Don Fredericks.

"It is going to be interesting. All I can say is that we are definitely ready to run," concluded Coach Fredericks.

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Geneseo romps in NCIC meet

STREATOR — With middle-distance runner Adam Boardman and sprinter Ben Mayes each winning two events, Geneseo overwhelmed the field in romping to the championship in the NCIC boys track meet here Friday night.

"We're really delighted with the way everyone performed here tonight," said Geneseo coach Don Fredericks. "Everywhere we looked, we were getting personal-best performances."

The gold-medal efforts, combined with a lot of depth, helped the Maple Leafs pile up 173 points, 103 points more than second-place Sterling, which trailed badly with 70.

Geneseo had six individual championships — one by Glenn Kopp in the high jump and another by Chad Blunt in the intermediate hurdles, along with the sprint double by Mayes and Boardman's wins in the 800 and the 1600 — and one relay victory.

"According to the scratch times, we figured to win by about 46 points, so I'm really pleased with the way we performed. Besides, we'd only won the NCIC championship once in the last 44 years before tonight," said the jubilant Geneseo coach.

Geneseo had 1-2 finishes in the 300 hurdles, the 800 and the 1600 in rolling to the big victory. The Leafs also had three others second-place finishes in the 12-team meet.

Geneseo boys capture first

at NCIC Conference meet

STREATOR - For the second time in 44 years, Geneseo's varsity boys track team captured the championship hardware at the NCIC Conference Meet, and did so with the efforts of the entire team.

The Maple Leafs literally ran away from the field, racking up 173 team points. Sterling placed second with 70 and Princeton third with 55.

Adam Boardman and Ben Mayes

each captured a pair of gold medals for Geneseo. Boardman won the 800 in 1:59.01 with teammate Jason VanVooren pulling in second. Boardman and VanVooren also placed one-two in the 1600 with Boardman winning the four-lap race with a time of 4:28.

Mayes ruled in the sprint races, winning the finals of the 100 (10.84) and 200 (22.46), and was a member of Geneseo's fourth place 800 relay squad with Chad Loucks, Shawn Wehrspann and Ryan Verbeck.

Senior Chad Blunt set a conference record in the 300 intermediate hurdles, with a winning time of 40.15. Teammate Shane McKibbon pulled in second behind Blunt. The pair of hurdlers took second and third in the 100 highs with Blunt placing second.

Geneseo's 1600 relay team posted yet another first for the victors, running the course in 3:31.68 with Blunt, Ben Hahn, Michael Bell and Mike VanDeVelde. VanDeVelde collected a second and third in the 400 and 200, respectively.

The Maple Leafs were equally successful in the field events. Glenn Klopp soared 6'2" to win the high jump and also placed second in the pole vault. Mark Chaney picked up points for sixth in the pole vault. Wehrspann finished fourth in the triple jump and senior Jon McAvoy placed third in the discus.

NCIC BOYS CONFERENCE MEET

at Streator

Friday, May 11

Team results

1, Geneseo 173. 2, Sterling 70. 3, Princeton 55. 4, Mendota 52. 5, (tie) Rock Falls and LaSalle-Peru 46. 7, Dixon 36. 8, Ottawa 26. 9, Rochelle 22. 10, Hall 20. 11, Kewanee 8. 12, Streator 4.

Individual results

3200 relay - 1, Sterling 8:15.2. 2, Geneseo (Justin VanOpdorp, Josh Pierce, Brian Walsh, Justin VanVooren).

400 relay - 1, Rock Falls, 44.67.

110 HH - 1, Rodriguez, R, 14.89. 2, Blunt, G. 3, McKibbon, G.

100 - 1, Mayes, G, 10.84. 6, Ryan Verbeck, G.

800 - 1, Boardman, G, 1:59.01. 2, Jason VanVooren, G.

800 relay - 1, Rock Falls, 1:32.89. 4, Geneseo (Loucks, Wehrspann, Verbeck, Mayes).

400 - 1, Heaton, D, 49.3 (Conf. record). 2, VanDeVelde, G. 4, Hahn, G.

300 IH - 1, Blunt, G, 40.15 (Conf. record). 2, McKibbon, G.

1600 - 1, Boardman, G, 4:28. 2, Ja. VanVooren, G.

200 - 1, Mayes, G, 22.46. 3, VanDeVelde, G.

1600 relay - 1, Geneseo (Blunt, Hahn, Bell, VanDeVelde) 3:31.68.

Long jump - 1, Chattic, Ster, 20'10 3/4". 6, Lavery, G.

High jump - 1, Klopp, G, 6'2".

Shot put - 1, Groat, P, 53'9 3/4".

Pole vault - 1, Pries, O, 15'0". 2, Klopp, G. 6, Chaney, G.

Triple jump - 1, Bruno, H, 42'8". 4, Wehrspann, G.

Discus - 1, Groat, P, 152'5". 3, McAvoy, G.

Leaflets nab fifth in conference meet

David Farmer flew through the 300 meter intermediate hurdle race to capture Geneseo's only first place finish and lead the Leaflets to a fourth place finish in the North Central Illinois Conference (N.C.I.C.) track meet held Friday, May 11 at Streator.

Team scores in the meet were Dixon (105), Sterling (101), Ottawa (61), Geneseo and Mendota (58 each), Rock Falls (40-1/2), Princeton (37), LaSalle-Peru (29-1/2), Kewanee (29), Rochelle (27), Hall (2) and Streator (2).

The Leaflets were competing without four of its top performers: freshman sprinter Ben Hahn, freshman middle distance runner Josh Pierce, freshman distance runner Andy Snook and sophomore jumper Darin Lavery, all of whom contributed to Leafs' win in the varsity meet.

"We would have gotten several first place finishes from those four in the frosh-soph meet but they were needed on the varsity. It certainly made a lot of difference in the meet. I think we could have won with a full team," said Coach Don Fredericks.

Farmer blazed to the only win for the Leaflets with a 42.22 seconds in the 300 meter intermediate hurdles.

Placing third were Tom Britton in the long jump, Farmer in the 110 meter high hurdles, Mitch Pray in the 1600 and the 400 meter relay team of Matt Jacobs, Farmer, Jeremy Holke and Britton.

The Leaflets concluded the season with a second place finish in the Moline Frosh-Soph Invitational held Tuesday, May 15.

Team scores were Rock Island (91), Geneseo (59), UT (49), Ottawa (40-1/2), Moline (31-1/2), Galesburg (10) and Alleman (9).

Nabbing first place finishes for Geneseo were Pierce in the 800 (2:05.8), Farmer in the 300 meter intermediate hurdles (42.96 seconds) and Snook in the 3200 (10:02.2).

Finishing second were Pierce in the 1600 and the 1600 relay team.

Third place finishers included Hahn in the 400, Nate Culbertson in the discus, Lavery in the long jump and triple jump and the 3200 meter relay team.



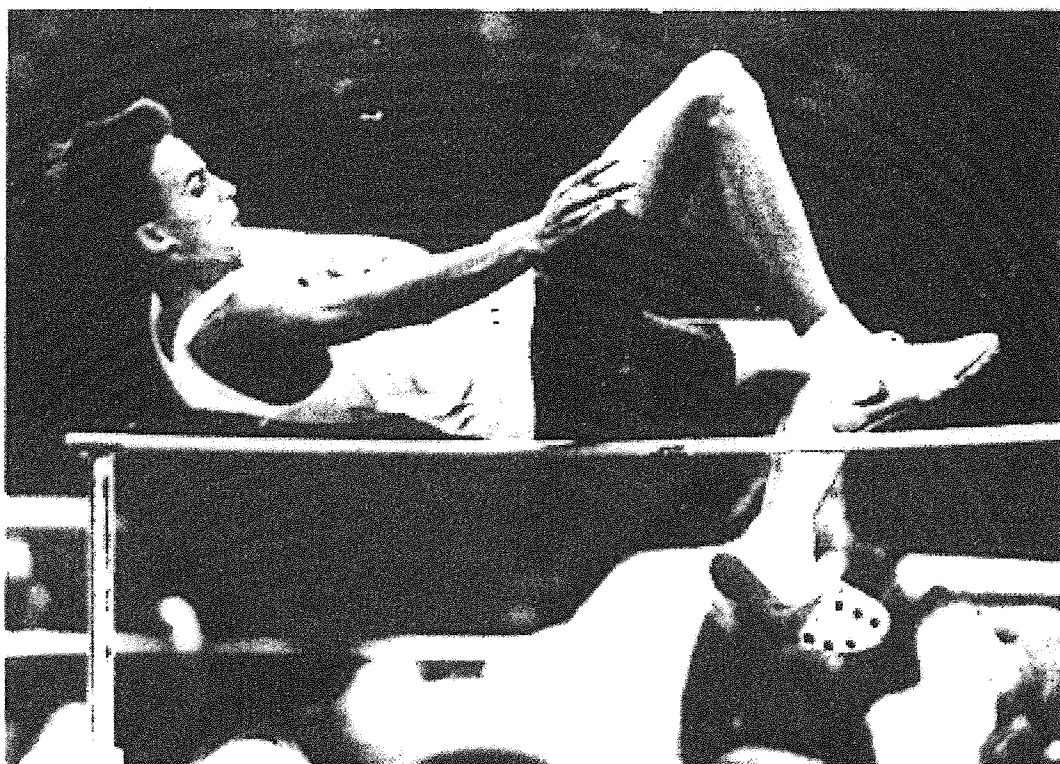
WE'RE NUMBER 1! There was absolutely no doubt as to which team won the North Central Illinois Conference (N.C.I.C.) boys track meet this season and the picture above is proof positive. Geneseo rolled up an amazing 173 points to trounce its nearest competitor, Sterling, by 103 points. See the adjoining story for details.

Republic photo by Jerry Hahn



Republic photo by Jerry Hahn

DOUBLE DASH WINNER. Ben Mayes (second from left) is shown above winning the 100 meter dash in a swift 10.84 seconds at the North Central Illinois Conference (N.C.I.C.) track meet held Friday, May 11 in Streator. Mayes also won the 200 meter dash to help the Leafs to a resounding win in the meet. Ryan Verbeck, who finished sixth in the race for the Leafs, is shown to the right of Mayes. For details, see the adjoining story.



Republic photo by Jerry Hahn

FROSH JUMPER. Geneseo freshman trackster Josh Pierce did not place in the high jump but did run a leg on the second place 3200 meter relay team at the North Central Illinois Conference (N.C.I.C.) track meet held Friday, May 11 in Streator. The Leafs scored a resounding victory in the meet. See the accompanying story for more information.

5/11/90

N.C.I.C. at Stretton 60° nice

U.A.R.

Shot McAwoy 42-10 Walker 39-74
 Disc (3rd) McAwoy 137-7 Simon 122-0
 H.J. (1st) Klopp 6-2 Pierce 5-6
 P.U. (2nd) Klopp 14-0 (13-6)(13-0) (6th) Chaney 12-6
 L.J. (6th) Lavery 19-1 1/2 Verbeck 19-0
 T.J. (4th) Wehrspann 40-5 ~~2007 (60)~~ & Lavery 39-3 1/2
 3200R (2nd) 8:30.9 Vanopdorp 2:07 (60) Pierce 2:06 (58) Walsh 2:09 (62) VanVooren 2:024 (55)
 400R D.Q. Verbak - ¹²⁻³ VanDeVerde X Blunt - Mayer
 3200 (2nd) 6/951 9:46.7 70-2:24-3:38-4:53-6:07-7:20-8:35 →
 (3rd) Snook 10:00.6 68-2:24-3:41-4:56-6:13-7:30-8:47 →
 110K.H. (2nd) Blunt 15.19 (15.6) (3rd) McKibbin 15.44 (15.53)
 100 (1st) Mayer 10.84 (11.06/10.80) (6th) Verbeck 11.46 (11.22/11.5)
 800 (1st) Boardman 1:59.01 (57) (2nd) ^{Jr.} VanVooren 1:59.74 (58)
 800R. (4th) 1:34.37 Loucks 24.39 Wehrspann 22.84 Verbak 23.42 Mayer 24.5
 400 (2nd) VanDeVelde ^{Sched Record} 50.15 (4th) Hahn 52.61
 300K.H. (1st) Blunt ^{Conf Record} 40.15 (2nd) McKibbin 40.83
 1600 (1st) Boardman 4:28.10 63-2:12-3:22 (2nd) ^{Jr.} VanVooren 4:32.95 63-2:13-3:26
 200 (1st) Mayer 22.44 (23.4/22.7) (3rd) VanDeVelde 22.88 (22.6/22.7)
 1600R (1st) 3:31.68 Blunt 53.86 Hahn 53.6 Bell 51.89 VanDeVerde 52.0

Team Scores

| | | | | | |
|---|-----------|-----|----|----------|----|
| 1 | Geneseo | 173 | 7 | Dixon | 36 |
| 2 | Sterling | 70 | 8 | Ottawa | 26 |
| 3 | Princeton | 55 | 9 | Rochelle | 22 |
| 4 | Mendota | 52 | 10 | Hall | 20 |
| 5 | L-P | 49 | 11 | Kewanee | 8 |
| 6 | R.F | 46 | 12 | Stretton | 4 |

N.C.I.C. (Varsity)

(5-11-70)

| NAME OF MEET | DATE | PLACE | |
|---------------------|------------------------------------|-----------------------------------|------------------------------------|
| EVENT | Winner-School Time/or Distance | Second-School Time/or Distance | Third-School Time/or Distance |
| 3200 M RELAY | 8.15:2 STERLING | 8.30.9 GENESEO | 9.10:6 ROCK FALLS |
| 400 M RELAY | 44:67 ROCK FALLS | 44:94 STERLING | 45:23 LASALLE-PERU |
| 3200 M. RUN | FITZGERALD, M. MENDOTA 9.45:38 | CLASS, B. 9.46:16 GENESEO | SNOOK, A. 10.00:54 GENESEO |
| 110 M.H. HURDLES | RODRIGUEZ, 14:89 ROCHELLE | BLUNT 15:19 GENESEO | MCKIBEN 15:48 GENESEO |
| 100 M. DASH | MAYES, B. 10:84 GENESEO | HEATON, G. 11:12 DIXON | CARTER, A. 11:29 PRINCETON |
| 800 M. RUN | BOARDMAN, A. GENESEO 1:59:01 | VANVOOREN 1:59:74 GENESEO | GRISWOLD 2.00:75 PRINCETON |
| 800 M. RELAY | 1.32:89 ROCK FALLS | 1:33:77 ROCHELLE | 1.34:03 STERLING |
| 400 M. DASH | HEATON, G. 49:30 DIXON | VAN DEVELDE 50:15 GENESEO | MCCONNELL 52:13 LASALLE PERU |
| 300 M.L. HURDLES | BLUNT, C. 40:15 GENESEO | MCKIBBEN, S. 40:83 GENESEO | SALAZAR, B. 41:35 LA SALLE-PERU |
| 1600 M. RUN | BOARDMAN, A. 4.28:10 GENESEO | VANVOOREN, J. 4.32:95 GENESEO | SMITH, J. 4.33:69 STERLING |
| 200 M. DASH | MAYES, B. 22:44 GENESEO | HEATON, G. 22:69 DIXON | VANDEVELDE 22.88 GENESEO |
| 1600 M. RELAY | 3.31:68 GENESEO | 3.34:63 PRINCETON | 3.36:37 LASALLE-PERU |
| LONG JUMP | CHATTIL, C. 20'10 3/4" STERLING | SALAZAR, B. I P | DZIERCZYNSKI, A. HALL |
| HIGH JUMP | KLOPP 6'2" GENESEO | GRISWOLD 6'0" PRINCETON | MEIBERS 6'0" MENDOTA |
| SHOT PUT | GROAT, G. 53'9 3/4" PRINCETON | BRAUN, J. 50'1 1/2" MENDOTA | BURLOW, T. 49'3 1/2" STERLING |
| POLE VAULT | PRIES, C. 15'0" OTTAWA | KLOPP, G. 14'0" GENESEO | GERDING, M. 14'0" OTTAWA |
| TRIPLE JUMP | BRUNO 42'8" HALL | ARDUINI 40'9" STERLING | BOOTH, E. 40'8 1/2" MENDOTA |
| DISCUS | GROAT, G. 152'5" PRINCETON | HOWE, C. 142'5" MENDOTA | MCAVOY, J. 127'7" GENESEO |

N.C.I.C.

(Varsity)

(Pg. 8)

3200R

400R

3200

11044

100

800

800R

400

300IH

1600

200

1600R

LJ

HJ

SB

PU

TJ

Disc

| Fourth-School Time/or Distance | Fifth-School Time/or Distance | Sixth-School Time/or Distance |
|-----------------------------------|----------------------------------|----------------------------------|
| 9.19.11 LA SALLE - PERU | 9.30.7 STREATOR | 9.59.2 PRINCETON |
| 45.54 HALL | 46.20 ROCHELLE | 46.56 OTTAWA |
| 10.06.50 MC BRIDE, C. | 10.19.28 KIRMAN, J. | 10.26.41 ZACK, E. |
| DIXON | KEWANEE | LA SALLE - PERU |
| 15.77 ELLEY | 15.91 ARMSTRONG | 16.46 SALAZAR |
| PRINCETON | OTTAWA | LA SALLE - PERU |
| 11.39 BRITT, M. | 11.44 STAUTER, J. | 11.46 VERBECK, R. |
| ROCK FALLS | STERLING | GENESEO |
| 2.01.51 REED, MIKE | 2.02.73 VICKERY, D. | 2.02.86 PORTS, M. |
| OTTAWA | KEWANEE | STERLING |
| 1.34.37 | 1.36.19 | 1.36.49 |
| GENESEO | PRINCETON | STREATOR |
| 52.61 HAHN, B. | 53.39 DILLON, M. | 53.56 SEVER, K. |
| GENESEO | STERLING | LA SALLE - PERU |
| 41.38 WENZEL, R. | 42.21 TURCZYN, B. | 42.41 RODRIGUEZ, E. |
| MENDOTA | LA SALLE - PERU | ROCHELLE |
| 4.35.53 FITZGERALD | 4.37.91 SPANGLER, P. | 4.38.47 PIELLY, K. |
| MENDOTA | DIXON | OTTAWA |
| 23.59 BRITT, M. | 23.68 MC CONNELL | 23.79 TUNGET, J. |
| ROCK FALLS | LA SALLE - PERU | STREATOR |
| 3.42.58 | 3.44.70 | 3.46.94 |
| DIXON | ROCK FALLS | ROCHELLE |
| MARTIN, R. | TURCZYN, B. | LAVERG, D. |
| ROCK FALLS | LA SALLE | GENESEO |
| 5'10" RYAN | 5'10" ARMSTRONG | 5'10" WETZEL |
| STERLING | OTTAWA | STERLING |
| 48'11" ETNYRE, J. | 48'9 1/2" MOTTER, J. | 46'6" LAW, C. |
| ROCK FALLS | MENDOTA | ROCK FALLS |
| 13'6" SCHWANTES, M. | 13'0" LEAL, T. | 12'6" CHANEY |
| STERLING | STERLING | GENESEO |
| 40'5" WEHRSPANN | 40'5" GORETH | 39'8" KNAUF |
| GENESEO | KEWANEE | LA SALLE - PERU |
| 133'11" ROCKS, G. | 133'4" SMITH, J. | 133'2" ETNYRE, J. |
| MENDOTA | KEWANEE | ROCK FALLS |

N.C.F.C. (Varsity)

(Pg. 3)

| | DIXON | GENES | KENAN | LASALLE | MENDOTA | OTTAWA | PRINCE | ROCHER | ROCKY | S.V. HAL | STERL | STREFA |
|-------|-------|-------|-------|---------|---------|--------|--------|--------|-------|----------|-------|--------|
| 3200R | 0 | 8 | 0 | 4 | 0 | 0 | 1 | 0 | 6 | 0 | 10 | 0 |
| 400R | 0 | 0 | 0 | 6 | 0 | 0 | 1 | 0 | 6 | 0 | 10 | 0 |
| 3200 | 4 | 14 | 2 | 1 | 10 | 0 | 1 | 0 | 16 | 4 | 18 | 2 |
| 1104H | 0 | 14 | 0 | 1 | 0 | 2 | 4 | 10 | 0 | 0 | 0 | 0 |
| 100 | 4 | 36 | 2 | 12 | 10 | 3 | 5 | 12 | 16 | 4 | 18 | 2 |
| 800 | 8 | 11 | 0 | 0 | 0 | 0 | 6 | 0 | 4 | 0 | 2 | 0 |
| 800R | 12 | 47 | 2 | 12 | 10 | 3 | 11 | 12 | 20 | 4 | 20 | 2 |
| 400 | 0 | 18 | 2 | 0 | 0 | 4 | 6 | 0 | 0 | 0 | 1 | 0 |
| 300H | 12 | 65 | 4 | 12 | 10 | 7 | 17 | 12 | 20 | 4 | 21 | 2 |
| 1600 | 0 | 4 | 0 | 0 | 0 | 0 | 2 | 8 | 10 | 0 | 6 | 1 |
| 200 | 12 | 69 | 4 | 12 | 10 | 7 | 19 | 20 | 30 | 4 | 27 | 3 |
| 1600R | 10 | 12 | 0 | 7 | 0 | 0 | 0 | 0 | 0 | 0 | 2 | 0 |
| LS | 22 | 81 | 4 | 19 | 10 | 7 | 19 | 20 | 30 | 4 | 29 | 3 |
| HJ | 0 | 18 | 0 | 8 | 4 | 0 | 0 | 1 | 0 | 0 | 0 | 0 |
| Shot | 22 | 99 | 4 | 27 | 14 | 7 | 19 | 21 | 30 | 4 | 29 | 3 |
| P.U. | 2 | 18 | 0 | 0 | 4 | 1 | 0 | 0 | 0 | 0 | 6 | 0 |
| T.J. | 24 | 117 | 4 | 27 | 18 | 8 | 19 | 21 | 30 | 4 | 35 | 3 |
| Disc | 8 | 16 | 0 | 2 | 0 | 0 | 0 | 0 | 4 | 0 | 0 | 1 |
| | 32 | 133 | 4 | 29 | 18 | 8 | 19 | 21 | 34 | 4 | 35 | 4 |
| | 4 | 10 | 0 | 6 | 0 | 0 | 8 | 1 | 2 | 0 | 0 | 0 |
| | 36 | 143 | 4 | 35 | 18 | 8 | 27 | 22 | 36 | 4 | 35 | 4 |
| | 0 | 1 | 0 | 10 | 0 | 0 | 0 | 0 | 4 | 6 | 10 | 0 |
| | 36 | 144 | 4 | 45 | 18 | 8 | 27 | 22 | 40 | 10 | 45 | 4 |
| | 0 | 10 | 0 | 0 | 6 | 2 | 8 | 0 | 0 | 0 | 5 | 0 |
| | 36 | 154 | 4 | 45 | 24 | 10 | 35 | 22 | 40 | 10 | 50 | 4 |
| | 0 | 0 | 0 | 0 | 10 | 0 | 10 | 0 | 5 | 0 | 6 | 0 |
| | 36 | 154 | 4 | 45 | 34 | 0 | 45 | 22 | 45 | 10 | 56 | 4 |
| | 0 | 9 | 0 | 0 | 0 | 16 | 0 | 0 | 0 | 0 | 6 | 0 |
| | 36 | 163 | 4 | 45 | 34 | 26 | 45 | 22 | 45 | 10 | 62 | 4 |
| | 0 | 4 | 2 | 1 | 6 | 0 | 0 | 0 | 0 | 10 | 8 | 0 |
| | 36 | 167 | 6 | 46 | 40 | 26 | 45 | 22 | 45 | 20 | 70 | 4 |
| | 0 | 6 | 2 | 0 | 12 | 0 | 10 | 0 | 1 | 0 | 0 | 0 |
| | 36 | 173 | 8 | 46 | 52 | 26 | 55 | 22 | 46 | 20 | 70 | 4 |

17 1 11 6 4 8 3 9 5 10 2 12

5/11/90

N.C.I.C. + Strenton 60° Nice (F.S.)

Shot

VanAcker 38-7

Culbertson Scratcher

Disc

(6th) Culbertson 119-06

~~Bobson~~ Woodke 97-9

H.J.

Holke 5-4

Walker 5-2

P.U.

(4th) Stoker 11-0

(5th) Pardoe 10-06

L.J.

(3rd) Bretton 18-7 1/2

Jacocks Scratcher

T.J.

Wright 36-0

Bretton Inj

3200R

(6th) 9:18.3

Gibson (63) 2:16.6

Pray (67) 2:17.6

Walters (66) 2:19.9

Loti (72) 2:24.0

400R

(3rd) 47.17

Jacocks 11.98

Farmer 11.73

Holke 11.07

Britton 12.21

3200

(6th) Taets 11.16.8

76-2:42-4:08-5:35-7:02-8:32-9:59

Durian 11:23

74-2:40-4:05-5:34-7:02-8:33-10:01 →

110KM

(3rd) Farmer 16.67

(16.61/16.71)

(4th)

Mien 16.86

(7/12.02)

100

(6th) Britton inj 66.1

(11.2/12.01)

Jacocks (12.21/12.1)

800

Miller 2:42 (73)

Yarger 2:42 (76)

800R

(5th) 1:41.61

Sable 26.15

Wright 25.03

Mien 24.49

Sand 25.78

400

(4th)

Holke 55.68

Gibson 56.5

300DK

(1st)

Farmer 42.22

Wright 45.2

1600

(3rd)

Pray 4:50.9

66-2:21-3:39

→ Kegan 5:13.8

68-2:30-3:53

→

200

Sable 24.9

/25.2

Jacocks 25.6

/25.2

1600R

(4th)

3:41.54

Farmer 54.5

Gibson 55.2

Mien 55.6

Holke 55.6

Sale

Team Place

1 Duron 105

7 Princeton 37

2 Sterling 101

8 L-P 29 1/2

3 Ottawa 61

9 Keweenaw 29

4 Mendota 58

10 Rochelle 27

5 Genesee 58

11 Hell 2

6 R.F. 40 1/2

12 Strenton 0

✂ With Lavery, Hahn, Pierce, + Snook WE WIN

N.C.I.C. (F/S)

(5-11-90)

NAME OF MEET N.C.I.C. DATE 5-11-90 PLACE STREATOR FROSH/SOPH. - INI

| EVENT | Winner-School Time/or Distance | Second-School Time/or Distance | Third-School Time/or Distance | Fourth-School Time/or Distance |
|---------------------|--------------------------------------|--|-------------------------------------|--------------------------------------|
| 3200 M RELAY | DIXON-8:40.24 | STERLING-8:43.26 | KEWANEE-8:49.27 | OTTAWA-9:02.04 |
| 400 M RELAY | MENDOTA-46:64 | STERLING-47:16 | GENESEO-47:17 | OTTAWA-47:30 |
| 3200 M. RUN | TORRES, GREGG ROCHELLE-10:34.23 | STEDER, TEFF ROCK FALLS-10:26.22 | BRUNICK, NICK DIXON-10:40.04 | WHITEMAN, SCOTT STERLING-11:01:91 |
| 110 M.H. HURDLES | LARSON, DEVON OTTAWA-16:02 | VANDON, GARY L.P. 16:51 | FARMER, DAVID GENESEO-16:67 | MIER, JEREMY GENESEO-16:86 |
| 100 M. DASH | WEAVER, JEREMY STERLING-11:68 | AUSENBACH, MARK MENDOTA-11:90 | WRIGHT, JIM PRINCETON | HENTTEMAN, CHAD LA SALLE 12:23 |
| 800 M. RUN | SUAREZ, BOB DIXON-2:05:85 | JOHNSON, MARK STERLING-2:06:55 | MITCHELL, CHAD PRINCETON-2:07:62 | COFFEY, SHAWN DIXON-2:08:58 |
| 800 M. ELAY | 1:37:88 STERLING | 1:38:14 PRINCETON | 1:39:25 ROCK FALLS | 1:40:83 OTTAWA |
| 400 M. DASH | RODRIGUEZ, CHRIS ROCK FALLS-51:80 | COLLIER, ERIC DIXON 52:46 | STALLINGS, JOSH DIXON-55:47 | HOLKE, JEREMY GENESEO-55:68 |
| 300 M.L. HURDLES | FARMER, DAVID GENESEO-42:22 | FAURO, ERIC KEWANEE-42:53 | BOLLMAN, ALBERT DIXON-43:68 | VANDON, GARY L.P. 43:77 |
| 1600 M. RUN | ANDERSON, CHAD KEWANEE-4:46:54 | ALAYAN, RIZWAN OTTAWA-4:47:30 | PRAH, MITCH GENESEO-4:50:86 | COFFEY, SHAWN DIXON-4:51:86 |
| 200 M. DASH | RODRIGUEZ, CHRIS ROCK FALLS-23:66 | COLLIER, ERIC DIXON-23:66 | PASLEY, WAYNE ROCHELLE 24:65 | JOHNSON, SKIP STERLING-24:68 |
| 1600 M. RELAY | 3:37:78 DIXON | 3:38:81 MENDOTA | 3:40:47 PRINCETON | 3:41:54 GENESEO |
| LONG JUMP | ROPER, BRIAN OTTAWA-19'1" | WEAVER, JEREMY STERLING-18'8 1/2" | BRITTON, TOM GENESEO-18'7 1/2" | FOUTS, MATT MENDOTA 17'9" |
| HIGH JUMP | SCHILLING STERLING-5'10" | BULLMAN DIXON-5'10" | HAMMER STERLING-5'8" | JONES MENDOTA-5'8" |
| SHOT PUT | BEAR ROCHELLE 47'5 1/2" | GUTHRIE DIXON-46'4 1/2" | OHLMAN PRINCETON-44'11" | SUNDERGRATH MENDOTA 44'1" |
| POLE VAULT | DATTI OTTAWA-12'0" | HAMER STERLING-11'6" | JOHNSON STERLING-11'6" | STOKES GENESEO 11'0" |
| TRIPLE JUMP | COLLIER, ERIC DIXON-41'4 1/2" | RODRIGUEZ-CHRIS R. FALLS-40'10 1/2" | GIBSON, JAMIE ROCK FALLS-39 1/2" | KILDAY, JEREMY L.P. 38'4" |
| DISCUS | ROPER, BRIAN OTTAWA-142'1" | JONES, JASON MENDOTA-128'7" | LAWSON MATT DIXON-123'9" | MOSS, BRYAN MENDOTA 122'0" |

N.C.I.C. (FIS)

(pg. 2)

ID. & RELAY SAME - 10-8-6-4-2-1

| | Fifth-School Time/or Distance | Sixth-School Time/or Distance |
|--------|------------------------------------|--------------------------------------|
| 3200R | MENDOTA-9:03.20 | GENESEO-9:18.21 |
| 400R | HALL-47.43 | 47.35 ROCKFALLS |
| 3200 | REYES, TEMOL | TAETS, KARL |
| 1100H | STERLING-11:15.67 | GENESEO-11:16.76 |
| | SCHWANTES, KARL | REBHOLZ, DAN |
| 100 | STERLING-17.43 | IMEN DOTA |
| | MAY, TIM | BRITTON, TOM |
| 800 | PRINCETON-12:31 | GENESEO-12:50 |
| | YOUNGER, JAMES | FULTON, ZACK |
| | MENDOTA-2:09.21 | KEWANEE-2:12.59 |
| 800R | 1:41.61 GENESEO | 1:43.47 MENDOTA |
| 400 | CLAYTON, RYAN PRINCETON-55.76 | RYAN, SEAN STERLING-55.87 |
| 300 IH | AUGHENBAUGH, MARK MENDOTA 44:09 | LARSEN, DEVEN OTTAWA-44.26 |
| 1600 | BAILEY, CHAD STERLING-4:52.59 | BRUNICK, NICK DIXON-4:55.05 |
| 200 | HUETTEMAN, CHAD L.P. 25.14 | FLAGG, RAYMOND KEWANEE-25.55 |
| 1600R | 3:47.54 KEWANEE | 3:49.95 ROCKFALLS |
| LJ | UESGONI, BRENT L.P. 17'9" | VANDON, GARY L.P. 17'8" |
| HJ | HASTEMAN L.P. 5'8" | KILDAY-LP SCHWENK-R FALLS |
| SP | WILLIS STERLING-40'5" | LUDWIG ROCHELLE-40'4" |
| PU | PARDOL GENESEO-10'6" | MCAUGHT KEWANEE 9'6" |
| TJ | RYAN, SEAN STERLING-37'11" | MITCHELL, CHAD PRINCETON-37'4 3/4 |
| Disc | SUAREZ, PETE L.P. 120'6" | CULBERTSON, NATHAN GENESEO-119'6" |

N.C.I.C. (F/S) (Pg.3)

Team Scores

| | DIXON | GENESE | KENANE | LASALLE PERU | MENDOTI | OTTAWA | PRINCET | ROCHEL | ROCKFI | S.V. HALL | STERLI | STREA |
|-------|-------|--------|--------|-----------------|---------|--------|---------|--------|--------|--------------|--------|-------|
| 3200R | 10 | 1 | 6 | 0 | 2 | 4 | 0 | 0 | 0 | 0 | 8 | 0 |
| 400R | 10 | 1 | 6 | 0 | 2 | 4 | 0 | 0 | 0 | 0 | 8 | 0 |
| 3200 | 0 | 6 | 0 | 0 | 10 | 4 | 0 | 0 | 1 | 2 | 8 | 0 |
| 1104H | 10 | 7 | 6 | 0 | 12 | 8 | 0 | 0 | 1 | 2 | 16 | 0 |
| 100 | 6 | 1 | 0 | 0 | 0 | 0 | 0 | 10 | 8 | 0 | 6 | 0 |
| 800 | 16 | 8 | 6 | 0 | 12 | 8 | 0 | 10 | 9 | 2 | 22 | 0 |
| 800R | 0 | 10 | 0 | 8 | 1 | 10 | 0 | 0 | 0 | 0 | 2 | 0 |
| 400 | 16 | 18 | 6 | 8 | 13 | 18 | 0 | 10 | 9 | 2 | 24 | 0 |
| 300H | 0 | 1 | 0 | 4 | 8 | 0 | 8 | 0 | 0 | 0 | 10 | 0 |
| 1600 | 16 | 19 | 6 | 12 | 21 | 18 | 8 | 10 | 9 | 2 | 34 | 0 |
| 200 | 14 | 0 | 1 | 0 | 2 | 0 | 6 | 0 | 0 | 0 | 8 | 0 |
| 1600R | 30 | 19 | 7 | 12 | 23 | 18 | 14 | 10 | 9 | 2 | 42 | 0 |
| 400 | 0 | 2 | 0 | 0 | 1 | 4 | 8 | 0 | 6 | 0 | 10 | 0 |
| 300H | 30 | 21 | 7 | 12 | 24 | 22 | 22 | 10 | 15 | 2 | 52 | 0 |
| 1600 | 14 | 4 | 0 | 0 | 0 | 0 | 2 | 0 | 10 | 0 | 1 | 0 |
| 200 | 44 | 25 | 7 | 12 | 24 | 22 | 24 | 10 | 15 | 2 | 53 | 0 |
| 1600R | 6 | 10 | 8 | 4 | 2 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| LJ | 50 | 35 | 15 | 16 | 26 | 23 | 24 | 10 | 15 | 2 | 53 | 0 |
| HJ | 5 | 6 | 10 | 0 | 0 | 8 | 0 | 0 | 0 | 0 | 2 | 0 |
| SP | 55 | 41 | 25 | 16 | 26 | 31 | 24 | 10 | 15 | 2 | 55 | 0 |
| AV | 8 | 0 | 1 | 2 | 0 | 0 | 0 | 16 | 10 | 0 | 4 | 0 |
| TTJ | 63 | 41 | 26 | 18 | 26 | 31 | 24 | 16 | 25 | 2 | 57 | 0 |
| Disc | 10 | 4 | 2 | 0 | 8 | 0 | 6 | 0 | 1 | 0 | 0 | 0 |
| | 73 | 45 | 28 | 18 | 34 | 31 | 30 | 16 | 26 | 2 | 59 | 0 |
| | 0 | 6 | 0 | 3 | 4 | 10 | 0 | 0 | 0 | 0 | 8 | 0 |
| | 73 | 51 | 28 | 21 | 38 | 41 | 30 | 16 | 26 | 2 | 67 | 0 |
| | 8 | 0 | 0 | 2 | 4 | 0 | 0 | 0 | 1/2 | 0 | 16 | 0 |
| | 51 | 51 | 28 | 23 | 42 | 41 | 30 | 16 | 26 | 2 | 53 | 0 |
| | 8 | 0 | 0 | 0 | 4 | 0 | 6 | 11 | 0 | 0 | 2 | 0 |
| | 89 | 51 | 28 | 23 | 46 | 41 | 36 | 27 | 26 | 2 | 85 | 0 |
| | 0 | 6 | 1 | 0 | 0 | 10 | 0 | 0 | 0 | 0 | 14 | 0 |
| | 89 | 57 | 29 | 23 | 46 | 57 | 36 | 27 | 26 | 2 | 99 | 0 |
| | 10 | 0 | 0 | 4 | 0 | 0 | 1 | 0 | 14 | 0 | 2 | 0 |
| | 99 | 57 | 29 | 27 | 46 | 57 | 37 | 27 | 40 | 2 | 91 | 0 |
| | 6 | 1 | 0 | 2 | 12 | 10 | 0 | 0 | 0 | 0 | 0 | 0 |
| | 105 | 58 | 29 | 29 1/2 | 58 | 61 | 37 | 27 | 50 1/2 | 2 | 101 | 0 |