



VAULTERS VAULTERS & LONG JUMPERS LEAD TEAM CHARGE

Pictured are Row 1: Ryan Pitra and Justin Seeley; Row 2: Tyler Rusk, Alex Platz, and Jesse Mohr. Missing from the photo is Jay Wilson. Only the Vaulters and High Jumpers were able to place 3 men in the top 6 WAY TO ROCK.

LEAFS STRONG IN GOLD MEDAL INV.

On Saturday, March 3rd, the Leafs traveled to Sterling's Westwood Sports Complex to participate in the Sterling Gold Medal Invitational. The meet was non-scored and included 7 boys teams (Bureau Valley, Dixon, Geneseo, Indian Creek, Oregon, Rock Falls, and Sterling.) The Leafs were led by the Pole Vaulters who scored 17 points as a unit. Alex Platz led the charge as he nailed Geneseo's only Gold Medal via his 1st place finish while Jay Wilson grabbed 3rd place and Jesse Mohr 6th while battling a bad cold. Justin Seeley, Ryan Pitra, and Tyler Rusk placed 3-5-6 to grab 3 of the top 6 places in the long jump as well.

Also strong was Senior Thrower Joe Huffman who qualified for the Illinois Prep Times Indoor Invitational (the unofficial state meet) with a strong throw 52' 06" to grab 2nd place. The team had good success across the board and placed athletes in the top 6 (normal scoring for an invite) in 11 of the 16 events. In fact, the team had at least two scorers in four events. Leafs who placed in the top 6 are listed below.

- 1st Place: Alex Platz (Pole Vault)
- 2nd Place: Joe Huffman (Shot Put)
- 3rd Place: Josh Beard (Triple Jump)
- 3rd Place: Justin Seeley (Long Jump)
- 3rd Place: Jay Wilson (Pole Vault)
- 3rd Place: Mitchell Lawson, Griffin Welfer, Mitchell Lamb, Jacob Rahn (3200 Meter Relay)
- 4th Place: A.J. Marmion (Shot Put)

- 4th Place Tie: Alex Platz (High Jump)
- 5th Place: Mitchell Lawson (1600 Meter Run)
- 5th Place: Ryan Pitra (Long Jump)
- 5th Place: Griffin Welfer (400 Meter Dash)
- 5th Place: Justin Seeley, Ryan Webster, Sam Arndt, Jeremy Harper (800 Meter Relay)
- 5th Place: Josh Beard, Griffin Welfer, Ryan Webster, Justin Seeley (1600 Meter Relay)
- 6th Place: Jesse Mohr (Pole Vault)
- 6th Place: Tyler Rusk (Long Jump)
- 6th Place: Cameron Yeater (55 Meter High Hurdles)
- 6th Place: Jacob Miller, Chaise Blakley, Nolan Fassett, Tony Gatter (3200 Meter Relay)

Platz leads Leafs at Gold Medal Meet

By AMY CARTON
Sports Editor

The Geneseo boys' track and field team earned 13 Top 5 finishes at the March 3 Sterling Gold Medal Meet, which included one first-place finish.

"I am pleased," said head coach Don Fredericks. "I think we are off to a good start. I love our schedule, and our first two meets allow every athlete the opportunity to compete."

Alex Platz claimed Geneseo's lone first-place finish of the meet in the pole vault as he cleared 12-0, while Joe Huffman placed second for the Leafs in the shot put with a throw of 52-6.

In third place were Jay Wilson in the pole vault at 12-0, followed by Justin Seeley in the long jump with a mark of 19-8, and Josh Beard in the triple jump at 38-11 1/2. The 4x800-meter relay of Mitchell Lawson, Griffin Welfer, Mitchell Lamb and Jacob Rahn placed third in 9 minutes and 26.88 seconds.

"We had a lot of guys place, and so far it appears we will be strong in the throws, as well as hurdles," said Fredericks. "The biggest surprise is our vaulters and that is a huge improvement from last year. We also had Justin Seeley have a huge performance in the long

jump. Ryan Pitra had a personal best in the long jump, and Josh Beard improved to a lifetime best in the triple jump."

Platz also placed fourth in the high jump with a final height of 5-8, followed by A.J. Marmion in the shot put at 42-11.

Rounding out the Top 5 were Ryan Pitra in fifth in the long jump at 18-8; the 4x200-m relay of Seeley, Ryan Webster, Sam Arndt and Jeremy Harper in 1:42.08; Welfer, 400-m dash, 57.11; Lawson, 1600-m run, 5:05.21; and the 4x400-m relay of Beard, Welfer, Webster and Seeley, 3:59.90.

Additional Track Results

4x800-m relay- Geneseo B, sixth, 9:53.22. **55-m dash-** Zach Taber, 13th, 7.22; Pitra, 15th, 7.27; Webster, 16th, 7.27; Arndt, 22nd, 7.45; Harper, 23rd, 7.47; Aaron Metcalf, 27th, 7.58; Bailey Weber, 28th, 7.61; Kaleb Haxby, 36th, 7.82; Asa Schackelford, 39th, 7.89; Jeremy Mendoza, 45th, 8.13; and Caleb Norville, 46th, 8.21. **55-m hurdles-** Cam Yeater, sixth, 9.20; Seeley, 10th, 9.32; Wilson, 14th, 9.84; and Dylan Lyon, 18th, 11.03. **4x200-m relay-** Geneseo B, eighth, 1:46.33. **800-m run-** Rahn,

Please see ■ **TRACK, B2**

Track: Geneseo competes at First Chance Meet March 10

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eighth, 2:18.37 and Lamb, 15th, 2:24.59. **400-m dash-** Beard, 12th, 59.00; Seth Young, 21st, 1:02.82; and Gage Sears, 24th, 1:07.03. **1600-m run-** David Chenoweth, eighth, 5:06.87; Tony Gatter, 16th, 5:20.41; and Nolan Fassett, 17th, 5:24.72. **200-m dash-** Young, 27th, 28.76; Mendoza, 29th, 29.22; Norville, 31st, 29.34; Asher Johnson, 36th, 30.66 and Lyon, 37th, 30.79.

4x400-m relay- Geneseo C, seventh, 4:07.36 and Geneseo B, 10th, 4:15.47.

Additional Field Results

High jump- Ian Ramsey and Wilson, ninth, 5-6 and Chuck Springer, 11th, 5-2. **Pole vault-** Jesse Mohr, sixth, 10-6. **Long jump-** Tyler Rusk, sixth, 18-6 1/2; Taber, seventh, 18-6; Beard, ninth, 18-3; Yeater, 11th, 17-6; Mendoza, 25th, 15-5; Metcalf, 27th, 15-3 1/2; Weber, 28th, 14-10; Sears, 31st, 14-4 1/2; Norville, 35th, 13-9 1/2; and Johnson, 39th, 11-4. **Shot put-**

GHS athletes attend clinic

Five Geneseo High School track athletes traveled to Iowa City, Iowa March 4 to take part in a sprint and hurdle clinic at the University of Iowa.

Hannah Waller, Dugan Kuffel, Justin Seeley, Jordan Mfelke and Cameron Yeater all attended the clinic led by current Iowa assistant track coach, Joey Woody, a four-time All-American at Northern Iowa.

Woody earned a spot on three U.S. World teams where he placed second at the world championships in the 400-meter intermediate hurdles and was also part of the 1600-m relay that won a gold medal at the world championships in 1999.

"It was a really cool expe-

rience," said head boys track coach Don Fredericks, who attended with the GHS athletes. "The fact these five athletes paid and were willing to go says a lot."

Topics covered by Woody in the clinic included training theory, technique, cross training, training drills and motivation.

"I thought it was a win-win because they learned technique from one of the world's best and were able to be in a college venue," said Fredericks. "They also got to meet members of Iowa's Big 10 Conference Championship team from 2011. I think that planted a seed in their heads that track doesn't have to end after high school."

Cameron Panicucci, 12th, 37-1/2; and Grant Pritchard, 24-11; Nick Verbeck, 14th, 37-7; 0.

Shane Dixon, 20th, 35-5; Robert Smith, 22nd, 34-4; Jacob Eaker, 29th, 32-2; Dylan Mannon, 44th, 28-4

The Leafs will be back in action this weekend in the Sterling First Chance Meet at 9 a.m. March 10.

Gold Medal Meet - 3/3/2012

Sterling Westwood Track

Results

Event 2 Boys High Jump				5 PITRA, RYAN			
Name	Yr	School	Finals				
Finals				09	GENESEO	18-08.00	
1 GOAD, SCOTT	12	DIXON	6-03.00	6	RUSK, TYLER	12	GENESEO 18-06.50
2 EUELL, A		ROCK FALLS	6-00.00	7	TABER, ZACH	12	GENESEO 18-06.00
3 GIESON, JD	09	DIXON	5-10.00	8	SCHWINDENHAMMER	10	ROCK FALLS 18-03.50
4 PLATZ, ALEX	11	GENESEO	5-08.00	9	BEARD, JOSH	09	GENESEO 18-03.00
4 DHAESE, PIERCE	10	OREGON	5-08.00	10	MIKAN, DOUG	12	STERLING 17-10.00
4 FOWKES, GAIJE	11	STERLING	5-08.00	11	YEATER, CAMERON	11	GENESEO 17-06.00
4 ADAMS, JAKE	11	OREGON	5-08.00	11	MUETZE, STEPHEN	10	INDIAN CREEK 17-06.00
4 JOHNSTON, THOMAS	09	BUREAU	5-08.00	13	SCHIELEIN, DANE	10	DIXON 17-05.00
9 RAMSEY, IAN	09	GENESEO	5-06.00	14	TRONE, DANIEL	10	BUREAU 17-03.50
9 WILSON, JAY	11	GENESEO	5-06.00	15	JOHNSTON, THOMAS	09	BUREAU 16-09.25
11 SPRINGER, CHUCK	12	GENESEO	5-02.00	16	NEWMAN, NICK	10	OREGON 16-09.00
11 DREW, JOSH	10	OREGON	5-02.00	17	GONZALEZ, EMILIO	12	DIXON 16-07.50
13 STRONG, WILLIE	09	STERLING	5-00.00	18	SCHOFF, TUCKER	10	BUREAU 16-07.00
--- MOONEY, CONOR	11	BUREAU	NH	19	LAMENDOLA,	10	DIXON 16-06.75
--- HAXBY, KALEB	9	GENESEO	NH	20	CAMPBELL, LUCAS	09	STERLING 16-04.75
--- O'BRIEN, BRENNAN	10	BUREAU	NH	21	CHESHIRE, LOGAN	09	STERLING 16-02.00
--- SHIPP, PAYTON	09	BUREAU	NH	22	GILLIHAN, CANAAN	09	STERLING 16-01.00
--- CAMPBELL, LUCAS	09	STERLING	NH	23	FOWKES, GAIJE	11	STERLING 15-10.50
--- URESTI, JOSE	09	STERLING	NH	24	STRONG, WILLIE	09	STERLING 15-08.00
--- BLACKERT,	10	BUREAU	NH	25	MENDOZA, JEREMY	10	GENESEO 15-05.50
--- SEARS, GAGE	09	GENESEO	NH	26	DYKSTRA, DYLAN	11	BUREAU 15-05.00
--- PETERSON, COLTON	10	BUREAU	NH	27	METCALF, AARON	10	GENESEO 15-03.50
--- LYON, DYLAN	09	GENESEO	NH	28	WEBER, BAILEY	10	GENESEO 14-10.00
--- JOHNSON, ASHER	09	GENESEO	NH	29	URESTI, JOSE	09	STERLING 14-08.75
--- SMITH, ANDREW	10	BUREAU	NH	30	BRIGHT, BAILEY	09	OREGON 14-06.50
Event 4 Boys Pole Vault				31	SEARS, GAGE	09	GENESEO 14-04.50
Name	Yr	School	Finals	31	SHIPP, PAYTON	09	BUREAU 14-04.50
Finals				33	GILL, SUHK	09	OREGON 14-02.00
1 PLATZ, ALEX	11	GENESEO	12-00.00	34	ZALZALAH, ZACH	10	OREGON 14-00.00
2 MCCOURT, AUSTIN	12	OREGON	J12-00.00	35	NORVILLE, CALEB	09	GENESEO 13-09.50
3 WILSON, JAY	11	GENESEO	J12-00.00	36	JARIGESE, THOMAS	10	BUREAU 13-05.50
4 CHROMEK, JOSH	12	STERLING	J12-00.00	37	SLECK, A		ROCK FALLS 11-11.50
5 SCHMIDT, MARK	11	OREGON	11-00.00	38	GUAJARDO, TONY	09	OREGON 11-06.00
6 MOHR, JESSE	12	GENESEO	10-06.00	39	JOHNSON, ASHER	09	GENESEO 11-04.00
7 DAWSON, ZACH	12	DIXON	10-00.00	40	MIRTOSKI, RIZA	09	BUREAU 11-00.50
8 CATER, BRANDON	12	STERLING	9-00.00	---	MCCALLISTER,	12	STERLING ND
9 RIPPY, XAVIER	11	ROCK FALLS	8-06.00	Event 8 Boys Triple Jump			
10 COURSEY, CADE	09	STERLING	7-06.00	Name Yr School Finals			
11 COOK, A		ROCK FALLS	7-00.00	Finals			
12 MORTONSON, A		ROCK FALLS	6-06.00	1	HENKEL, ZACHARY	12	DIXON 40-06.25
--- WATSON, PARKER	12	ROCK FALLS	NH	2	HOFFERT, LOGAN	11	BUREAU 39-04.00
--- RUTHERFORD,	10	OREGON	NH	3	BEARD, JOSH	09	GENESEO 38-11.50
--- GRAY, ANDREW	09	STERLING	NH	4	THOMPSON, MASON	11	ROCK FALLS 38-05.50
Event 6 Boys Long Jump				5	KLEVELAND, JAKE	11	OREGON 36-09.50
Name	Yr	School	Finals	6	FOWKES, GAIJE	11	STERLING 35-10.00
Finals				7	SCHIELEIN, DANE	10	DIXON 35-00.50
1 GOAD, SCOTT	12	DIXON	20-03.25	8	PEUGH, TYLER	12	STERLING 34-09.00
2 WORLEY, JOHN	11	DIXON	20-01.50	9	CHESHIRE, LOGAN	09	STERLING 34-03.75
3 SEELEY, JUSTIN	10	GENESEO	19-08.00	10	REYNOLDS, A		ROCK FALLS 33-10.00
4 NEUHALFEN, PARKER	09	BUREAU	19-00.50	11	PETZER, NATHAN	12	BUREAU 32-05.50
				12	BLACKERT,	10	BUREAU 30-06.75
				13	O'BRIEN, BRENNAN	10	BUREAU 29-08.00
				14	CAMPBELL, LUCAS	09	STERLING 29-00.00
				15	GILL, SUHK	09	OREGON 27-08.00

Gold Medal Meet - 3/3/2012

Sterling Westwood Track

Results

Finals ... (Event 8 Boys Triple Jump)

Name	Yr	School	Finals
--- HAMMER, TYLER	09	OREGON	ND
--- OSBORNE, JAKE	12	OREGON	ND

Event 10 Boys Shot Put

Name	Yr	School	Finals
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Finals

1 WEIDNER, ADAM	12	BUREAU	53-08.00
2 HUFFMAN, JOE	12	GENESEO	52-06.00
3 SHIPPET, JON	12	DIXON	46-08.00
4 MARMION, A.J.	10	GENESEO	42-11.00
5 LUEPKES, DAVID	12	OREGON	41-07.00
6 SIGWARDS, LUCAS	12	DIXON	39-06.50
7 ALLEN, RYAN	11	BUREAU	39-04.00
7 HALL, ANDREW	12	INDIAN CREEK	39-04.00
9 SMITH, ANDREW	11	DIXON	38-06.00
10 DANIELS, DANNY	11	OREGON	38-05.00
11 MARTINEZ, MATT	11	DIXON	38-02.00
12 PANICUCCI,	11	GENESEO	37-11.00
13 DINGMAN, A		ROCK FALLS	37-08.50
14 VERBECK, NICK	10	GENESEO	37-07.00
15 HOHLEN, JUSTIN	11	DIXON	37-02.00
16 BUCKMAN, JUSTIN	10	BUREAU	36-07.00
16 SIETTER, AUSTIN	10	BUREAU	36-07.00
18 EUELL, A		ROCK FALLS	36-03.00
19 KNIE, JOSH	10	STERLING	36-01.00
20 DIXON, SHANE	11	GENESEO	35-05.00
21 LAUER, JAKE	12	OREGON	35-00.00
22 SMITH, ROBERT	10	GENESEO	34-04.00
22 COLEMAN, JAVAN	12	STERLING	34-04.00
24 MIKAN, DILLION	09	STERLING	34-01.00
25 BILLINGS, JACOB	10	ROCK FALLS	33-07.00
26 EICHELBERGER,	11	STERLING	33-04.00
27 JENSEN, TANNER	09	STERLING	32-11.00
28 STERENBERG., SHANE	11	STERLING	32-09.00
29 EAKER, JACOB	10	GENESEO	32-02.00
30 FEAZEL, BEN	11	OREGON	32-00.00
31 VILLARREAL, JOSH	11	STERLING	31-10.00
32 FASSLER, LOGAN	10	DIXON	31-05.00
33 ELSTON, CODY	12	STERLING	30-08.00
34 DRAWYER, A		ROCK FALLS	30-07.00
35 GILBERT, ANDY		OREGON	30-04.00
36 SPRIER, A		ROCK FALLS	29-11.50
37 HELANDER, ALEX	09	DIXON	29-11.00
38 ENGLEBARTS, KALEB	10	STERLING	29-07.00
38 BRYANT, KEAGAN	11	STERLING	29-07.00
40 FELLOWS, .	10	ROCK FALLS	29-00.50
41 ESCAMILLA, JOEY	12	STERLING	28-08.00
42 SWANSON, A		ROCK FALLS	28-07.00
43 NELSON, ANDREW	12	BUREAU	28-05.00
44 MANNON, DYLAN	09	GENESEO	28-04.50
45 WOLBER, JASON	09	STERLING	28-03.00
45 HALL, BLAKE	10	STERLING	28-03.00
47 FERENCAK, LUKE	10	OREGON	28-02.00
48 CARR, AUSTIN	11	OREGON	27-09.00

49 COACKLEY,	12	STERLING	27-08.00
50 LABASH, DAVID	09	OREGON	27-03.50
51 MACQUARRIE,	10	BUREAU	26-04.00
52 ANYA, NESTOR	09	OREGON	25-03.00
53 PRITCHARD, GRANT	09	GENESEO	24-00.00
54 NOON, BRYCE	09	OREGON	20-04.00
55 ENNENGA, JOHN	10	STERLING	14-11.00

Event 12 Boys 4x800 Meter Relay

Team	Relay	Finals
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Finals

1 DIXON	A	8:57.07
2 BUREAU VALLEY	A	9:08.99
3 GENESEO	A	9:26.88
4 OREGON	A	9:27.92
5 ROCK FALLS	A	9:41.78
6 GENESEO	B	9:53.22

Event 14 Boys 55 Meter Dash

Name	Yr	School	Finals
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Finals

1 WORLEY, JOHN	11	DIXON	6.76
2 LEAF, A		ROCK FALLS	6.79
3 SCHWINDENHAMMER	10	ROCK FALLS	6.95
4 NEWMAN, NICK	10	OREGON	6.96
5 OSBORNE, JAKE	12	OREGON	7.05
6 RODRIGUEZ, ALEX	12	STERLING	7.05
7 SMITH, JAKE	12	OREGON	7.05
8 MIKAN, DALE	10	STERLING	7.09
9 SHIPPET, JON	12	DIXON	7.11
10 GULLSTRAND, JAKE	11	INDIAN CREEK	7.11
11 KONNECK, KRISTIAN	11	BUREAU	7.13
12 THOMPSON, MASON	11	ROCK FALLS	7.19
13 TABER, ZACH	12	GENESEO	7.22
14 GIESON, JD	09	DIXON	7.26
15 PITRA, RYAN	09	GENESEO	7.27
16 WEBSTER, RYAN	10	GENESEO	7.27
17 PEUGH, TYLER	12	STERLING	7.29
18 WHITE, JUSTIN	11	DIXON	7.29
19 MUETZE, STEPHEN	10	INDIAN CREEK	7.30
20 CARR, AUSTIN	11	OREGON	7.35
21 KRIVAK, JOE	11	DIXON	7.39
22 ARNDT, SAM	09	GENESEO	7.45
23 HARPER, JEREMY	09	GENESEO	7.47
24 ANDERSEN, JOE	11	DIXON	7.52
25 KING, BRANDON	11	STERLING	7.54
26 ZALZALAH, ZACH	10	OREGON	7.56
27 METCALF, AARON	10	GENESEO	7.58
28 WEBER, BAILEY	10	GENESEO	7.61
29 HOPP, THOMAS	10	DIXON	7.64
30 BLACKERT,	10	BUREAU	7.64
31 FISHER, JOE	10	BUREAU	7.66
32 VILLA, ADRIAN	10	ROCK FALLS	7.66
33 MEERT, TANGUY		OREGON	7.67
34 DRAWYER, A		ROCK FALLS	7.75
35 STRONG, WILLIE	09	STERLING	7.76

Gold Medal Meet - 3/3/2012

Sterling Westwood Track

Results

Finals ... (Event 14 Boys 55 Meter Dash)

Name	Yr	School	Finals
36 HAXBY, KALEB	9	GENESEO	7.82
37 URESTI, JOSE	09	STERLING	7.86
38 DOUGLAS, QUINTON	09	DIXON	7.86
39 SCHACKELFORD, ASA	11	GENESEO	7.89
40 ROMERO, PHILLIPE		OREGON	7.91
41 SUDDETH, CODY	09	INDIAN CREEK	8.03
42 COOK, A		ROCK FALLS	8.05
43 SLECK, A		ROCK FALLS	8.07
44 MASSEY, TANNER	09	STERLING	8.12
45 MENDOZA, JEREMY	10	GENESEO	8.13
46 NORVILLE, CALEB	09	GENESEO	8.21
47 O'BRIEN, BRENNAN	10	BUREAU	8.22
48 BRIGHT, BAILEY	09	OREGON	8.26
49 JARIGESE, THOMAS	10	BUREAU	8.28
50 QUIROZ, JAVIER	09	STERLING	8.33
51 BILLINGS, JACOB	10	ROCK FALLS	8.43
52 GILL, SUHK	09	OREGON	8.57
53 MIRTOSKI, RIZA	09	BUREAU	8.68
54 GUAJARDO, TONY	09	OREGON	8.72
55 HAMMER, TYLER	09	OREGON	8.76
56 MCCLANE, JAKE	09	INDIAN CREEK	8.93
57 SPRIER, A		ROCK FALLS	9.58

Event 16 Boys 55 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 BARTON, BRADEN	12	OREGON	8.32
2 HOFFERT, LOGAN	11	BUREAU	8.69
3 BLANCAS, EDUARDO	12	STERLING	8.71
4 FETZER, NATHAN	12	BUREAU	9.16
5 JOHNSON, TRAVIS	11	ROCK FALLS	9.17
6 YEATER, CAMERON	11	GENESEO	9.20
7 KLEVELAND, JAKE	11	OREGON	9.21
8 TRONE, DANIEL	10	BUREAU	9.26
9 WATSON, PARKER	12	ROCK FALLS	9.28
10 SEELEY, JUSTIN	10	GENESEO	9.32
11 RUTHERFORD,	10	OREGON	9.32
12 CHROMEK, JOSH	12	STERLING	9.32
13 SCHOFF, TUCKER	10	BUREAU	9.55
14 WILSON, JAY	11	GENESEO	9.84
15 DREW, JOSH	10	OREGON	10.49
16 MORTONSON, A		ROCK FALLS	10.57
17 REYNOLDS, A		ROCK FALLS	10.82
18 LYON, DYLAN	09	GENESEO	11.03
19 PARKS, GARRETT	10	INDIAN CREEK	15.70
--- COURSEY, CADE	09	STERLING	X9.53
--- QUIROZ, JAVIER	09	STERLING	X9.62
--- AGUILAR, DIEGO	11	STERLING	X10.17

Event 18 Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 DIXON	A	1:35.93
2 BUREAU VALLEY	A	1:38.19

3 ROCK FALLS	A	1:38.77
4 OREGON	A	1:40.16
5 GENESEO	A	1:42.08
6 STERLING	A	1:44.78
7 DIXON	B	1:46.28
8 GENESEO	B	1:46.33
9 STERLING	B	1:47.58
10 INDIAN CREEK	A	2:00.34

Event 20 Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 JONES, NICK	12	OREGON	2:08.76
2 JOHNSON, DERRICK	12	BUREAU	2:12.14
3 WOODBURY, ZACH	12	INDIAN CREEK	2:12.45
4 HUMMEL, ROY	11	DIXON	2:13.82
5 TAYLOR, RYAN	10	BUREAU	2:14.51
6 GRADY, EVAN	09	DIXON	2:15.39
7 CASTRO, LUIS	09	STERLING	2:18.22
8 RAHN, JACOB	11	GENESEO	2:18.37
9 EASTWOOD, KANE	10	BUREAU	2:18.43
10 TRANCOSO, DAKOTA	10	STERLING	2:19.35
11 CHESHIRE, LOGAN	09	STERLING	2:19.67
12 CERVANTES, A		ROCK FALLS	2:22.04
13 PETERSON, COLTON	10	BUREAU	2:23.12
14 DANIELS, DANNY	11	OREGON	2:23.44
15 LAMB, MITCHELL	10	GENESEO	2:24.59
16 DYKSTRA, DYLAN	11	BUREAU	2:25.86
17 MOONEY, CONOR	11	BUREAU	2:27.46
18 SMITH, ANDREW	10	BUREAU	2:27.46
19 PALMER, MICAH	10	STERLING	2:29.13
20 KOOY, CHRIS	10	DIXON	2:32.73
21 HAYES, DAYTON	12	STERLING	2:35.11
22 GILKEY, A		ROCK FALLS	2:35.86
23 KEPNER, DALTON	09	BUREAU	2:38.41

Event 22 Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 GULLSTRAND, JAKE	11	INDIAN CREEK	53.99
2 NEUHALFEN, PARKER	09	BUREAU	55.95
3 SCHEILEIN, IAN	12	DIXON	56.15
4 HOFFERT, LOGAN	11	BUREAU	56.16
5 WELFER, GRIFFIN	10	GENESEO	57.11
6 JOHNSON, RYAN		BUREAU	58.06
7 KONNECK, KRISTIAN	11	BUREAU	58.07
8 SCHOFF, TUCKER	10	BUREAU	58.20
9 THOMPSON, MASON	11	ROCK FALLS	58.40
10 ANDERSEN, JOE	11	DIXON	58.42
11 CARR, AUSTIN	11	OREGON	58.65
12 BEARD, JOSH	09	GENESEO	59.00
13 RUTHERFORD,	10	OREGON	59.23
14 GONZALEZ, EMILIO	12	DIXON	59.31
15 MUETZE, STEPHEN	10	INDIAN CREEK	1:00.03
16 JOHNSTON, THOMAS	09	BUREAU	1:00.56
17 HOPP, THOMAS	10	DIXON	1:00.83

Gold Medal Meet - 3/3/2012

Sterling Westwood Track

Results

Finals ... (Event 22 Boys 400 Meter Dash)

Name	Yr	School	Finals
18 FISHER, JOE	10	BUREAU	1:00.84
19 SORBEL, ERIC	09	INDIAN CREEK	1:02.08
20 DELAFUENTE, PETER	09	STERLING	1:02.62
21 YOUNG, SETH	11	GENESEO	1:02.82
22 BRUCE, DIMITRI	09	STERLING	1:04.72
23 SHIPP, PAYTON	09	BUREAU	1:05.47
24 SEARS, GAGE	09	GENESEO	1:07.03

Event 24 Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 HARKNESS, DYLAN	12	STERLING	4:39.51
2 THORPE, SIMON	10	DIXON	4:43.10
3 MITCHELL, SKYLAR	10	DIXON	4:47.88
4 JONES, NICK	12	OREGON	5:01.42
5 LAWSON, MITCHELL	11	GENESEO	5:05.21
6 BURKHART, AUSTIN	10	OREGON	5:05.21
7 ROCHA, ETHAN	09	STERLING	5:05.66
8 CHENOWETH, DAVID	09	GENESEO	5:06.87
9 SONDGEROTH, CODY	10	DIXON	5:06.99
10 WELLER, ADAM	09	OREGON	5:11.54
11 LANDIS, JOSH	12	STERLING	5:11.61
12 WOODBURY, ZACH	12	INDIAN CREEK	5:11.81
13 HANSEN, CODY	10	STERLING	5:13.03
14 ALSTON, ZACH	9	STERLING	5:13.68
15 TREVINO, AUSTIN	10	DIXON	5:17.75
16 GATTER, TONY	10	GENESEO	5:20.41
17 FASSETT, NOLAN	09	GENESEO	5:24.72
18 GUTERREZ, A		ROCK FALLS	5:25.33
19 HEATH, SCOTT	10	DIXON	5:29.63
20 WYCKSTANDT, A		ROCK FALLS	5:34.43
21 SMITH, ANDREW	10	BUREAU	5:54.01
22 PARKS, GARRETT	10	INDIAN CREEK	6:01.15
23 HARSHMAN, JACOB	09	OREGON	6:12.84
24 ADAMS, BRANDON	10	STERLING	7:47.12

Event 26 Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 GULLSTRAND, JAKE	11	INDIAN CREEK	24.30
2 SMITH, JAKE	12	OREGON	24.78
3 KONNECK, KRISTIAN	11	BUREAU	24.88
4 NEWMAN, NICK	10	OREGON	24.92
5 ADAMS, JAKE	11	OREGON	25.01
6 RODRIGUEZ, ALEX	12	STERLING	25.15
7 SCHEILEIN, IAN	12	DIXON	25.67
8 EUELL, A		ROCK FALLS	25.77
9 BARTON, BRADEN	12	OREGON	25.88
10 DHAESE, PIERCE	10	OREGON	26.07
11 MUETZE, STEPHEN	10	INDIAN CREEK	26.10
12 MIKAN, DALE	10	STERLING	26.21
13 PEUGH, TYLER	12	STERLING	26.23
14 ANDERSEN, JOE	11	DIXON	26.39
15 DREW, JOSH	10	OREGON	26.43

16 GONZALEZ, EMILIO	12	DIXON	26.66
17 BRYANT, KEAGAN	11	STERLING	26.87
18 MOONEY, CONOR	11	BUREAU	27.03
19 HOPP, THOMAS	10	DIXON	27.12
20 JOHNSTON, THOMAS	09	BUREAU	27.27
21 DAWSON, ZACH	12	DIXON	27.37
22 BLACKERT,	10	BUREAU	27.39
23 FETZER, NATHAN	12	BUREAU	27.67
24 KRIVAK, JOE	11	DIXON	27.69
25 FISHER, JOE	10	BUREAU	27.72
26 MEERT, TANGUY		OREGON	28.19
27 YOUNG, SETH	11	GENESEO	28.76
28 SORBEL, ERIC	09	INDIAN CREEK	28.85
29 MENDOZA, JEREMY	10	GENESEO	29.22
30 SUDDETH, CODY	09	INDIAN CREEK	29.27
31 NORVILLE, CALEB	09	GENESEO	29.34
32 BRIGHT, BAILEY	09	OREGON	29.97
33 SHIPP, PAYTON	09	BUREAU	30.13
34 GILL, SUHK	09	OREGON	30.45
35 JARIGESE, THOMAS	10	BUREAU	30.65
36 JOHNSON, ASHER	09	GENESEO	30.66
37 LYON, DYLAN	09	GENESEO	30.79
38 SLECK, A		ROCK FALLS	30.80
39 SHEETS, ELLIOT	09	STERLING	30.92
40 MIRTOSKI, RIZA	09	BUREAU	31.90
41 GUAJARDO, TONY	09	OREGON	32.31
42 MCCLANE, JAKE	09	INDIAN CREEK	32.49

Event 28 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 DIXON	A	3:39.60
2 BUREAU VALLEY	A	3:40.22
3 STERLING	A	3:49.18
4 BUREAU VALLEY	B	3:57.42
5 GENESEO	A	3:59.90
6 DIXON	C	4:00.29
7 GENESEO	C	4:07.36
8 DIXON	B	4:07.45
9 STERLING	B	4:10.28
10 GENESEO	B	4:15.47
11 ROCK FALLS	A	4:16.75
12 GENESEO	D	4:19.55
13 DIXON	D	4:24.45

GENESEO TEAM SPLIT PAGE

MEET: Sterling Gold Medal Invitational

SITE: Sterling Westwood Sports Complex

TIMING SYSTEM: FAT

TEAM SCORES: (meet not scored)

- Bureau Valley, Dixon, Geneseo, Indian Creek Oregon, Rock Falls, Sterling

WEATHER CONDITIONS: Indoors...perfect

RELAY & DISTANCE RACE SPLITS

800 METER RUN

- 8.) Jacob Rahn: 2:18.3713c (69 – 69)
- 13.) Mitchell Lamb: 2:24.35c (71 – 73)

800 METER RELAY

- **A-TEAM: 5TH Place (1:41.84c)**
 - Justin Seeley: 24.40
 - Ryan Webster: 25.13
 - Sam Arndt: 25.70
 - Jeremy Harper: 26.47
- **B-TEAM: 8TH Place (1:46.09c)**
 - Ian Ramsey: 26.00
 - Zach Taber: 27.16
 - Asa Schackelford: 27.47
 - Alex Platz: 25.37

1600 METER RUN

- 5.) Mitchell Lawson: 5:04.97c (75 – 2:30 (75) – 3:52 (82) – 5:04 (72)
- 8.) David Chenoweth: 5:06.63c (74 – 2:30 (76) – 3:52 (82) – 5:06 (74)
- 16.) Tony Gatter: 5:20.17c (71 – 2:31 (80) – 3:56 (85) – 5:20 (84)
- 17.) Nolan Fassett: 5:24.48c (77 – 2:38 (81) – 4:04 (85) – 5:24 (80)

1600 METER RELAY

- **A-TEAM: 5TH Place (3:59.66c)**
 - Josh Beard: 59.28
 - Griffin Welfer: 1:00.94
 - Ryan Webster: 1:02.13
 - Justin Seeley: 57.21

- **GO TO NEXT PAGE**

- **B-TEAM: 7TH Place (4:07.12c)**
 - Mitchell Lawson: 59.94
 - Bailey Weber: 1:04.18
 - Mitchell Lamb: 1:03.16
 - Jacob Rahn: 59.75
- **C-TEAM: 10th Place (4:15.23c)**
 - Ian Ramsey: 1:03.03
 - Tyler Milroy: 1:05.93
 - Sam Arndt: 1:04.83
 - Cameron Yeater: 1:01.55
- **D-TEAM: 12TH Place (4:19.31c)**
 - Jacob Miller: 1:04.12
 - Chaise Blakley: 1:05.23
 - Nolan Fassett: 1:05.28
 - Tony Gatter: 1:04.40

3200 METER RELAY

- **A-TEAM: 3rd Place (9:26.64c)**
 - Mitchell Lawson: 2:17.12 (65 – 72)
 - Griffin Welfer: 2:24.96 (72 – 72)
 - Mitchell Lamb: 2:28.69 (71 – 77)
 - Jacob Rahn: 2:16.50 (65 – 71)
- **B-TEAM: 6th Place (9:52.98c)**
 - Jacob Miller: 2:32.21 (67 – 85)
 - Chaise Blakley: 2:26.93 (70 – 76)
 - Nolan Fassett: 2:28.21 (71 – 77)
 - Tony Gatter: 2:25.71 (71 – 74)