

Leaf tracksters receive message from Sterling

Geneseo's varsity boys track team received an early message from North Central Illinois Conference foe Sterling as the Golden Warriors amassed 89 points to defeat the Leafs (49) and Freeport (25) in a triangular meet held Tuesday, March 21 at the Westwood sports complex in Sterling.

The Leafs wrestled the conference crown from perennial power Sterling last season.

"Sterling defeated us by 40 points. Am I disappointed? Certainly not. We got one point in the pole vault, high jump, triple jump and the long jump. These are all technique events that Sterling has been able to prepare for for months. We just don't have the facilities to be competitive in those events until the weather improves," said Coach Don Fredericks.

It also did not help that Jay Reed, the Leaf standout in the jumping event, did not make the trip to Sterling for the meet.

The Leafs did capture four first place finishes in the meet. Senior long-distance runner Brad Baker won both the 1600 meter (4:47) and 3200 meter runs (10:09.1). Derek Allen won the shot put with a heave of 50'3.5". The senior weightman has yet to compete in the discus this season as both of the meets so far this season have been held at Westwood where it is not possible to hold the event.

The other first place finishers for the Leafs was in the 3200 meter relay where the team of Mike Bell, Eric Henderson, Barry Bassier and Brian Walsh won in a time of 8:53.4.

Junior sprinter Ben Mayes also had a good meet, according to Coach Fredericks. Mayes had times of 6.78

in 55 meter dash and 24.21 in the 200 meter dash to finish second in both events to Golden Warrior speedster Donnie Dittmar. "Mayes just ran super and all of our sprinters are coming around. They just need to get more quality work in," said Coach Fredericks.

The Leafs finished second in four other events. Chad Blunt was runner-up in the 55 meter high hurdles with a time of 8.1 seconds; Chris Michaelsen was second in the 800 meter run with a time of 2:16.5; Bell took second in the 400-meter run with a time of 57.8; and the 1600 meter relay team of Chad Harder, Bell, Blunt and Jay Wachtel was second with a time of 3:49.1.

Coach Fredericks and the Leafs did get some good news on the progress of Jason VanVooren, who had an emergency appendectomy, and Bryan Glass, who had his foot run over by a car. Both are healing faster than expected and could be back in action in as fast as four to six weeks, according to Coach Fredericks. "It would be a real boost to our team to get these young men back this season," concluded Coach Fredericks.

The Leafs will see their next action on Tuesday, March 28 when they host UT and Orion.

VARSITY

Sterling 89, Geneseo 49, Freeport 25
(Winners; Geneseo Place Finishers)

3,200 relay — 1. Geneseo (Mike Bell, Jim Henderson, Barry Bassier, Brian Walsh), 8:53.38.

800 relay — 1. Sterling, 1:37.76; 3. Geneseo.
55 high hurdles — 1. Alderman, F, 8:00; 2. Chad Blunt.

3,200 — 1. Brad Baker, 10:09.10; 3. Adam Boardman.

55 — 1. Dittmar, S, :6.73; 2. Ben Mayes; 4. Chad Loucks.

Long jump — 1. Totten, S, 21'9 1/2".

High jump — 1. Slusser, S, 6'0".

800 — 1. Ports, S, 2:14.22; 2. Christian Michaelsen; 3. Jay Wachtel.

Shot put — 1. Derek Allen, G, 50'3 1/2"; 4. Brian Behnkendorf.

400 — 1. Dillon, S, :57.0; 2. Mike Bell.

55 low hurdles — 1. Alderman, F, :7.47; 3. Chad Blunt.

1,600 — 1. Brad Baker, G, 4:47.57; 3. Adam Boardman.

200 — 1. Dittmar, S, :23.40; 2. Ben Mayes.

Triple jump — 1. Totten, S, 42'8 3/4".

Pole vault — 1. Gebhardt, S, 13'6"; 4. Glenn Klopp.

1,600 relay — 1. Sterling, 3:45.87; 2. Geneseo.

Sterling triangular

Team scores — Sterling 89, Geneseo 49, Freeport 25.

Individual Events

3200 relay — 1. Geneseo (Bell, Henderson, Bassier, Walsh) 8:53.49.

1600 relay — 1. Sterling, 3:45.9. 2. Geneseo (Harder, Bell, Blunt, Wachtel) 3:48.0.

800 relay — 1. Sterling, 1:37.8. 3. Geneseo (Loucks, Hahn, Van DeVelde, Mayes) 1:39.6.

55 high hurdles — 1. Alderman, F, 8.0. 2. Blunt, G, 8.05.

55 low hurdles — 1. Alderman, F, 7.5. 3. Blunt, G, 7.9.

55 — 1. Dittmar, S, 6.73. 2. Mayes, G, 6.78. 4. Loucks, G, 6.83.

Long jump — 1. Totten, S, 21-9.5.

High jump — 1. Slusser, S, 6-0.

Triple jump — 1. Totten, S, 42-8.75.

Shot put — 1. Allen, G, 50-3.5. 4. Behnkerdorf, G, 43-0.

Pole vault — 1. Gebhardt, S, 13-6. 4. G. Klopp, G, 39.5.

3200 — 1. Baker, G, 10:09.1. 3. Boardman, G, 10:40.1.

1600 — 1. Baker, G, 4:47.6. 3. Boardman, G, 4:50.7.

800 — 1. Ports, S, 2:14.3. 2. Michaelsen, G, 2:16.5. 3. Wachtel, G, 2:18.4.

400 — 1. Dillon, S, 57.0. 2. Bell, G, 57.8.
200 — 1. Dittmar, S, 23.4. 2. Mayes, G, 24.3.
Frosh/Soph — Geneseo 70.5, Sterling 49, Freeport 38.5.

Sterling jumps over Geneseo in indoor meet

1989

STERLING — The tally sheet showed it as a 40-point win by Sterling over Geneseo's varsity boys track team, but Maple Leaf coach Don Fredericks was far from unhappy.

"We beat them on the track," Fredericks said, after the season's second indoor meet at Westwood Sports Complex. "I don't think we've ever done that to Sterling indoors."

Tuesday's meet was a triangular, also involving Freeport. Sterling scored 89 points for first, while the Leafs totaled 49 and the Pretzels scored 25.

Geneseo had a double winner in senior Brad Baker, who took the 3,200-meter run in 10:09.1, and the 1,600 in 4:47.57.

Senior shot putter Derek Allen was steady for the second week in a row, casting the 12-pound ball 50'3 1/2" for a first.

Geneseo's fourth win was produced by the 3,200 relay team of Mike Bell, Jim Henderson, Barry Bassier and Brian Walsh.

"That 40-point margin is deceptive because most of it came in the jumps," Fredericks said. "Those are technique events, and they have that indoor facility to perfect their technique."

"I'm pleased with our effort ... very pleased, but we have a lot of work ahead of us," Fredericks said.

Geneseo's sophomore team steamed to a win, winning seven events on its way to 70.5 points. Sterling was second at 49, while Freeport totaled 38.5.

Varsity

Sterling 89, Geneseo 49,
Freeport 25

(Winners; Geneseo place finishers)

3,200 relay - 1, Geneseo (Mike Bell, Jim Henderson, Barry Bassier, Brian Walsh), 8:53.38.

800 relay - 1, Sterling, 1:37.76. 3, Geneseo.

55 high hurdles - 1, Alderman, F. 8.00. 2, Chad Blunt.

3,200 - 1, Brad Baker, 10:09.10. 3, Adam Boardman.

55 - 1, Dittmar, S. 6.73. 2, Ben Mayes. 4, Chad Loucks.

Long jump - 1, Totten, S. 21'9 1/2".

High jump - 1, Slusser, S. 6'0".

800 - 1, Ports, S. 2:14.22. 2, Christian Michaelsen. 3, Jay Wachtel.

Shot put - 1, Derek Allen, G. 50'3 1/2". 4, Brian Behnkendorf.

400 - 1, Dillon, S. :57.0. 2, Mike Bell.

55 low hurdles - 1, Alderman, F. 7.47. 3, Chad Blunt.

1,600 - 1, Brad Baker, G. 4:47.57. 3, Adam Boardman.

200 - 1, Dittmar, S. :23.40. 2, Ben Mayes.

Triple jump - 1, Totten, S. 42'8 3/4".

Pole vault - 1, Gebhardt, S. 13'6". 4, Glenn Klopp.

1,600 relay - 1, Sterling 3:45.87. 2, Geneseo.

Sophomores

Geneseo 70.5, Sterling 49,
Freeport 38.5.

3,200 relay - 1, Sterling 9:12.94. 2, Geneseo.

800 relay - 1, Freeport 1:41.66. 2, Geneseo.

Long jump - 1, Weaver, S. 19'3 1/4". 3, tie, Brad Diericx.

55 high hurdles - 1, Shane McKibbon, G. 9.01. 2, Jeremy Mier.

3,200 - 1, Calvin Orwig, G. 11:03.1. 2, Neal Radicic. 3, Mitch Pray. 4, Steve Miller.

55 - 1, Dixon, F. 6.61. 2, Ryan Verbeck. 3, Kevin Fuhr.

High jump - 1, Steve Campbell, G. 5'4".

800 - 1, Justin VanVooren, G. 2:15.37. 4, Ryan Kleinau.

Shot put - 1, Wescott, S. 41'4 1/2". 2, Kent Swanson.

400 - 1, Darin Lavery, G. 57.66. 3, Jeremy Holke. 4, Chris Walters.

55 low hurdles - 1, Shane McKibbon, G. 8.03. 3, Chuck Blaszczyk.

Triple jump - 1, Dixon, F. 39'3". 4, Darin Lavery.

1,600 - 1, Yahn, F. 5:03.3. 4, Calvin Orwig.

200 - 1, Dixon, F. 23.77. 3, Kevin Fuhr. 4, Matt Jacocks.

Pole vault - 1, Garcia, S. 11'3".

1,600 relay - 1, Geneseo (Ryan Verbeck, Shane McKibbon, Jeremy Holke, Justin VanVooren) 3:57.66

Sterling 89

Geneseo 49

Freeport 25

UNIVERSITY

at Westwood 3/21/89

Shot (1st) Allen 50-3 1/2 (4th) Behnkendorf 43-0 Timmerman 36-9 Piteyer 34-3 Walker 34-6

H.J. VanDeVelde N.H. Clark N.H.

L.J. Jackson 18-2 Lawrence 16-2 3/4

T.J. Jackson scratcher

P.V. (4th) G. Klopp 12-0 B. Klopp 11-6 Lawrence N.H.

3200R (1st) 8:53.4 Bell 62-2:08.8 Henderson 67-2:21.4 Bessier 63-2:11.8 Welch 66-2:11.6

3200 (1st) Baker 10:09.1 74-2:27-3:42-5:02-6:21-8:19 → ~~10:00~~ →

(3rd) Boerdman 10:40.1 77-2:33-3:51-5:10-6:32-8:38 →
Coleman 14:04 92-3:13-4:57-6:45-8:38-10:30 → 12:21

55 H4 (2nd) Blunt 8.1

55 (2nd) Mayer 6.8 (4th) Loucks 6.9 VanDeVelde 7.0 Atwell 7.1 Hahn 7.1 Rogers 7.2

800 (2nd) Michaelson 2:16.5 (68) (3rd) Wichter 2:18.4 (69) VanOpdorp 2:20 (72) Obrecht 2:30 (72) Walsh 2:27 (66)

800R 3rd 1:39.6 Loucks 25.6 Hahn 25.1 VanDeVelde 24.5 Mayer 24.3

400 (2nd) Bell 57.8 Rogers 57.8 Wichter 61

55 L4 (3rd) Blunt 7.9 Jackson 8.1

1600 (1st) 4:47.6 Baker 71-2:26-3:37 Bessier 5:08.6 74-2:29-3:49

(3rd) 4:50.7 Boerdman 73-2:27-3:39 Henderson 5:32.0 75-2:38-4:05

200 (2nd) Mayer 24.3 Hahn 25.6 Loucks ? Atwell ? Rogers ? Porter 46.4

1600R (2nd) 3:49.1 Harder 56.9 Bell 58.0 Blunt 57.6 Wichter 56.1

Other Jackson 56.9 Baker 57.2 Boerdman 57.5 Michaelson 59.3

VanOpdorp 58.4 Atwell 61.4 Henderson 61.4 Obrecht 62.5

Walsh 62.2 Wichter 62.7 Bessier 66.0 Walker 68.2

We BEAT THEM ON THE TRACK - Dedicate Yourself

Sterling + Freeport (University)

MEET

FREEPORT - GENESECO

DATE 3/21/89

EVENT	TIME DISTANCE	FIRST	School	SECOND	School	THIRD	School
3200m Relay	8:53.38	Geneseo		8:53.89 Sterling			
800m Relay	1:37.76	Sterling		1:38.17 Freeport		1:39.56 Geneseo	
55m H.H.	8.00	Alderman	R	8.05 Blunt	G	8.13 Wolf	S
3200m Run	10:09.10	Baker	G	10:17.85 Wilkinson	S	10:40.07 Bordman	T
55m Dash	6.73	Dittmar	S	6.78 Mays	G	6.80 Stauter	S
L.J.	21'9 ¹ / ₂	Totten	S	20'11 ¹ / ₄ Slusser	S	19'3 McClain	T
H.J.	6'0	Slusser	S	6' Wolf	S	5'8 Sullivan	S
800m Run	2:14.22	Portis	S	2:16.45 Michaelson	G	2:18.37 Wachtel	T
Shot	50'3 ¹ / ₂	Allen	G	46'7 ¹ / ₂ Burdlow	S	43'7 ¹ / ₂ Symons	F
400m Dash	57.0	Dillon	S	57.73 Bell	G	58.31 Cronk	F
55m L.H.	7.47	Alderman	R	7.67 Wolf	S	7.83 Blunt	G
1600m Run	4:47.57	Baker	G	4:49.40 Wilkinson	S	4:50.65 Bordman	S
200m Dash	23.40	Dittmar	S	24.21 Mays	G	24.81 McClean	F
T.J.	42'8 ³ / ₄	Totten	S	36'9 ¹ / ₄ McClain	F		
Pole Vault	13'6	Gebhardt	S	12'6 Schipper	S	12' O'Malley	S
1600m Relay	3:45.87	Sterling		3:49.06 Geneseo		3:50.84 Freeport	

Sterling + Freeport (var)

Team Scores

(Pg. 2)

4th

LEVEL		VARSITY		School	Sterling	Freeport	Genesee
FOURTH	School	FIFTH					
3200R					3	3	5
800R					5	3	5
SS HH	9.29 Gentry	S			3	5	3
3200	11.00.25 Harrington	T	13.16.98 Coleman	Gen	4	8	1
SS	6.83 Laurs	Gen	7.21 Bamby	FR	7	8	4
LJ	18'11 1/2 Ellis	FR	18'10 1/4 DiMoch	FR	8	3	19
HJ					10	11	19
800	2.21.26 Garcia	S		S	6	40	5
Shot	43' Behnkendorf	T	Kingland	T	3	46	11
400	59.35 Whiteman	S			6	49	13
SSCH	7.85 Totten	S	8.01 Jackson	Gen	4	5	3
1600	4.58.68 Portis	T			5	55	15
200	25.06 Stauker	S	25.55 Hahn	Gen	6	20	3
TJ	X				5	63	20
PV	12 Klaph	Gen			6	69	22
1600R	X				5	74	25
					10	84	25
					5	89	25

Seneseo 70 1/2

Sterling 49

Freeport 38 1/2

5-3-2-1
5-3-0

gt Wertwood

3/21/89

Shot (2nd) Swenson 39-9 1/2 Henning 34-2 plumley 29-5 1/2 Troester 27-1

H.J. (1st) Campbell 5-4 Jiles N.H. Stanfill N.H. Hoelke N.H.

L.J. (3rd) Dierick 18-3 1/4 Levery 17-9 1/4 Burbridge 15-0

T.J. (4th) Levery 37-1 1/2 Alexander 36-5

P.U. Chaney 9-6 Bleszczyk 9-6 Bjork 8-6 Alexander N.H. Gustafson N.H. Mosick N.H.
Webber N.H. Widowski N.H.

3200R (2nd) 9:25.5 Hoelke 66-2:21.5 Crawford 73-2:30.4 Rummel 66-2:19.8 VanVooren 63-2:16

800R (2nd) 1:43.1 Fuhr 25.3 Jacocks 26.2 Dierick 26.5 Verbeck 25.1

3200 (1st) Orwig 11:03.1 80-2:44-4:08-5:32-6:55-9:02-9:45 →

(2nd) Radovic 11:42.5 82-2:49-4:18-5:50-7:24-9:51-11:13 →

(3rd) Prey 11:52.7 85-2:53-4:25-6:00-7:40-9:17-10:08 →

(4th) S. Miller 12:50.9 87-2:59-4:33-6:12-7:54-10:29-11:20 →

5th McVieffy 12:53.0 85-2:56-4:31-6:10-7:52-10:28-11:20 →

5544 (1st) McKibbin 9.1 (2nd) Mier 9.7 (3rd) Farmer 9.9

55 (2nd) Verbeck 7.0 (3rd) Fuhr 7.1 Dierick 7.3 Jacocks 7.3 Burbridge 7.4

Stanfill 7.5 Hoelke 7.5 Webber 7.9 Roetr 7.9 Walters 8.0 Cherry 8.0

800 (1st) VanVooren 2:15.4 (68) (4th) Kleiner 2:22.6 (60)

Campbell 2:31. (76) Sheetr 2:35 (76) Jolly 2:40 (76)

400 (1st) Levery 57.7 (3rd) Hoelke 60.0 (4th) Walters 63.7

5544 (1st) McKibbin 8.1 (3rd) Bleszczyk 9.5 Mier (9.3 ?)

Farmer ? Jiles ?

1600 (4th) Orwig 5:10.2 78-2:33-3:54 Rummel 77-2:39-3:58-5:15.2

Crawford 78-2:37-4:02-5:27.7 Radovic 83-2:52-4:17-5:41

S. Miller 87-2:57-4:31-5:51.3 Jolly 86-2:57-4:31-5:56.6

Sheetr 86-2:57-4:32-6:06.5 McVieffy 86-3:01-4:37-6:11.7

M. Miller 83-3:01-4:44-6:23

200 (3rd) Fuhr 25.8 (4th) Jacocks 26.7 Burbridge 25.4 Stanfill 27.7 Bleszczyk 28.4

1600R (1st) 3:57.7 Verbeck 57.9 McKibbin 58.5 Hoelke 62.7 VanVooren 58.7

Farmer 61.1 Walters 61.1 Mier 61.4 Farmer 61.8

Sterling + Freeport (F/S)

3-21-89

MEET FREEPORT-GENESE0 DATE 3/21/89

EVENT	TIME DISTANCE	FIRST	School	SECOND	School	THIRD	School
3200m Relay	9:12.94	Sterling		9:25.50 Geneseo		9:28.48 Freeport	
800m Relay	1:41.66	Freeport		1:43.10 Geneseo		1:45.14 Sterling	
LJ	19'3 1/4	Weaver	S	18'8 Dixon	F	18'3 1/4 Dierickx	D
55m H.H.	9.01	McKibben	n	9.61 Meyer	n		
3200m Run	11:03.01	Orwig	n	11:12.45 Radick	n	11:52.61 Pray	n
55m Dash	6.61	Dixon	R	6.96 Verback	n	7.06 Fuhrer	n
H.J.	5'4	Campbell	n				
800m Run	2:15.37	Vanborn	n	2:16.00 Collins	F	2:16.06 Smith, Justin	S
Shot	41'4 1/2	Wescott	S	39'9 1/2 Swanson	n	39'4 DeGraw	F
400m Dash	57.66	Lavrey	n	59.83 Bartel	S	59.92 Hokey	n
55m L.H.	8.03	McKibben	n	9.22 Coon	F	9.43 Blaisic	n
TJ	39'3	Dixon	R	38'2 Sullivan	S	37'2 1/2 Weaver	S
1600m Run	5:03.30	Yahn	F	5:06.64 Ryan	S	5:09.41 Harrington	S
200m Dash	23.77	Dixon	F	24.87 Slusser	S	25.70 Fuhr	n
Pole Vault	11'3	Garcia	S	10'6 Hammer	S	10' Lea	S
1600m Relay	3:57.66	Geneseo		4:04.59 Sterling		4:06.52 Freeport	

Sterling + Freeport (F/S)

(pg. 2)

Team Scores

LEVEL		J.V.		School	Sterling	Freeport	Geneseo
FOURTH	School	FIFTH	School				
3200R					5	5	5
800R					5	5	3
LJ	18'3 1/4	F	17'10 3/4	S	5	4 1/2	1 1/2
	<u>Bowers</u>	R	Sullivan	T	10	9 1/2	7 1/2
SSH					10	9 1/2	8
3200	12.50.81	G	12.52.99	G	10	1 1/2	11
	Miller	n	McVie	n	10	1 1/2	26 1/2
SS	7.08	S			1	5	5
	Weaver	T			11	14 1/2	31 1/2
HJ					11	14 1/2	5
800	2'22.57	G	2'26.30	S	2	3	6
	Klineau	n	Reyes	T	13	17 1/2	42 1/2
Shot	37'5 1/2	F			5	3	3
	Rausch	R			18	20 1/2	45 1/2
400	63.62	G			3	21	8
	Walters	n			21	20 1/2	53 1/2
SSH	9.58	S	9.58	S	1	3	7
	Lautt	T	Jankowski	T	22	23 1/2	60 1/2
TJ	37'1 1/2	C			5	5	1
	Lavery	n	Alexander	n	27	28 1/2	61 1/2
1600	5'10.12	G	5'15.17	G	5	5	1
	Orwig	n	Rumme	n	32	33 1/2	62 1/2
200	28.81	S	28.81	S	3	5	3
	Jacobs	T	Hammer	T	35	38 1/2	45 1/2
P.V.	10'	S			11		
	Roman Soto	T			46	38 1/2	65 1/2
1600R					3	49	5
					49	38 1/2	70 1/2