



—Dispatch photo

Geneseo's Fred Little, left, is en route to victory in the 110 high hurdles at the East Moline Kiwanis Invitational Track Meet Saturday. Trailing Little are Peoria's Derek Duff, who finished second,

and Rockford East's Mike Woodward, who took fourth. Little also won the 300 low hurdles in the meet at Soule Bowl. Rockford East won the meet, though, with Peoria High School finishing fourth.

E-Rabs breeze to Kiwanis win

By JIM MEENAN
Dispatch Sportswriter

Rockford East set itself apart from its foes Saturday at the East Moline Kiwanis Track Invitational. With intermittent rains pelting the contestants in the 10-team field, the E-Rabs proved ready. They built their own makeshift shelter in the Soule Bowl bleachers by stretching a heavy plastic over four boards so they could watch their teammates and remain dry at the same time.

And by the time the meet was over at rainy Soule Bowl, the E-Rabs were high and dry above the rest of the field with 106 points to second-place Peoria's 92 and third-place Moline's 79. Geneseo was fourth with 46 points and East Moline fifth with 26.

A week ago, the E-Rabs finished second at the Moline Invitational, losing to Rock Island. Not having the Rocks around didn't hurt Saturday, but there were other reasons for this week's first.

"All the guys in the sprint relays did their job," said longtime E-Rab coach Dan Salvi. "Last week, they didn't do anything."

At East Moline, the Rockford East relay teams won the frosh-soph 400 relay, the varsity 400 relay and the 3,200 relay.

Making those wins even more impressive was the fact that both 400 relay teams consisted of the same four runners — sophomores Nate Pulliam, Toney Haynie his brother Anthony Haynie, and freshman John Brown. That unit set a meet record

with its time of 44.7 in the frosh-soph race.

THE E-RABS also got another record-breaking performance from Reggie Harris in the shot put with a toss of 59 feet 4½ inches. "Our miler just missed a record with a 4:24.4 clocking in the 1,600," noted Salvi of Chris Linhart's effort. Also gaining first for the E-Rabs were Tim Mayhorn in the high jump (6-3) and Rich Gasparini in the 3,200.

Peoria High School, (often, but not officially called Central), finished second, and gave the E-Rabs a bit of a race late. "They had us worried a bit," admitted Salvi, whose team has won 60 straight dual meets and is considered a state power.

"We've got a good group of sprinters," said Peoria assistant coach Bob LaCroix, but unfortunately everything we're getting second in they (the E-Rabs) are getting firsts."

Peoria did get a pair of firsts from Andre Kelly in the 100 and 200. Kelly also helped the 800 relay team to victory.

Two other double-winners distinguished themselves at the meet, Erie's Jim Rus, who won both the long and triple jumps, and, Geneseo's Fred Little, who won both hurdle races.

"Today, Jimmy jumped to the competition," said Erie coach Roger Fredrickson. "He's jumped better. Scott Thorpe (second) in the 1600 ran a personal best."

Little's efforts made him clearly the best hurdler for the day. "He's

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EAST MOLINE KIWANIS TRACK INVITATIONAL

Team standings

1, Rockford East 106. 2, Peoria 92. 3, Moline 79. 4, Geneseo 46. 5, East Moline 26. 6, Galesburg 22. 7, Erie 16. 8, Kewanee 12. 9, Iie, Alleman and Rockridge 4.

Triple jump — 1, Jim Rus, E. 2, Kevin Goreth, K. 3, Terry Charles, RE. 4, Shawn Jones, M. 5, Eric Welgat, K. 41-11½.

High jump — 1, Tim Mayhorn, RE. 2, Chris Norman, M. 3, Derek Huff, P. 4, Monroe White, Ga. 5, Tim Dekezel, Ge.

Pole vault — 1, Chris Wolfe, M. 2, Todd Borrowman, P. 3, Derek Huff, P. 4, Jon Behrens, M. 5, Dave Knepp, Ge. 12-0.

Discus — 1, Dan Smaha, M. 2, Charles Clark, EM. 3, Dan Skoglund, M. 4, Jon Johnson, Ga. 5, Jim Jennings, M. 135-11.

Shot put — 1, Reggie Harris, RE. 2, Mike Howe, P. 3, Smaha, M. 4, Lowell McClellan, RE. 5, Kelly Scott, Ge. 59-4½ (meet record).

Long jump — 1, Rus, E. 2, Jones, M. 3, Welgat, K. 4, Kevin Goreth, K. 5, Chuck Edmonds, P. 21-0.

400 — 1, Jim Hess, M. 2, Ken Mannery, RE. 3, Frank Stacey, P. 4, Norman, M. 5, Louis Ritchie, A. 49.4.

300 low hurdles — 1, Fred Little, Ge. 2, Mark Bergheger, M. 3, Mike Woodward, RE. 4, Jerry Clark, Ga. 5, Jon Taylor, P. 39.0.

200 — 1, Andre Kelly, P. 2, Ray Greer, RE. 3, Craig Hacker, P. 4, Mark Lewis, M. 5, Mark Diekhoff, P. 22.9. (Meet record).

1,600 — 1, Chris Linhart, RE. 2, Scott Thorpe, E. 3, Darren Cervantez, M. 4, Darren Christy, RE. 5, John Huyvaert, Ge. 4:24.4.

1,600 relay — 1, Moline (Jones, Jim Gende, Chris Norman, Hess). 2, Peoria. 3, Rockford East. 4, Galesburg. 5, Geneseo. 3:26.9.

100 — 1, Kelly, P. 2, Trent Foltz, Ge. 3, Louis Ritchie, A. 4, Chuck Edmunds, P. 5, Hess, M. 11.0.

3,200 — 1, Rich Gasparini, RE. 2, Darren Christy, RE. 3, Tim Arnett, Ge. 4, Keith VandeMullen, Ga. 5, Mike Blomme, A. 9:32.1.

400 relay — 1, Rockford East (Toney Haynie, Nate Pulliam, John Brown, Anthony Haynie). 2, Peoria. 3, Moline. 4, Geneseo. 5, Kewanee. 44.1.

3,200 relay — 1, Rockford East (Ike Johnson, Ken Mannery, Paul Borden, Brian Butler). 2, Peoria. 3, Moline. 4, Geneseo. 5, East Moline. 8:02.4.

Frosh-soph 400 relay — 1, Rockford East (T. Haynie, Pulliam, Brown, A. Haynie. 2, Peoria. 3, East Moline. 4, Geneseo. 5, Galesburg. 44.7 (Meet record).

800 — 1, Tom Quinn, EM. 2, Kevin Rice, P. 3, Brian Butler, RE. 4, Ike Johnson, RE. 5, Todd Cahalan, Ge. 1:58.1 (Meet record).

800 relay — 1, Peoria (Edmonds, Jeff Taylor, Hacker, Kelly). 2, Moline. 3, Rockford East. 4, Galesburg. 5, Geneseo. 1:32.3.

110 high hurdles — 1, Little, Ge. 2, Derek Huff, P. 3, Nick Thomas, P. 4, Woodward, RE. 5, Stan Tennial, RE. 15.0.

*E-RABS

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made an excellent hurdler out of himself," said Geneseo coach Jeff Quick, noting that Little won 400 lows at Bettendorf Friday setting a meet record, while setting a school record in the 110 highs and finishing second. Amid the rain Saturday, Little had to be content with just beating the field.

ONE LOCAL runner who did set a record was East Moline's Tom Quinn, who set a meet record in the 800 with a time of 1:58.1.

"That is really good on a day like today," praised Panther coach Jim

Wesselmann, of his lone winner.

Though it only finished third, Moline had its share of winners as Chris Wolfe took the pole vault, Dan Smaha won the discus, Jim Hess the 400 while also anchoring the 1,600 relay team to a come-from-behind win.

Moline lost points in the frosh-soph 400 relay as Coach Gene Shipley left that relay team home because of disciplinary reasons. Shipley still liked what he got in terms of his squad's effort.

"It pretty much went as expected," he said. "The kids we thought would

do well based on their performances at other meets and in practice did.

"I thought we had a good team effort with our 1-3-5 finish in the discus," he said citing the work of Smaha, Dan Skoglund and Jim Jennings. "Shawn Jones came back with a 20-11½ in the long jump and Wolfe did a good job in the pole vault. Hess' time of 49.4 in the 400 is tied for second fastest in the state."

Though no one liked the rain, all the coaches seemed to remember last year. "Last year, it rained, it was windy and even snowed," said Shipley. "This was bad, but it was good compared to that."



—Dispatch photo by Harry Lamon

FRED LITTLE
... hurdles no obstacles

Little taking giant strides

By JIM MEENAN
Dispatch Sportswriter

With the advent of MTV, everybody has a favorite video. In Geneseo, coach track Jeff Quick has seen one that's music to his ears. It's even hitting the top of the charts.

The video belongs Geneseo hurdler Fred Little's dad. And it's a tape of his son gliding over the hurdles.

Little has been clearing the hurdles quite well this season. Last weekend he took first in the 400 low hurdles (setting a meet record) and second (setting a school record) in the 110 high hurdles at the Bettendorf Invitational Friday night. Saturday he followed that with a double victory in the 110 highs and 300 low hurdles at the East Moline Kiwanis Invitational. For his efforts, he is this week's Dispatch Pacesetter.

"HIS DAD takes videos of just about every meet," explained Quick. "Then Fred goes home and watches them. He's smart enough that he notices just about every little thing he does. With the video tapes, he is able to make up for the fact that he is not a real fast person with technique."

"Basically I use it as a way to refine my form even more," said Little. "It's easy to correct when you can see it. It's one thing for someone to tell you, but it's another when you can see it for yourself."

Though Little has an advantage not all high school athletes have it should be noted that he didn't start hurdling until he was a sophomore. "We didn't have a hurdler three years ago, so we lined up about nine or 10 sprinters and had them go over the hurdles," said Quick. "We took about the best three or four and worked on making hurdlers out of them."

Probably none though have worked harder than Little, who even spends time reading on the subject. "He is a highly-motivated kid," Quick said. And he is more than happy to share the knowledge with others on the 105-man team.

"He's like an assistant coach in the hurdles," Quick added. "We only have four coaches to work with 105 kids, so any senior like Fred makes a difference."

BEING INVOLVED and helping others are nothing new to Little. He was the starting quarterback on the Geneseo football team, president of his class, president of the Geneseo Fellowship of Christian Athletes.

"I've just always considered myself a leader," he said. "I try to pass on what I can to the



underclassmen. I like to help as much as I can."

Though having chapters of the FCA on the high school level sometimes comes under criticism, athletes like Little speak well for the program.

"At the meetings at Coach (Larry) Johnsen's house, we watch films of other athletes, then have discussions about how God helps make you strong," Little said. "We relate athletics to church."

Not surprisingly, Little believes in the almost forgotten concept that athletes should be an example for youth.

"I think athletes play an important role," he said. "Here around town you can see that all the kids look up to the football players. The definite response is to set a good example."

A SOLID B student, Little hopes to run track and play football in college. He is currently considering both Augustana and Knox, but that could change. "I would like to go to a big school on a track scholarship if I get an offer," he said.

His goals for the rest of this season include placing at state in both hurdle events. "I have a long way to go, but I think I can do it with work."

From his football days, Little who equally enjoys both sports, remembers one thing that helps him in track. "The football coaches always emphasize that if you want to be good, you are going to have to work for it and have a lot of discipline," he said.

But the way Little talks, you get a strong impression he has a few perspectives on life including the value of fun.

For example, he spends a lot of time working on his flexibility, one of his strong suits in hurdling, but even that has a lighter side.

"I can stretch my legs all the way back over my head," he said with a laugh. "There aren't too many in the class that can do that."

Also considered for this week's Pacesetter were:

- Alleman pitcher Krista Fosbinder, who pitched Alleman to wins over East Moline (a shutout) and Moline.

- East Moline's Tom Quinn, who set a meet record in the Kiwanis relays in the 300 meters with a time of 1:58.1.

Cool - slow track
rainy

Saturday 4-14 East Moline Invite

1600 Rel 4th 3:41.71 F-S Medley 3:54.4 3rd 800 Rel 1:37.34 5th

Little 53.99	Varga 23.9	Tubbs 24.97
Cahalan 54.91	Morales 25.3	Varga 24.43
Hinton 56.11	Rink 56.5	Willminkens 23.78
Willminkens 56.7	Puckett 2:08.6	Foltz 24.16

300 Lows	400	200
Little 39.0 1 st	Ruden 55.7	Ruden 24.02
Fairrell 41.6	DeBrock 56.6	Vanderkyle 25.42

1600	800
Castelein 65-75-77-78-4:55	Cahalan 57-2:05.4 5 th
Huyvaert 65-71-75-70-4:41.8 5 th	Clifton 61-2:13
Harker 66-70-76-73-4:45.6	Hamer 60-2:07.9
Van 400 Rel 44.95 4 th	FS 400 46.96 4 th
	3200 Rel 4 th 8:33.08

Tubbs 12.0	Rink 11.24	Hamer 60-2:08.4
Cahalan 11.8	Vanderkyle 12.02	Puckett 60-2:08.7
Willminkens 10.3	Morales 11.31	Fitzgerald 58-2:07.6
Foltz 11.4	Varga 12.39	Clifton 61-2:08.3

3200	100
Arnett 63-72-75-73-76-72-75-74-9:40 3 rd	Foltz 11.9-11.1-11.0 2 nd
Linnabury 70-74-78-80-81-87-82-83-10:35	Tubbs 11.7 11.6
Fincher 70-76-79-80-83-86-86-84 10:44	Morales 12.2

110 Ht	PV	HJ	Shot
Little 15.1 15.0 1 st	Knepp 11-6 5 th	Duke 5-10 5 th	Scott 45' 5 th
Varga 16.3	Woodard 10-0	Dice	
		Akers 120' 6 th	

1984 KIWANIS BOYS TRACK RESULTS

3200 Meter Run

1.	Rich Gasparini	Rockford East	9:32.1 (new record)
2.	Darren Christy	Rockford East	9:39.5
3.	Tim Arnett	Geneseo	9:40.6
4.	Keith VandeMullen	Galesburg	10:03
5.	Mike Blomme	Alleman	10.07

400 Meter Relay FR/SO

1.	Tony Haynie Nate Pulliam John Brown Anthony Haynie	Rockford East	44.7 (new record)
2.	Taylor Randle Hanson Dickhoff	Peoria High	46.4
3.	Foltz Revels Lara Barham	UTHS	46.4
4.	Rink Vanlerberghe Morales Varga	Geneseo	47.0
5.	Bramlett Giminez Artrim Hawkins	Galesburg	48.7

400 Meter Relay

1.	Haynie Pulliam Brown Greer	Rockford East	44.1
2.	Edmunds Stacy Hacker Kelly	Peoria High	44.1
3.	Hess Sandberg Lewis Norman	Moline High	44.2

400 Meter Relay con't

4.	Tubbs Cahalan Willemkins Foltz	Geneseo	45.2
5.	Fields Gleeson Wilson Welgat	Kewanee	46.1

3200 Meter Relay

1.	Johnson Mannery Borden Butler	Rockford East	8:02.4
2.	Porch Condron Edwards Rice	Peoria High	8:14.0
3.	Cervantes Perryman Taylor Toum	Moline High	8:21.6
4.	Damer Pucket Fitzgerald Clifton	Geneseo	8:44.4
5.	Lack Mohr Wells Crayne	UTHS	8:44.4

110 Meter High Hurdles

1.	Little	Geneseo	15.0
2.	Huff	Peoria	15.2
3.	Thomas	Peoria	15.4
4.	Woodward	Rockford East	15.5
5.	Tennial	Rockford East	16.2

100 Meter Dash

1.	Kelly	Peoria	11.0
2.	Foltz	Geneseo	11.1
3.	Ritchie	Alleman	11.2
4.	Edmunds	Peoria	11.2
5.	Hess	Moline	11.3

800 Meter Run

1.	Quinn	UTHS	1:58.1 (new record)
2.	Rice	Peoria	1:58.9
3.	Butler	Rockford East	1:58.9
4.	Johnson	Rockford East	2:00.5
5.	Cahalan	Geneseo	2:04.5

800 Meter Relay

1.	Edmunds Taylor Hacker Kelly	Peoria	1:32.3
2.	Gende Jones Lewis Sandberg	Moline	1:33.9
3.	Haynie Pulliam Brown Greer	Rockford East	1:34.6
4.	Devers Turner Johnson Smith	Galesburg	1:35.6
5.	Tubbs Varga Willemkens Foltz	Geneseo	1:37.4

400 Meter Dash

1.	Hess	Moline	49.4
2.	Mannery	Rockford East	50.0
3.	Stacy	Peoria	50.8
4.	Norman	Moline	51.8
5.	Ritchie	Alleman	53.6

300 Meter Low Hurdles

1.	Little	Geneseo	39.0
2.	Bergheger	Moline	40.2
3.	Woodward	Rockford East	40.6
4.	Taylor	Peoria	41.3
5.	Clark	Galesburg	40.9

1600 Medley Relay FR/SO

1.	Haynie Pulliam Titus Schutte	Rockford East	3:50.9
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1600 Medley Relay FR/SO con't

2.	Foltz Revels Wash Wells	UTHS	3:53.8
3.	Varga Morales Rink Puckett	Geneseo	3:55.0
4.	Giminez Hawkins Bramlett Muellen	Galesburg	3:59.2
5.	Randle Hansen Horton Nisius	Peoria High	4:05.0

1600 Meter Run

1.	Linhart	Rockford East	4:24.4
2.	Thorpe	Erie	4:37.0
3.	Cervantes	Moline	4:39.6
4.	Christy	Rockford East	4:41.6
5.	Huyvaert	Geneseo	4:42.0

200 Meter Dash

1.	Kelly	Peoria	22.9 (new record in prelims 22.8)
2.	Greer	Rockford East	23.4
3.	Hacker	Peoria	23.9
4.	Lewis	Moline	24.0
5.	Diekhoff	Peoria	24.2

1600 Meter Relay

1.	Jones Gende Norman Hess	Moline	3:26.9
2.	Stacy Porch Taylor Rice	Peoria	3:27.3
3.	Butler Johnson Borden Mannery	Rockford East	3:33.4

1600 Meter Relay con't

4.	Clark Turner Johnson Devers	Galesburg	3:40.8
5.	Willemkens Hinton Little Cahalan	Geneseo	3:41.9

Shot Put

1.	Harris	Rockford East	59'4½" (new record)
2.	House	Peoria	53'6"
3.	Smaka	Moline	47'6½"
4.	McClellen	Rockford East	46'1½"
5.	Scott	Geneseo	45'2"

Discus

1.	Smaha	Moline	135'11"
2.	Clark	UTHS	134'½"
3.	Skoglund	Moline	128'0"
4.	Johnson	Galesburg	123'11½"
5.	Jenning	Moline	122'2"

HIGH Jump

1.	Mayhorn	Rockford East	6'3"
2.	Norman	Moline	6'2"
3.	Huff	Peoria	6'0"
4.	White	Galesburg	5'10"
5.	Dekezol	Geneseo	5'10"

Long Jump

1.	Rus	Erie	21'
2.	Jones	Moline	20'11½"
3.	Welgat	Kewanee	20'8½"
4.	Goreth	Kewanee	20'8"
5.	Edmunds	Peoria	19'11"

Triple Jump

1.	Rus	Erie	41'11½"
2.	Goreth	Kewanee	40'7 3/4"
3.	Charles	Rockford East	40'5½"
4.	Jones	Moline	40'4½"
5.	Welgat	Kewanee	39'3"

Pole Vault

1.	Wolfe	Moline	12'0"
2.	Borrowman	Peoria	11'6"
3.	Huff	Peoria	11'6"
4.	Behrends	Moline	11'6"
5.	Knepp	Geneseo	11'6"

TEAM STANDINGS

1.	Rockford East	106
2.	Peoria	92
3.	Moline	79
4.	Geneseo	46
5.	UTHS	26
6.	Galesburg	22
7.	Erie	16
8.	Kewanee	12
9.	Alleman	4
10.	Rockridge	0