

PLEASANT VALLEY SPARTAN RELAYS

April 5, 1984

Windy temperature low 50's

TEAM SCORES

Cedar Rapids Kennedy	91
GLAISEO	85½
Iowa City West	70½
Cedar Rapids Washington	67½
North Scott	49½
Pleasant Valley	47
Alleman	21
Orion	9

Relays 10-8-6-4-2-1

Individ. 7-5-4-3-2-1

110 High Hurdles

Fred Little	15.3	15.0(PB)	1st
Jim Varga	15.95	15.91(PB)	5th

100 Meter Dash

Trent Foltz	10.9	11.0	2nd
Karl Tubbs	11.38	11.41	6th

3200 Meter Run

Tim Arnett	62-73-77-77(4:49)-77-79-78-75(5:09)---	9:58.48	1st
Pony Linnabery	64-76-81-85(5:06)-89-91-91-90(6:01)---	11:07.1	

200 Meter Dash

Trent Foltz	22.8(PB)
Doug Ruden	23.7(PB)

400 Meter Dash

Scott Hinton	53.4(PB)
Tim Dekezel	56.8(PB)

400 Meter Low Hurdles

Fred Little	57.49	2nd
Rick Farrell	59.9	

3200 Meter Relay

Todd Fuckett	61-67--2:08.6
John Fitzgerald	59-72--2:11.2
Mark Hamer	58-71--2:09.6
Curt Clifton	60-65--2:05.9

800 Meter Relay

Karl Tubbs	24.32
Todd Cahalan	23.85
Rich Willemkens	22.93
Jim Varga	23.76

300 meter Run

Mark Hamer	61-70--2:11.4
Todd Fuckett	62-70--2:12.6

1600 Meter Medley

Jim Varga	23.6
Brad Rink	24.3
Doug Ruden	56.7
Curt Clifton	61-68--2:09.8

PB means a personal best effort in an individual event

(over)

600 Meter Run

Tim Arnett 65-72(2:17)-73-71(2:24)----4:41.34 2nd
 John Huyvaert 66-72(2:18)-73-70(2:23)----4:41.39 3rd personal best

400 Meter Relay

Good handoffs 1 to 2 and 2 to 3 Foltz drops baton after 3rd exchange
 Seneseo is in first.

600 Meter Relay 3:32.89 4th

Fred Little 53.7
 Rich Willemkens 54.5
 Todd Cahalan 52.75
 Scott Hinton 51.9

SCORING

Field Events 30.5 points 5 events = 6.1 per event

Running Events 55 points 13 events = 4.23 per event

VARSITY TEAM POINTS 4 MEETS

Tim Arnett	38	Curt Clifton	5
Fred Little	37 $\frac{1}{4}$	Jim Varga	4 $\frac{1}{2}$
Trent Foltz	29 $\frac{1}{4}$	John Huyvaert	4
J. Werkheiser	15	Brian Jones	4
Scott Hinton	9 $\frac{1}{2}$	Kelly Scott	4
Todd Cahalan	9 $\frac{1}{4}$	Doug Ruden	3 $\frac{1}{2}$
Dave Knepp	9	Rick Farrell	3
Karl Tubbs	8 $\frac{1}{4}$	John Fitzgerald	2 $\frac{1}{2}$
TeLinnabery	7	Simon Lymbery	2
Mark Hamer	6 $\frac{1}{2}$	Jon Loitz	2
R. Willemkens	6 $\frac{1}{2}$	Todd Puckett	1 $\frac{1}{2}$
Chuck Girten	6	Frank Woodard	1 $\frac{1}{2}$
Cam Castelein	5	Brad Rink	1 $\frac{1}{2}$
Gary Fortune	5	Kevin Fincher	1
Brad Stohl	5	Dan Griggs	1
Tim Dekezel	5		

PLEASANT VALLEY HIGH SCHOOL
SPARTAN RELAYS
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110 m HH Finals

1st	Geneseo	Fred Little	15.00
2nd	N.S.	Kevin Kapinske	15.34
3rd	Wash	Todd Beaumont	15.57
4th	N.S.	Tim Woomert	15.78
5th	Geneseo	Jim Varga	15.91
6th	Orion	Brian Parzak	16.59
7th	Kennedy	Ken Van Zee	17.18
8th	P.V.	Paul Ritter	19/70

100 m Dash Finals

1st	Alleman	Louis Ritchie	10.68
2nd	Geneseo	Trent Fultz	11.08
3rd	Wash	Carl Jenkins	11.32
4th	N.S.	Tom Kuhl	11.32
5th	I.C. West	Mike Brachtenback	11.39
6th	Geneseo	Karl Tubbs	11.41
7th	I.C. West	John Hesse	11.69
8th	P.V.	Sean Norville	11.88

SHOT Put

1st	Wash.	Dennis Preston	50' 3 1/4"
2nd	Geneseo	Stohl, Brad	47' 2 1/2"
3rd	Kennedy	Mike Eckstrom	47' 1/2"
4th	Geneseo	Kelly Scott	46' 8"
5th	P.V.	Mike Otto	45' 3 3/4"
6th	Kennedy	Brian Cardeman	44' 10 1/2"

HIGH JUMP

1st	Kennedy	Brad Porspasil	6' 5"
2nd	Geneseo	Tim Dekezel	6' 2"
3rd	P.V.	Sean Norville	6' 0"
4th	Wash	Tom Collins	5' 10"
5th	Geneseo	John Loitz	5' 10"
6th	N.S.	Jeff Schatz	5' 8"
6th	I.C. West	Brad Schaffer	5' 8"

LONG JUMP

1st	I. C. West	Scott Alberts	221' 2 1/2"
2nd	N.S.	Tim Schneckloth	20' 6"
3rd	Kennedy	Brad Porspasil	20' 3"
4th	Geneseo	Rick Farrell	19' 10"
5th	Wash	Dwight Bailey	19' 3 1/2"
6th	Geneseo	Brian Jones	19' 7"

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DISCUS

1st	P.V.	Mike Otto	135° 9"
2nd	Geneseo	Chuck Girten	120° 8"
3rd	P.V.	Kirk Amerine	118° 6"
4th	I.C. West	Ben Eskin	116° 9"
5th	\$\$\$ Kennedy	Mike Eskstrom	115° 6"
6th	Alleman	Tim Metzgen	115° 3"

200m Dash

1st	P.V.	Steve Green	22.52
2nd	Kennedy	Ben Jenkins	23.20
3rd	Kennedy	Glen Brach	23.22
4th	N.S.	Scott Dean	23.34
5th	I.C. West	Alex Marchicelli	23.53
6th	Orion	Ron Volk	23.92

4x200 Relay

1st	Wash	1:33.20
2nd	Kennedy	1:33.77
3rd	I.C. West	1:34.08
4th	Geneseo	1:34.93
5th	P.V.	1:36.84
6th	N.S.	1:38.17

4x 800 ~~Relay~~ Relay

1st	Kennedy	8:22.55
2nd	I.C. West	8:33.11
3rd	Geneseo	8:35.28
4th	Wash	8:37.63
5th	P.V.	8:39.18
6th	N.S.	8:43.17

400m Run

1st	I.C. West	Chris Scott	51.63
2nd	P.V.	Tom Miller	51.96
3rd	N.S.	Scott Dean	52.49
4th	Kennedy	Glen Brach	52.88
5th	Alleman	Lenny Aoggerwesf	53.01
6th	Kennedy	Rich Phillips	53.11

1600m Run

1st	Wash	John Armon	4:34.31
2nd	Geneseo	Tim Arnett	4:41.34
3rd	Geneseo	John Hryvert	4:41.39
4th	Alleman	Dave Terronez	4:46.65
5th	Alleman	Mike Bloome	4:51.46
6th	N.S.	Kendel Richlen	4:52.60

SPARTAN'S RELAY
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POLE VAULT

1st	Kennedy	Dan Hilker	12°
2nd	Kennedy	Brad Pospisil	11° 6"
3rd	Geneseo	Dave Knapp	11° 0"
4th	N.S.	Dwight Ried	10° 6"
5th	N.S.	Brain Sanger	10° 0"
6th	Geneseo	Frank Woodard	10° 0"

1600m Run

1st Kennedy 2nd Kennedy 3rd Kennedy 4th Kennedy 5th Kennedy 6th Kennedy

400m LV

1st	Kennedy	Joel Hartman	57.11
2nd	Geneseo	Fred Little	57.49
3rd	I.C. West	Jim Potter	58.66
4th	N.S.	Kevin Kapinski	59.56
5th	Alleman	Mike Pieweger	59.58
6th	I.C. West	Paul Boddicker	59.79

1600m Medley

1st	Kennedy	3:49.02
2nd	I.C. West	3:49.86
3rd	Geneseo	3:55.50
4th	Wash	3:59.61
5th	N.S.	4:01.79
6th	P.V.	4:02.97

4x100 Relay

1st	Wash	44.31
2nd	I.C. WEST	45.64
3rd	Kennedy	46.02
4th	P.V.	46.35
5th	N.S.	46.93
6th	Alleman	47.24

800m Run

1st	Wash	John Armon	2:11.40
2nd	Kennedy	Jeff Gilliland	2:04.01
3rd	I.C. West	Bob Andrews	2:06.60
4th	N.S.	Steve Michalek	2:07.87
5th	Orion	Jeff Norton	2:09.39
6th	Orion	Brain Ossian	2:09.87

4x 400 Relay

1st	N.S.	3:29.20
2nd	P.V.	3:30.41
3rd	N.S.	3:32.82
4th	Geneseo	3:32.80
5th	Kennedy	3:37.52
6th	Wash	3:44.29

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3200m Run

1st	Geneseo	Tim Arnett	9:58.48
2nd	Wash	Jeff Maples	10:02.56
3rd	Orion	Joel Nowman	10:15.70
4th	Alleman	Mike Bloome	10:21.57
5th	N.S.	Kendel Richland	10:32.53
6th	P.V.	Tim Miller	10:45.44

TEAM TOTALS

KENNEDY 91

GENESE0 85 $\frac{1}{2}$

I.C. West 70 $\frac{1}{2}$

WASHINGTON 67 $\frac{1}{2}$

NORTH SCOTT 49 $\frac{1}{2}$

P. V. 47

ALLEMAN 21

ORION 9