

Geneseo Maple Leafs

Spring 1990

Coach — Don Fredericks, 5th year

'89 at a glance — Local Class AA schools caused the Leafs problems, as did Sterling, which won the NCIC meet. Built a strong foundation on which to improve on this year.

Top returning letterwinners — Srs.: Ben Mayes (sprints), Chad Blunt (sprints), Brian Walsh (middle distance), Jason VanVooren (distance), Mike Bell (distance), Chad Loucks (sprints), Andy Hahn (sprints), Glenn Klopp (pole vault), Jon McAvoy (weights). Jrs.: Adam Boardman (distance), Justin VanVooren (distance), Bryan Glass (distance), Shane McKibbin (sprints), Ryan Verbeck (sprints), Mike VanDeVelde (high jump/long jump), Brad Diericx (sprints, weights). Soph.: Darin Lavery (jumps, sprints).

Returning state qualifiers — None.

Promising newcomers — Srs.: Neil Simon (discus), Chad Harder (discus), Steve Coleman (shot put), Justin VanOpdorp (distances). Jr.: Shawn Wehrspann (any number of events).

Outlook — It looks as if this year's Geneseo team, 97-members strong, could re-claim the NCIC championship it lost to Sterling last year. Talent, depth and experience will factor into just about every aspect of this team and could lead to big things. Big boost could be from developing weight and jump people.

Keys to success — Areas of concern for the Leafs are weights and jumps, but Coach Fredericks thinks in time those two areas will also come around. If they do, watch out.

Coach Fredericks — "We could be very strong. A lot of hard work will need to be invested before we are good, but the potential is there. We should be strong on the track, at least compared with the teams I've coached here."

— By SportsDay's Tom Johnston

Macomb Invite 3/03/90

2-Mile Relay 5th 9:11.9

- (1/2) Justin VanVooren 31-63 - 2:08.6 (65)
(1/2) Steve Miller 32-67 - 2:19.9 (72)
(1/2) Gary Martin 34-69 - 2:25.5 (76)
(1/2) Brian Welsh 34-70 - 2:18.1 (68)

2-mile

- (1) (6th) Travis Strub 6th 11:07.1
73 - 2:32(80) - 3:52(80) - 5:17(85) - 6:46(89) - 8:19(93) - 9:48(91) → 11:07 (79)

mile

- (10) (1st) Adam Boardman 4:45.7 33-69 - 2:22⁽⁷³⁾ - 3:36⁽⁷⁴⁾ - 4:45⁽⁶⁹⁾
(8) (2nd) Justin VanOpdorp 4:51.2 36-73 - 2:28(75) - 3:42(74) - 4:51(69)

* Only 7 Lehrs competed (No problem here)
Solid start - March 13th (Tuesday)
we really get "after it".