

# Sterling keeps crown

DIXON — Geneseo's Kevin DeBlieck defended his NCIC low hurdles title and the Maple Leafs' 3200-meter relay team cracked its own school record again, but most of Friday evening, Geneseo — and everyone else — came in behind Sterling.

The Golden Warriors easily defended their NCIC boys' track title with 78 points, with Rock Falls second at 44, while Geneseo edged Dixon 34-33 for third.

Sterling, which placed two runners in most individual events, showed it has the strength to at least make a run at East Moline at next week's district meet — which Sterling will host.

AS USUAL, the competition at the top was intense in this meet. Three pole vaulters cleared 14 feet, with Dixon's Kevin James winning on fewer misses at 14-6.

Three high jumpers were over 6-6, with Kewanee's Gerald Harland soaring 6-7¾ for the title.

And in the 100-meter dash, Rock Falls' Ted Nehr Korn blazed to a 10.69 clocking, which converts to 9.79 for 100 yards, to win a personal duel between himself and Sterling's Matt Howze, who has the state's fastest time at 100 meters.

GENESEO'S FIRST highlight came early, when Jeff Renihan, Bryan Colbert, Dave Paxson and Keith Kincaid clocked 8:00.23, beating Sterling's 8:01.45 over 3,200 meters.

Kincaid ran a 1:57.4 split, to hold off Sterling's Todd Hunsberger, who ran 1:55.0.

"We told Renihan (1:59.69) to get us the lead, which he did," said Leaf coach Jeff Quick. "Then Colbert (2:03.7) had to hold it. It was up to Paxson (1:59.35) to break open the race."

Paxson handed Kincaid a 7-yard lead. "We wanted Keith to run a fast first quarter and he did — 55 seconds. That forced Hunsberger to run a faster quarter than he's used to. We

wanted to take away his kick in the first lap. Tactically, the race went just the way we wanted. Our time was 4.5 seconds faster than our previous best. If we do that again next week, we'll be headed for Charleston."

DeBLIECK RAN his lifetime best, 39.02, and ran away from La Salle-Peru's Randy Freschi (39.62) over the last three hurdles.

"I hit those last three real good," said DeBlieck. "I run the quarter and I think that helps, because I've got something left at the end. I was worried about the guy from Rock Falls (Mike Wolf, fourth in 40.19) because he'd beaten me at the Princeton Invitational. I just concentrated on attacking the hurdles. Plus, being a returning conference champ was an incentive."

Geneseo's Jay Penney, running in a slower heat, clocked 40.44, his season's best by 1.2 seconds, and placed fifth in the same race.

QUICK WAS HOPING his Leaf mile relay team could shatter its own school record, but it didn't happen. Sterling won the race in 3:26.62; Geneseo was second at 3:28.25.

Geneseo's Mike Lodico, seeded sixth in the discus, placed second on a heave of 151-2½, his second best toss this year. "He's starting to develop consistency," said Quick. "Two of his three throws in finals were in the high 140s."

Nehr Korn exploded at the start of the 100 and just kept going faster. His 10.69 easily beat Howze's :10.94. "My previous best this season was :10.93," said Nehr Korn. "I've been more consistent this season and my starts have been better lately."

Howze has the state's best time, 10.58 in the 100, "but that was wind-aided," said Nehr Korn. "I've beaten him the two times we've run." He did it again later on, easily winning the 200 in 22.37, including a jump for joy before the tape. Howze was at 22.94. Geneseo's Scott Rink was fourth in 23.02.

# Varsity N.C.I.C splits

110 Hurdles

Fickling 17.3

Duncan 18.25

100 dash

Shivers 11.88

Colo 11.95

200 dash

Rink 23.4 23.3 (4<sup>th</sup>)

Farrell 24.1

400 dash

Fleming 52.44 (3<sup>rd</sup>)

High Jump

DeBlieck 6'2" (5<sup>th</sup>)

Duncan 6'0"

Pole Vault

Bouwens 12'

Long Jump

Penney 19'4"

Colo

Triple Jump

Colo 40'9" (5<sup>th</sup>)

Fleming scratches

Shot Put

Rice 50'3"

3200 Relay 8:00.23 (1<sup>st</sup>)

Renihan 58.5 - 1:31 - 1:59.69

Colburt 58 - 1:29 - 2:03.73

Poxson 57 - 1:28 - 1:59.35

Kincaid 55.5 - 1:26 - 1:57.42

3200 Run

Clifton 68-72-76-79-81-81-82-76 - 10:15

Snyder 69-74-78-82-86-87-87-92 - 10:55

800 Run

Renihan 56-1:27-1:59.5 (5<sup>m</sup>)

Kincaid - fake start

400 Relay 44.8 (3<sup>rd</sup>)

Shivers 12.02 - DeBlieck 10.47 Colo 11.42 Rink 10.82

800 Relay 1:33.13 (4<sup>th</sup>)

Farrell 25.28 Shivers 22.41 Cox 23.49 Rink 21.94

1600 Run

Anderson 63-75-73-67.9 - 4:38.9

Colburt 64-72-77-78.9 - 4:51.97

1600 Relay 3:28.25 (2<sup>nd</sup>)

Kincaid 51.97 Poxson 51.81 Fleming 52.35 DeBlieck 52.23

300 Low hurdles

DeBlieck 39.02 (1<sup>st</sup>)

Penney 40.44 (5<sup>th</sup>)

Discus

Lodico 151' 2 1/2" (2<sup>nd</sup>)

Stahl



TRIPLE JUMP - 1. Mike Conrad, LaSalle-Peru, 13.59 (44'7")  
2. Doug Bushman, Dixon, 13.56 (44'6")  
3. Greg Colberg, Sterling, 13.19 (43'3")  
4. Dale Beachy, Rock Falls, 12.66 (41'6½")  
5. Dave Colo, Geneseo, 12.39 (40'8")  
Tim Ettinger, Rock Falls, 12.39 (40'8")

DISCUS - 1. Reubin, Dixon, 46.85  
2. Lodico, Geneseo, 46.08  
3. Sutkay, Sterling, 45.30  
4. Foresman, Princeton, 44.93  
5. Bonucci, Princeton, 44.18

LONG JUMP - 1. Glenn Wicks, Sterling, 6.64 (21'9½")  
2. Matt Tla-Aoutinen, L. P. 6.44 (21'1 3/4")  
3. Pete Roth, Princeton, 6.31 (20' 8½")  
4. Nielson Bruce, Rock Falls, 6.28 (20' 7½")  
5. Breck Loos, Sterling, 6.24 (20' 6")

SHOT - PUT 1. Rick Reubin, Dixon, 17.69  
2. John Carl Sterling, 16.94  
3. Dave Rumley, Princeton, 16.57  
4. Dave Mears, Sterling, 16.18  
5. Dave Floray, Dixon 15.68

~~WIXENXJUMP~~ - 1. Geneseo, 8:00.23 (Renihan, Collart, Paxson, Kincaid)  
3200 M RELAY 2. Sterling, 8:01.45  
3. Streater, 8:21.34  
4. Hall, 8:23.72  
5. Rochelle, 8:26.95

HIGH JUMP - 1. Gerald Harland, Kewanee, 6'7 3/4"  
2. Les Ruffin, Dixon, 6'6"  
3. Lee Jomant, Rock Falls, 6'6"  
4. Marc Clasper, Rock Falls, 6'2"  
5. Kevin De Bliet Geneseo, 6'2"

400 M RELAY 1. Sterling, 43.62 (WICKS, Mellott, Lopez, Howze)  
2. Rock Falls, 44.08  
3. Geneseo, 44.80  
4. Kewanee, 45.09  
5. Princeton, 45.16

3200 M RUN 1. Jamie Dow, Princeton, 9:31.53  
2. Jim Sievey, Sterling, 9:39.93  
3. Keith Landig, Sterling, 9:42.00  
4. Dave Hubbard, Mendota, 9:45.10  
5. Cecil Crist, L.P. 9:56.60

- 110 M HIGH HURDLES 1. Mike Mellott, Sterling, 14.91  
2. Mike Wolfe, Rock Falls, 15.14  
3. Chris Schaive, Ottawa, 15.44  
4. Doug Courier, Kewanee, 15.55  
5. Brett Webb, Dixon, 15.6
- 100 M DASH 1. Ted Nehrkorn, Rock Falls, 10.69  
2. Matt Howse, Sterling, 10.99  
3. Mark Olson, Ottawa, 11.10  
4. Glenn Wicks, Sterling, 11.25  
5. Gerald Harland, Kewanee, 11.26
- 800 M RUN 1. Mark Cassidy, Rochelle, 1:55.98  
2. Todd Hunsberger, Sterling, 1:57.50  
3. Tom Hodge, Princeton, 1:58.13  
4. Denniss Tomaszewski, L.P. 1:58.53  
5. Jeff Renihan, Geneseo, 1:59.50
- 800 M RELAY 1. Sterling ( 1:31.26 (Velasquez, Mellott, Lopez, Howze)  
2. Rock Falls 1:31.75  
3. Princeton 1:32.8  
4. Geneseo 1:33.13  
5. L.P. 1:34.20
- 400 M DASH 1. Dave Swards, Rock Falls, 51.46  
2. Greg Corcoran, Mendota, 51.65  
3. Grad Fleming, Geneseo, 52.40  
4. Bill Brooks, Dixon, 52.44  
5. Greg Colberg, Sterling, 53.5
- POLE VAULT 1. Kevin James, Dixon, 14'6"  
2. Andy Geiger, Sterling, 14'6"  
3. Todd Wiggington, Dixon, 14'0"  
4. Rick Schmitt, Ottawa, 13'6"  
5. Mike Jone, Princeton, 12'6"  
Kent Lawson, Rochelle, 12'6"
- 300 M LOW HURDLES 1. Kevin DeLiesk, Geneseo, 39.02  
2. Randy Freschi, L.P. 39.62  
3. Chris Schaive, Ottawa, 40.04  
4. Mike Wolfe, Rock Falls, 40.19  
5. Jay Penny, Geneseo, 40.44
- 1600 M RUN 1. Craig Martin, Princeton, 4:27.52  
2. Paul Vanderstein, Sterling, 4:29.12  
3. Kinkaid, Streator, 4:30.5  
4. Jaime Dow, Princeton, 4:32.38  
5. Dave Anderson, Ottawa, 4:33.4

VARISTY  
May 9, 1980

## 200 M DASH

1. Ted Nehrkorn, Rock Falls, 22.37
2. Matt Howze, Sterling, 22.94
3. Mark Olson, Ottawa, 23.2
4. Scott Rinks, Geneseo, 23.3
- Steve Lopez, Sterling, 23.35

## 1600 M RELAY

1. Sterling 3:26.62 (Mellott, Colberg, Delasquez, Hunsberge)
2. Geneseo 3:28.25
3. Rock Falls 3:32.40
4. Princeton 3:34.18
5. Rochelle 3:35.23

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TEAM STANDINGS

Sterling	78
Rock Falls	44
Geneseo	34
Dixon	33
Princeton	32.5
L.P.	18
Ottawa	15
Kewanee	11
Rochelle	8.5
Mendota	6
Streator	6
Hall	2



F-Soph

N.C.I.C. splits

F-S

110 Hurdles

3200 Relay 8:40.5 (3<sup>rd</sup>)

Stipp 18.4

Smith 63-68-2:11.07

Roberts 19.0 18.5 (5<sup>th</sup>)

Booth 62.93-72.7-2:15.63

100 dash

Zeitle 63.94-66.66-2:10.6

Heriford 12.1 <sup>110 meters</sup> 13.41

Renihan 57.-66.16-2:03.16

Swain 12.1 13.4 (5<sup>th</sup>)

3200 Run

300 low hurdles

Werkheims <sup>4:50</sup> 66-73-75-76-78-80-81-74.7-<sup>5:13</sup>10:03.75 (1)

Clary 46.12

VanLerberghe <sup>5:16</sup> 71-79-82-84-84-90-86-79.9-10:55.9

Stipp 46.9

800 Run

2 dash

Renihan 61.5-63.2-2:04.73 (1<sup>st</sup>)

Carlson 25.3 <sup>Qualified</sup> <sup>dropped-lg</sup>

Smith 62-68.98-2:10.98

Regus. 26.03

400 Relay - botched up

400 dash

800 Relay 1:41.76

Gomez 57.1

Clary 29.09 Heriford 24.19 Hunt 24.92 Swain 23.56

Lodico 59.5

1600 Run

High Jump

Werkheims 64-76-74-67.9-4:41.89 (2<sup>nd</sup>)

Carlson 5'10" (5<sup>th</sup>)

Zeitle 67-75-77-70.39-4:49.39

Pole Vault

1600 Relay 3:45.88 (4<sup>th</sup>)

Lampe 11'

Renihan 55.29 Clary 59.41 Hunt 57.12 Swain 54.1

Clary 10'

Shot Put

Triple Jump

Discus

4 Jump

Fortune

Stipp

Fortune @129' (3<sup>rd</sup>)

Heriford 19'4" (4<sup>th</sup>)

Lopez

Roberts

Holmstrom 117'

Roberts 17'9"

May 9, 1980

300M LOW HURDLES - 1. Dan Chisamore, Rochelle, 41.09  
2. Steve Krick, Dixon, 41.26  
3. Marv Reyes, Sterling, 42.20  
4. Bob Wolfe, La Salle, 44.13  
5. Bob Oberg, Rock Falls, 44.27

DISCUS - 1. Tim Devine, Dixon, 39.78  
2. Chris Mulkins, Dixon, 39.71  
3. Pat Fortune, Geneseo, 39.55  
4. Shane Holdorf, Sterling, 38.47  
5. Tony Manzana, Sterling, 37.13

HIGH JUMP - 1. Brian Smith, Rock Falls, 6'0"  
2. Steve Kuffel, Kewanee, 6'0"  
3. Tony Celletti, Rock Falls, 6'0"  
4. Marv Reyes, Sterling, 6'0"  
5. Jeff Carlson, Geneseo, 5'10"

POLE VAULT - 1. Jeff Kuchel, Sterling, 12' 6"  
2. Rick Lappin, Princeton, 12' 6"  
3. Randy Saal, Princeton, 12' 6"  
4. John Place, Rochelle, 11' 6"  
5. Mike Stone, Rochelle, 11' 6"

3200 M RUN - 1. Rich Werkheiner, Geneseo, 10:03.75  
2. Dave Larson, Princeton, 10:12.36  
3. Tom Fritts, Dixon, 10:16.98  
4. Leon Archer, Princeton, 10:16.99  
5. Scott Schwarting, Hall Twp., 10:17.10

TRIPLE JUMP - 1. Brett Dyche, Dixon, 12.96  
2. Jim McCoy, Dixon, 12.25  
3. Mark Anderson, L. P., 12.20  
4. Jerry Weber, Princeton, 12.19  
5. Greg Dietz, Sterling, 12.06

SHOT PUT 1. Tony Manzano, Sterling, 13.82 (15'4")  
2. Benning, Streator, 13.25  
3. Dave Alexander, Sterling, 13.14  
4. Tim Devine, Dixon, 13.08  
5. Dave Moran, Ottawa, 12.98

400 M RELAY 1. Sterling, 46.43 (Arnold, Reyes, Kuchel, Paver)  
2. Princeton, 47.02  
3. Rochelle, 47.46  
4. Streator, 47.57  
5. La Salle-Peru, 47.76

May 9, 1980

## 3200 M RELAY

1. Ottawa, 8:37.94 (Hawthorne, Heth, Brodjue, Dennis)
2. Dixon, 8:39.50
3. Geneseo, 8:40.50
4. Sterling, 8:53.26
5. Princeton, 9:03.62

## 110 M HIGH HURDLES

1. John Sutchiffel, Princeton, 15.86
2. Dan Chisamore, Rochelle, 16.77
3. Bob Wolf, L.P. 17.12
4. Steve Krick, Dixon, 17.18
5. Todd Roberts, Geneseo, 18.50

## 100 M DASH

1. Wes Paver, Sterling, 12.49
2. Wade, Streator, 12.70
3. Joe Arnold, Sterling, 12.71
4. Brian Marshon, Rochelle, 12.75
5. Chris Swain, Geneseo, 13.4

## 800 M RUN

1. Tim Renihan, Geneseo, 2:04.73
2. Bob Wicks, L.P. 2:04.77
3. Dave Barajas, Sterling, 2:05.21
4. Paul Wuyek, Mendota, 2:06.92
5. Kim Hawthorne, Ottawa, 2:07.31

## 800 M RELAY

1. Sterling (Arnold, Eshelman, Kuckel, Dietz)
2. Princeton, 1:37.57
3. Streator, 1:37.7
4. Dixon, 1:39.18
5. Rochelle, 1:40.0

## 400 M DASH

1. Was Paver, Sterling, 52.84
2. Ron Dir, Dixon, 53.45
3. Brian Smith, Rock Falls, 54.20
4. Brett Dyche, Dixon, 54.89
5. Pat Van De Velde, Kewanee, 55.81

## 1600 M RUN

1. Mark Pitman, Dixon, 4:41.09
2. Rich Weckheiser, Geneseo, 4:41.89
3. Dave Larson, Princeton, 4:43.50
4. Roy Flaig, Princeton, 4:47.74
5. Scott Schwarting, Hall 4:49.0

## 200 M DASH

1. Ron Dir, Dixon, 24.05
2. Greg Deitz, Sterling, 24.10
3. Brian Marshon, Rochelle, 24.55
4. Joe Arnold, Sterling, 24.59
5. Jeff Creech, Kewanee, 25.4



FRESH-SOPH  
May 9, 1980

1600 M RELAY    1. Dixon ( Dyche, Dir,                    3:41.18  
                  2. L.P. 3:41.58  
                  3. Sterling 3:41.95  
                  4. Geneseo 3:45.88  
                  5. Rochelle 3:47.82

LONG JUMP       1. Wade, Streator, 6.18  
                  2. Brett Dyche, Dixon, 6.11  
                  3. Greg Dietz, Sterling, 5.89  
                  4. Brad Heriford, Geneseo, 5.87  
                  5. Jim McCoy, Dixon, 5.86

## TEAM STANDINGS

1. Sterling	68
2. Dixon	66
3. Princeton	36
4. Geneseo	29
5. Rochelle	22
6. Streator	19
7. L.P.	17
8. Rock Falls	13
9. Ottawa	8
10. Mendota	6
11. Hall	2
	2