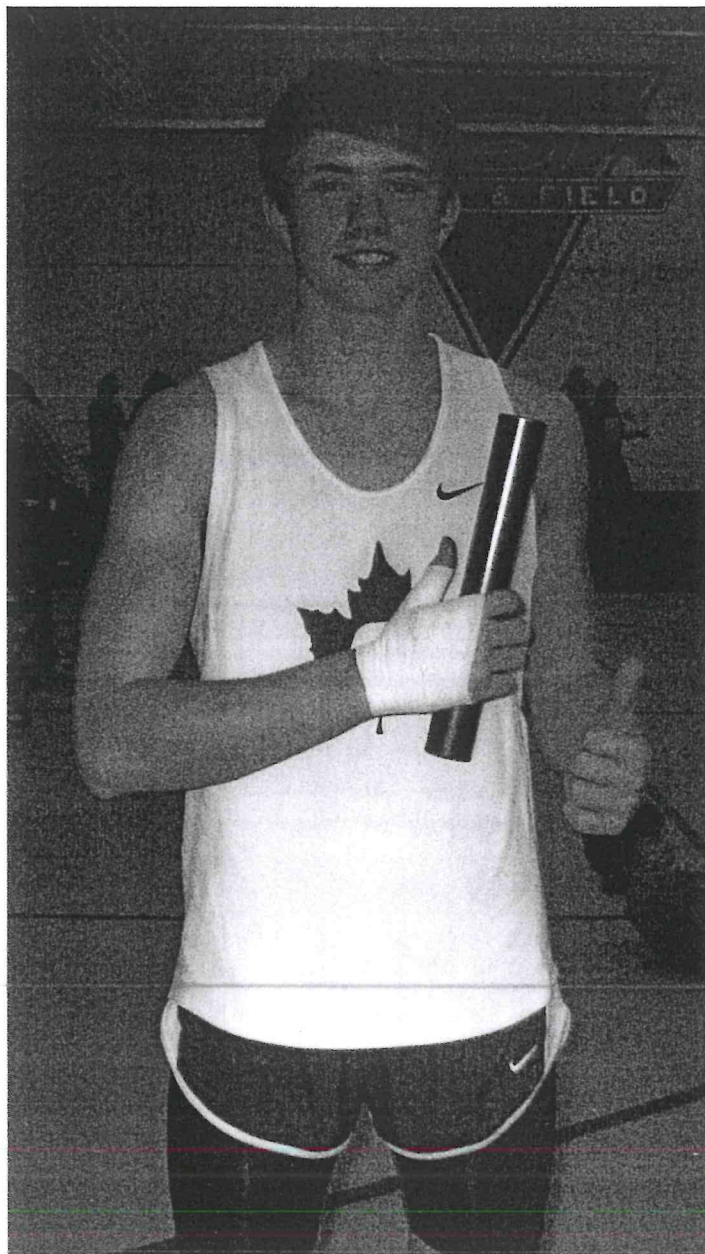




SOPHOMORE JORDAN MIELKE "MANS-UP"

In Saturday's action Jordan Mielke caught a spike in his hand while triple jumping. He came back, bandaged and all, to PR in the triple jump and run strong in the 55 high hurdles and the 1600 meter relay. Well done Jordan

PLATZ LEADS LEAFS WITH GOLD AT LAST CHANCE INV.

On Saturday, March 17th, the Leafs traveled to Sterling to participate in the Last Chance Invitational. The meet was the the last indoor meet of the 2012 season and included teams from Alleman, Clinton, DeKalb, Geneseo, Harlem, Rock Falls, Sterling, United Township. As a team the Leafs placed 5th as a team scoring 51 points.

Leading the charge was Junior Alex Platz who won the pole vault with a personal best of 12' 09". Also providing top three finishes were Josh Beard (3rd in the Triple Jump), Jordan Starkey (3rd in the 1600 Meter Run), Kyle Reiling, Jordan Starkey, Mitchell Lamb, and Griffin Welfer (2nd in the 3200 Meter Relay), and the F/S 800 Meter Relay team of Joey Medina, Jeremy Harper, Sam Arndt, and Ryan Pitra. Leafs who placed in the top 6 and aided the team score are listed below.

- 1st Place: Alex Platz (Pole Vault)
- 2nd Place: Kyle Reiling, Jordan Starkey, Mitchell Lamb, Griffin Welfer (3200 Meter Relay)
- 3rd Place: Josh Beard (Triple Jump)
- 3rd Place: Jordan Starkey (1600 Meter Run)
- 3rd Place: Joey Medina, Jeremy Harper, Sam Arndt, Ryan Pitra (F/S 800 Meter Relay)
- 4th Place: A.J. Marmion (Shot Put)
- 4th Place: Justin Seeley, Chase Cahalan, Ryan Webster, Tyler Rusk (800 Meter Relay)
- 5th Place: Jordan Mielke (Triple Jump)
- 5th Place: Jesse Mohr (Pole Vault)
- 6th Place: Dugan Kuffel (55 Meter High Hurdles)
- 6th Place: Justin Seeley, Griffin Welfer, Jordan Mielke, Dugan Kuffel (1600 Meter Relay)

Track & Field: Leafs take fifth in final indoor meet

In Sterling, the rest of the Leafs captured a fifth-place finish.

"We had a great meet, and I am really happy. There were a lot of kids who had personal bests," said Fredericks. "A lot of good things happened."

Geneseo was led by Platz, who won the pole vault as he cleared 12-9.

"No event area on the team has improved more than the vaulters," said Fredericks. "Those athletes are highly motivated and those guys have been the biggest surprise so far this season. It has been a pleasant surprise and it will be fun to see how far they can go."

In second place was the 4x800-m relay of Reiling, Starkey, Lamb and Welfer with a time of 8:34.69.

Placing third were Beard in the triple jump with a mark of

38-1 1/2; the F/S 4x200-m relay of Joey Medina, Jeremy Harper, Sam Arndt and Pitra in 1:42.81, and Starkey in the 1600-m run with a time of 4:38.60.

Marmion added a fourth-place finish with a throw of 43-3 1/2, followed by the 4x200-m relay of Seeley, Cahalan, Webster and Tyler Rusk in fourth at 1:39.10.

Rounding out the Top 5 finishes were Mohr in the pole vault at 10-3 and Mielke, fifth in the triple jump with a mark of 38-3.

Additional Track Results

55-m dash- Taber, 10th, 7.13 and Cahalan, 13th, 7.17. **55-m hurdles-** Kuffel, sixth, 8.70; Mielke, 14th, 9.40; and Yeater, 15th, 9.48. **800-m run-** Gatter, 10th, 2:20.95; Lamb, 12th, 2:23.42; and Fassett, 15th, 2:25.23. **400-m dash-** Ganson, 13th, 59.25 and Platz, 14th, 59.63. **1600-m run-** Reiling, seventh, 4:42.60 and Chenoweth, 17th, 5:06.33. **200-m dash-** Rusk, 12th, 25.24; Webster, 13th, 25.26 and Taber, 20th, 26.44. **4x400-m relay-** Seeley, Welfer, Mielke and Kuffel, sixth, 3:44.90.

Additional Field Results

High jump- Platz, ninth, 5-8; Ramsey, 11th, 5-6; and Seth Wilson, 13th, 5-4. **Long jump-** Rusk, seventh, 18-1 1/2; Taber, 11th, 17-11 1/2 and Pitra, 17th, 17-3 1/4. **Shot put-** Verbeck, seventh, 41-6 1/2 and Cameron Panicucci, 13th, 37-4 1/2.

The Leafs will be in action next when they compete in the UT Invite at 10 a.m. April 7.

Sterling High School Indoor Invitational - 3/24/2012

Sterling Westwood Track

Team Rankings - Through Event 30

Combined Team Scores

		Male Team Scores	
Place	School		Points
1	CLINTON	CLIN	100
2	ALLEMAN	ALL	93.33
3	STERLING	STER	86
4	UNITED TOWNSHIP	UT	71.33
5	GENESEO	GENE	51
6	MOLINE	MOL	31.33
7	ROCK FALLS	ROCK	26
8	DEKALB	DEKA	6
Total			465.00

Sterling High School Indoor Invitational - 3/24/2012

Sterling Westwood Track

Results

Event 2 Boys High Jump

Name	Yr	Team	Finals
JOHNSON, TAYVIAI	12	UT	6-02.00
DOCKERY, SAM	12	MOL	6-00.00
CARR, WILL	11	CLIN	56-00.00
AJIBOLA, TIERNEY	11	UT	5-10.00
RYAN, MARQUEZ	10	MOL	5-10.00
DORSEY, KYLEE	09	ALL	5-10.00
FOWKES, GAJJE	11	STER	55-10.00
NADIF, ZACK	12	UT	55-10.00
PLATZ, ALEX	11	GENE	5-08.00
JONES, EVAN	11	CLIN	5-08.00
THOMSON, NATHAN	12	ALL	5-06.00
RAMSEY, IAN	09	GENE	5-06.00
WILSON, SETH	10	GENE	5-04.00
WHITTAKER, TRE	11	STER	5-04.00
LORENZ, COLIN	11	MOL	NH
KIRCHHOFF, JACOB	10	STER	NH
LARSON, DILLION	10	ROCK	NH

Event 4 Boys Pole Vault

Name	Yr	Team	Finals
PLATZ, ALEX	11	GENE	12-09.00
SCHNEIDERBAUER	12	STER	112-09.00
WATSON, PARKER	12	ROCK	11-09.00
KUSHMER, AUSTIN	11	MOL	111-09.00
MOHR, JESSE	12	GENE	10-03.00
CATER, BRANDON	12	STER	9-09.00
SMITH, ISAAC	11	UT	9-03.00
EADES, EVAN	10	MOL	8-09.00
AJIBOLA, TIERNEY	11	UT	8-09.00
WEST, TROY	10	DEKA	8-03.00
HILLYER, REID	09	ALL	8-03.00
COOK, ALBERT	09	ROCK	6-03.00
MASTERTSON, .		ROCK	6-03.00
POMEROY, .		MOL	NH

Event 6 Boys Long Jump

Name	Yr	Team	Finals
HARTZ, CORNELL	11	STER	20-01.00
CARR, WILL	11	CLIN	19-03.25
MIKAN, DOUG	12	STER	19-02.50
HOSKINS, BRADY	09	ALL	19-01.50
MERIDETH, DREW	11	UT	19-01.25
FERGUSON, IAN	12	ALL	18-11.50
EWALD, STEVEN	10	ALL	18-01.50
RUSK, TYLER	12	GENE	18-01.50
BARNES, DEVON	12	UT	18-01.50
THACKER, TYLER	11	CLIN	18-00.50
TABER, ZACH	12	GENE	17-11.50
MERIDETH, RYAN	09	UT	17-11.25
DRISCAL, ABRAHAM	10	MOL	17-09.00
MAEDER, ZACHER	09	DEKA	17-08.75

15	GARCIA, ANDREW	11	STER	17-06.50
16	PENALFOR, DRAQUE	10	STER	17-05.25
17	PITRA, RYAN	09	GENE	17-03.25
18	LEAF, ALEX	11	ROCK	17-02.00
19	REAGAN, TYLER	11	MOL	16-04.00
19	BRUNS, BRODIE	11	ROCK	16-04.00
21	WILSON, ADAM	09	DEKA	16-00.00
22	CLARK, BEN	09	DEKA	15-11.50
23	MAYORAL, JACOB	11	ROCK	13-05.00

Event 8 Boys Triple Jump

Name	Yr	Team	Finals
JOHNSON, TAYVIAI	12	UT	41-00.00
EWALD, PATRICK	12	ALL	39-07.75
BEARD, JOSH	09	GENE	38-10.50
HOSKINS, BRADY	09	ALL	38-09.00
MIELKE, JORDAN	10	GENE	38-03.00
NADIF, ZACK	12	UT	37-07.50
PEUGH, TYLER	12	STER	36-06.00
GARCIA, ANDREW	11	STER	35-07.00
DUPRE, PARKER	09	DEKA	34-03.75
MAEDER, ZACHER	09	DEKA	34-01.50
VARELIA, JESUS	10	MOL	33-07.50
CONTRERAS, TEDD	09	ALL	33-07.00
FOWKES, GAJJE	11	STER	32-11.50
WILSON, ADAM	09	DEKA	32-01.00
MORTONSON, TANI	10	ROCK	31-08.75
LATTA, SUMNER	09	ROCK	30-06.50

Event 10 Boys Shot Put

Name	Yr	Team	Finals
SCHILB, SCOTT	11	ALL	48-08.50
NEAL, JORDAN	12	STER	45-02.50
WEAVER, TRAY	12	CLIN	44-11.00
MARMION, A.J.	10	GENE	43-03.50
KELLY, DANTRELL	12	CLIN	43-01.00
HARDEN, NATHAN	10	CLIN	41-09.00
VERBECK, NICK	10	GENE	41-06.50
CUTCOMP, CODY	11	UT	40-09.25
DIAB, ALEC	10	ALL	39-07.50
PERRY, LEVI	11	UT	38-04.00
KNIE, JOSH	10	STER	38-03.00
LAMBRECHT, JARE	10	ALL	37-08.50
PANICUCCI, CAMEL	11	GENE	37-04.50
GRELL, BENTLEY	10	STER	37-03.50
BELL, JONATHAN	10	DEKA	36-11.00
WILLIAMS, .		DEKA	36-10.50
COLEMAN, JAVON		STER	35-04.00
BILLINGS, JACOB	10	ROCK	33-09.00
JENSON, TANNER		STER	33-01.00
BERGHEGER, JASON	10	UT	31-11.00
LONG, GRANT	11	ROCK	31-08.00
THOMPSON, DEVON	09	DEKA	30-01.00
WHITE, LOGAN	11	ROCK	29-07.00

Event 12 Boys 4x800 Meter Relay

Team	Relay	Finals
STERLING	A	8:33.43
GENESEO	A	8:34.69
ALLEMAN	A	8:42.65
CLINTON	A	8:58.60
UNITED TOWNSHIP	A	9:08.91
GENESEO	B	9:29.35
DEKALB	A	9:55.29
ROCK FALLS	A	10:01.86
MOLINE	A	10:13.16

Event 14 Boys 55 Meter Dash

LaneName	Yr	Team	Finals
DORSEY, KYLEE	09	ALL	6.68
FERGUSON, IAN	12	ALL	6.75
LEAF, ALEX	11	ROCK	6.81
COLLENDER, CODY	11	CLIN	6.83
JACKSON, BEN	11	UT	6.89
ROBINSON, DESHON	10	CLIN	6.89
HUBBELL, MATT	10	ALL	6.94
HARRIS, KAYNE	12	UT	7.05
SCHWINDENHAMM	10	ROCK	7.08
TABER, ZACH	12	GENE	7.13
BARNES, DEVON	12	UT	7.14
EBENSBERGER, AD	12	CLIN	7.17
CAHALAN, CHASE	10	GENE	7.17
PEUGH, TYLER	12	STER	7.29
MIKAN, DALE	10	STER	7.33
BEVEROTH, ANDREW	12	STER	7.35
COLLINS, DEMETRI	10	DEKA	7.37
WRIGHT, JIMMIE	09	DEKA	7.60
MCCALLISTER, DAI	12	STER	7.63
MIKAN, DILLION	09	STER	7.67
KRANTZ, BRANDON	11	MOL	7.84
HUGHES, CAMERON	09	MOL	7.85
TAUBE, LOGAN	11	MOL	8.02
AUGHENBAUGH, K	09	DEKA	8.71

Event 16 Boys 55 Meter Hurdles

LaneName	Yr	Team	Finals
SCHNEIDERBAUER	12	STER	7.97
EWALD, PATRICK	12	ALL	8.22
HOUZENGA, AUSTIN	11	CLIN	8.39
MERIDETH, DREW	11	UT	8.40
BLANCAS, EDUARDO	12	STER	8.69
KUFFEL, DUGAN	11	GENE	8.70
THOMSON, NATHAN	12	ALL	8.73
OAKES, DALTON	10	UT	8.82
EBENSBERGER, AD	12	CLIN	9.01
TITUS, JOSH	10	ALL	9.02
REAGAN, TYLER	11	MOL	9.07
WATSON, PARKER	12	ROCK	9.39

Sterling High School Indoor Invitational - 3/24/2012

Sterling Westwood Track

Results

Finals ... (Event 16 Boys 55 Meter Hurdles)

13 RYAN, MARQUEZ	10 MOL	9.40
14 MIELKE, JORDAN	10 GENE	9.40
15 YEATER, CAMERON	11 GENE	9.48
16 THACKER, TYLER	11 CLIN	9.58
17 QUIROZ, JAVIER	9 STER	10.06
18 MORTONSON, TANI	10 ROCK	10.21
19 MAMMOSSER, MAT	09 ROCK	10.33
20 AGUILAR, DIEGO	11 STER	10.46
--- JOHNSON, TAYVIA	12 UT	DQ

Event 18 Boys 4x200 Yard Relay Frosh/Soph

LaneTeam	Relay	Finals
Finals		
1 STERLING	A	1:41.33
2 ALLEMAN	A	1:42.31
3 GENESEO	A	1:42.81
4 MOLINE	A	1:42.91
5 DEKALB	A	1:44.86
6 UNITED TOWNSHIP	A	1:44.87
7 ROCK FALLS	A	1:49.51

Event 20 Boys 4x200 Meter Relay

LaneTeam	Relay	Finals
Finals		
1 CLINTON	A	1:36.76
2 ROCK FALLS	A	1:36.77
3 UNITED TOWNSHIP	A	1:38.80
4 GENESEO	A	1:39.10
5 ALLEMAN	A	1:40.13
6 STERLING	A	1:41.44
7 MOLINE	A	1:44.28
8 DEKALB	A	1:50.18

Event 22 Boys 800 Meter Run

Name	Yr	Team	Finals
Finals			
1 BOORE, PAULY	10	UT	2:09.57
2 WEBSTER, AUSTIN	10	UT	2:10.16
3 BARR, JAKE	10	MOL	2:10.49
4 GEORGE, AUSTIN	12	CLIN	2:13.53
5 HIETANEN, ISSAC	10	DEKA	2:14.75
6 GRAY, ZACH	10	MOL	2:15.14
7 GUITERREZ, CARLO	11	ROCK	2:16.47
8 DETERMAN, BRET	11	CLIN	2:18.62
9 OTTO, KIENAN	09	ALL	2:18.67
10 GATTER, TONY	10	GENE	2:20.95
11 ROBBINS, JUSTIN	11	MOL	2:22.44
12 LAMB, MITCHELL		GENE	2:23.42
13 EWALT, DUSTIN	11	CLIN	2:23.43
14 WELLENDOFF, NAT	09	DEKA	2:24.72
15 FASSETT, NOLAN	09	GENE	2:25.23
16 PALMER, MICAH	10	STER	2:25.59
17 WATTS, DUSTIN	11	ROCK	2:28.85
18 WEST, TROY	10	DEKA	2:31.90
19 EWERS, ALEC	10	ALL	2:34.30

20 MICKIEWICZ, ERIC	11	ALL	2:38.02
21 HUBBELL, KEATON	11	ROCK	2:41.93

Event 24 Boys 400 Meter Dash

LaneName	Yr	Team	Finals
Finals			
1 BANKER, JASON	11	CLIN	52.71
2 THOMAS, SKYLAR	12	CLIN	53.03
3 HARTZ, CORNELL	11	STER	53.32
4 ROWAN, CHRISTIA	12	CLIN	53.55
5 FLAMER, TODD	11	UT	53.65
6 JACKSON, BEN	11	UT	53.87
7 ROCHE, MATT	11	MOL	54.08
8 EWALD, STEVEN	10	ALL	55.30
9 BABCOCK, AUSTIN	11	ROCK	57.01
10 CARLIN, JACOB	12	ALL	58.42
11 WATSON, PARKER	12	ROCK	58.83
12 SEBBEN, QUINTIN	10	ALL	59.25
13 GANSON, RYAN	09	GENE	59.25
14 PLATZ, ALEX	11	GENE	59.63
15 MIKAN, DOUG	12	STER	1:00.03
16 OLDENBURG, REEC	09	MOL	1:00.43

Event 26 Boys 1600 Meter Run

Name	Yr	Team	Finals
Finals			
1 ADIFINGER, ETHAN	11	ALL	4:31.98
2 MARCOS-TELES, EM	11	CLIN	4:32.25
3 STARKEY, JORDAN	11	GENE	4:38.60
4 RASSO, TYLER	10	UT	4:40.44
5 RYZHOV, MISHA	10	DEKA	4:41.04
6 GRAHAM, WILL	11	ALL	4:41.19
7 REILING, KYLE	12	GENE	4:42.60
8 HARKNESS, DYLAN	12	STER	4:43.10
9 HIRD, ZACH	10	ALL	4:44.16
10 MARTIN, PATRICK	11	DEKA	4:49.71
11 LOPEZ, SERGIO	10	UT	4:53.56
12 GREENWOOD, TYLI	11	DEKA	4:54.49
13 MARTINEZ, BENITC	11	MOL	4:55.08
14 VONOR, KOFFIVI	09	MOL	4:55.99
15 MARTINEZ, MANUF	12	UT	4:59.03
16 LANDIS, JOSH	12	STER	5:02.86
17 CHENOWETH, DAV	09	GENE	5:06.33
18 GUITERREZ, CARLO	11	ROCK	5:07.79
19 SCHROEDER, NATH	11	CLIN	5:08.72
20 MACKAY, CHRIS	11	STER	5:15.01
21 MOONEY, JEREMY	11	CLIN	5:20.07
22 WATTS, DUSTIN	11	ROCK	5:38.82
23 LATTA, SUMNER	09	ROCK	6:00.45
24 HAYES, DAYTON	12	STER	6:05.27

Event 28 Boys 200 Meter Dash

LaneName	Yr	Team	Finals
Finals			
1 FERGUSON, IAN	12	ALL	23.54
2 ROBINSON, DESHO	10	CLIN	23.82
3 ROCHE, MATT	11	MOL	23.97

4 SCHWINDENHAMM	10	ROCK	24.38
5 FELDKIRCHNER, AI	12	STER	24.57
6 DECAP, ETHAN	12	ALL	24.60
7 COLLENDER, CODY	11	CLIN	24.65
8 HARRIS, KAYNE	12	UT	24.79
9 CARR, WILL	11	CLIN	24.90
10 RIPPY, XAVIER	11	ROCK	25.05
11 MIKAN, DALE	10	STER	25.05
12 RUSK, TYLER	12	GENE	25.24
13 WEBSTER, RYAN	10	GENE	25.26
14 METCALF, TAVIN	12	UT	25.49
15 TOUSSEAU, THOMAS	10	MOL	25.59
16 WHITTAKER, TRE	11	STER	25.89
17 WILSON, JOCELIN	12	UT	26.05
18 MENDOZA, MAX	12	ALL	26.40
19 GILLIHAN, CANAAN	09	STER	26.41
20 TABER, ZACH	12	GENE	26.44
21 MIKAN, DILLION	09	STER	26.87
22 BROWNLEE, TEVA	10	DEKA	26.94
23 WRIGHT, JIMMIE	09	DEKA	28.24
24 SLECK, MARCUS	10	ROCK	29.04
25 COLLINS, DEMETRI	10	DEKA	31.15
26 MORALES, OMAR	09	MOL	31.94

Event 30 Boys 4x400 Meter Relay

LaneTeam	Relay	Finals
Finals		
1 CLINTON	A	3:35.04
2 STERLING	A	3:36.86
3 UNITED TOWNSHIP	A	3:37.48
4 STERLING	B	3:44.29
5 ROCK FALLS	A	3:44.57
6 GENESEO	A	3:44.90
7 ALLEMAN	A	3:53.56
8 MOLINE	A	3:54.77
9 DEKALB	A	4:09.64

Sterling High School Indoor Invitational - 3/24/2012**Sterling Westwood Track****Team Rankings - Through Event 30****Combined Team Scores**

		Male Team Scores	
Place	School		Points
1	CLINTON	CLIN	100
2	ALLEMAN	ALL	93.33
3	STERLING	STER	86
4	UNITED TOWNSHIP	UT	71.33
5	GENESEO	GENE	51
6	MOLINE	MOL	31.33
7	ROCK FALLS	ROCK	26
8	DEKALB	DEKA	6
Total			465.00

GENESEO TEAM SPLIT PAGE

MEET: Sterling Last Chance Invitational

DATE: March 24, 2012

SITE: Sterling Westwood Sports Complex

TIMING SYSTEM: FAT

WEATHER CONDITIONS: Indoors...perfect

RELAY & DISTANCE RACE SPLITS

800 METER RUN

- 10.) Tony Gatter: 2:20.71c (63 – 77)
- 12.) Mitchell Lamb: 2:23.18c (64 - 79)
- 15.) Nolan Fassett: 2:24.99c (72 – 72)

F/S 800 METER RELAY 3.) (1:42.57c)

- Joey Medina: 26.28
- Jeremy Harper: 25.66
- Sam Arndt: 26.09
- Ryan Pitra: 24.53

800 METER RELAY 4.) (1:38.84c)

- Justin Seeley: 24.62
- Chase Cahalan: 24.41
- Ryan Webter: 25.06
- Tyler Rusk: 24.79

1600 METER RUN

- 3.) Jordan Starkey: 4:38.36c (69 – 2:21 (72) – 3:29 (68) – 4:38 (69)
- 7.) Kyle Reiling: 4:42.36c (69 – 2:20 (71) – 3:32 (72) – 4:42 (70)
- 17.) David Chenoweth: 5:06.09c (70 – 2:30 (80) – 3:51 (81) – 5:06 (75)

1600 METER RELAY 6.) (3:44.66c)

- Justin Seeley: 55.63
- Griffin Welfer: 56.69
- Jordan Mielke: 58.28
- Dugan Kuffel: 53.96

3200 METER RELAY (2nd Place (8:34.45c))

- Kyle Reiling: 2:06.93 (62 – 64)
- Jordan Starkey: 2:05.39 (59 – 66)
- Mitchell Lamb: 2:11.86 (61 – 70)
- Griffin Welfer: 2:10.29 (65 - 65)

3200 METER RELAY (B-Team) (6th Place (9:29.11c))

- Sean Lillis: 2:23.31 (68 – 75)
- David Chenoweth: 2:16.25 (67 – 69)
- Nolan Fassett: 2:25.54 (66 – 79)
- Jacob Miller: 2:24.02 (68 - 76)