



DISTANCE SQUAD LEADS TEAM

Pictured are Row 1: Mitchell Lamb, Tony Gatter, Griffin Welfer, Jacob Miller; and Row 2: Jacob Rahn, Mitchell Lawson, Jordan Starkey, Branden Smith, Kyle Reiling, and Josh Lawson. These boys scored 1-2 finishes in the 3200 Relay, 3200, and 1600 meter runs.

LEAFS EARN BRONZE IN DIXON & STERLING TRIANGULAR

On Tuesday, May 3rd, the Leafs played host to the Dixon Dukes and Sterling Golden Warriors. The weather man continued his nasty treatment with strong winds (18 mph) and daytime highs in the high 40's. The meet was on the bubble (because of the weather) and the final decision was a go. The Leafs were led by 1-2 finishes of Mitchell Lawson and Tony Gatter (3200 Meter Run), Kyle Reiling and Jordan Starkey (1600 Meter Run), and the A and B 3200 Relay teams of (A-Team) Jordan Starkey, Kyle Reiling, Branden Smith, Jacob Rahn and (B-Team) Griffin Welfer, Josh Lawson, Mitchell Lamb, and Jacob Miller. Scoring in triangulars is 5-3-2-1 in individual events and 5-3-0 in relays.

Leafs who scored in the meet are listed below

- 1st Place: Mitchell Lawson (3200 Meter Run)
- 1st Place: Kyle Reiling (1600 Meter Run)
- 1st Place: Jordan Starkey, Kyle Reiling, Branden Smith, Jacob Rahn (3200 Meter Relay)
- 2nd Place: Tony Gatter (3200 Meter Run)
- 2nd Place: Billy Hamer (400 Meter Dash)
- 2nd Place: Dugan Kuffel (300 Intermediate Hurdles)
- 2nd Place: A.J. Marmion (Discus)
- 2nd Place: Alex Platz (High Jump)
- 2nd Place: Jordan Starkey (1600 Meter Run)
- 2nd Place: Griffin Welfer, Josh Lawson, Mitchell Lamb, and Jacob Miller (3200 Meter Relay)
- 3rd Place: A.J. Marmion (Shot Put)
- 3rd Place: Mark Sliz (100 Meter Dash)
- 4th Place: Dugan Kuffel (110 Meter High Hurdles)
- 4th Place: Jordan Mielke (300 Meter Intermediate Hurdles)
- 4th Place: Mark Sliz (Long Jump)
- 4th Place: Branden Smith (400 Meter Dash)

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Geneseo, IL

Team Rankings - Through Event 18

Male Team Scores

Place	School		Points
1	Sterling	STER	77.50
2	Dixon	DIX	65
3	Geneseo	GEN	43.50
			Total 186.00

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Results

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Commisso, Brian	12	STER	11.30 5
2 Hartz, Corey	12	STER	11.36 3
3 Sliz, Mark	11	GEN	11.58 1.5
3 Peugh, Tyler	11	STER	11.58 1.5
5 LaMendola, Alexander	09	DIX	11.74
6 Cahalan, Chase	9	GEN	11.88
7 Snyder, Luke	9	GEN	12.07
8 Kuffel, Dugan	10	GEN	12.15
9 Scherer, Jack	11	GEN	12.20
10 Mikan, Doug	11	STER	12.22
11 Milroy, Tyler	10	GEN	12.24
12 King, Brandon	10	STER	12.38
13 Waggoner, Dylan	10	GEN	12.48
14 Silver, Isaac	12	GEN	12.51
15 Matthews, Jared	9	GEN	12.52
16 McCallister, Darren	11	STER	12.73
17 Young, Seth	10	GEN	13.06
18 Schielein, Dane	09	DIX	13.09
19 Haxby, Kaleb	9	GEN	13.39
20 Bordwell, Brian	9	GEN	13.45
21 Bouquet, Alain	12	GEN	13.53
22 Larson, Luke	10	GEN	13.57
23 Wilson, Jay	10	GEN	13.63
24 Gradert, Jakob	11	GEN	13.67
25 Mohr, Jesse	11	GEN	13.76
26 Shaw, Tyler	10	STER	13.82
27 Olson, Chris	10	GEN	14.59
28 Iverson, Ryan	12	GEN	15.00
--- Gulley, Terrion	12	STER	DQ
--- Platz, Alex	10	GEN	SCR
--- Miller, Garrett	10	GEN	SCR
--- Westpfahl, Justin	12	STER	SCR
--- Taber, Zach	11	GEN	SCR

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Commisso, Brian	12	STER	23.41 5
2 Mason, Kyle	12	STER	24.04 3
3 Peugh, Tyler	11	STER	24.30 2
4 Gonzalez, Emilio	11	DIX	25.01 1
5 Snyder, Luke	9	GEN	25.28
6 Grove, Jacob	12	DIX	25.34
7 Milroy, Tyler	10	GEN	25.50
8 King, Brandon	10	STER	25.60
9 Waggoner, Dylan	10	GEN	25.80
10 Yabrough, Anthony	12	STER	25.90
11 Gulley, Terrion	12	STER	26.00
12 Mikan, Dale	09	STER	26.10
13 Scherer, Jack	11	GEN	26.20
14 Webster, Ryan	9	GEN	26.80
15 Wilson, Seth	9	GEN	26.90

16 McCallister, Darren	11	STER	27.10
16 Larson, Luke	10	GEN	27.10
16 Matthews, Jared	9	GEN	27.10
19 Taber, Zach	11	GEN	27.40
20 Bordwell, Brian	9	GEN	27.80
21 Young, Seth	10	GEN	28.70
22 Wilson, Jay	10	GEN	28.80
23 Shaw, Tyler	10	STER	29.20
24 Mohr, Jesse	11	GEN	29.30
25 Haxby, Kaleb	9	GEN	29.50
26 Iverson, Ryan	12	GEN	31.40
--- Miller, Garrett	10	GEN	SCR
--- Bouquet, Alain	12	GEN	SCR
--- Silver, Isaac	12	GEN	SCR
--- Rusk, Tyler	11	GEN	SCR
--- Gradert, Jakob	11	GEN	SCR
--- Platz, Alex	10	GEN	SCR
--- Westpfahl, Justin	12	STER	SCR
--- Hartz, Corey	12	STER	SCR

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Hartz, Corey	12	STER	51.89 5
2 Hamer, Billy	12	GEN	52.31 3
3 Scheilein, Ian	11	DIX	56.19 2
4 Smith, Branden	12	GEN	57.35 1
5 Hartz, Cornell	10	STER	57.75
6 Claus, Sawyer	10	GEN	58.75
7 Miller, Jacob	10	GEN	1:00.26
8 Schielein, Dane	09	DIX	1:00.70
9 Reschke, Jordan	10	GEN	1:01.98
10 Matthews, Jared	9	GEN	1:02.63
11 Young, Seth	10	GEN	1:03.16
12 Wilson, Seth	9	GEN	1:05.86
13 Aguilar, Christian		STER	1:08.19
14 Haxby, Kaleb	9	GEN	1:11.49
--- Penalfor, Draque	09	STER	SCR
--- Sliz, Mark	11	GEN	SCR
--- Miller, Garrett	10	GEN	SCR
--- Welfer, Griffin	9	GEN	SCR

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Harkness, Dylan	11	STER	2:04.16 5
2 Brenner, Aaron	11	STER	2:06.06 3
3 Landis, Jacob	12	STER	2:11.03 2
4 Clifton, Robert	12	STER	2:14.72 1
5 Hummel, Roy	10	DIX	2:15.85
6 Sigwalt, Thomas	12	GEN	2:21.22
7 Bushaw, Brent	12	STER	2:22.88
8 Rahn, Jacob	10	GEN	2:26.69
9 Geffert, Sean	9	GEN	2:27.82
10 Hanson, Cody	09	STER	2:30.63
11 Palmer, Micah	09	STER	2:31.10

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Results

Finals ... (Boys 800 Meter Run)

Name	Yr	School	Finals
12 McCormick, Willy	09	STER	2:31.63
13 Hultman, Ethan	9	GEN	2:39.19
14 Urrutia, Justin	10	DIX	2:46.44
--- Trancosco, Dakota	09	STER	SCR
--- Dirks, Matt	11	STER	SCR

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Reiling, Kyle	11	GEN	4:44.44 5
2 Starkey, Jordan	10	GEN	4:48.72 3
3 Hummel, Roy	10	DIX	4:52.25 2
4 Mitchell, Skylar	09	DIX	4:58.76 1
5 Landis, Josh	11	STER	5:10.03
6 Lamb, Mitchell	9	GEN	5:11.12
7 Lawson, Josh	12	GEN	5:11.79
8 Lawson, Mitchell	10	GEN	5:16.10
9 Blakley, Chaise	9	GEN	5:32.00
10 Mullin, John	12	GEN	5:37.19
11 Christensen, Mickey	11	GEN	5:43.47
12 Geffert, Sean	9	GEN	5:54.50
13 Koisti, Evan	10	GEN	5:54.69
14 Adams, Brandon	09	STER	7:29.91
--- Heath, Scott	09	DIX	SCR
--- Gatter, Tony	9	GEN	SCR
--- Mackey, Chris	10	STER	SCR
--- Hultman, Ethan	9	GEN	SCR

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Lawson, Mitchell	10	GEN	11:38.91 5
2 Gatter, Tony	9	GEN	11:40.97 3
3 Trevino, Austin	09	DIX	11:54.28 2
4 Mackey, Chris	10	STER	11:59.04 1
--- Lawson, Josh	12	GEN	SCR

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Laskowski, Ricky	12	DIX	14.99 5
2 Schneiderbauer, Mike	11	STER	16.02 3
3 Blancas, Eduardo	11	STER	17.52 2
4 Kuffel, Dugan	10	GEN	17.60 1
5 Interone, Keanu	10	STER	17.80
6 Mielke, Jordan	9	GEN	18.39
7 Hugunin, Daniel	11	STER	18.82
8 Seeley, Justin	9	GEN	18.85
9 Chromek, Josh	11	STER	19.79
10 Gulley, Terrion	12	STER	22.20
11 Fowkes, Gaije	10	STER	22.28
--- Yeater, Cam	10	GEN	DQ
--- Weitz, Falco	11	STER	SCR

Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Laskowski, Ricky	12	DIX	41.57 5
2 Kuffel, Dugan	10	GEN	43.72 3
3 Blancas, Eduardo	11	STER	46.32 2
4 Mielke, Jordan	9	GEN	47.26 1
5 Yeater, Cam	10	GEN	47.73
6 Hugunin, Daniel	11	STER	48.20
7 Seeley, Justin	9	GEN	48.57
7 Interone, Keanu	10	STER	48.57
9 Grove, Jacob	12	DIX	49.26
10 Chromek, Josh	11	STER	50.94
11 Schneiderbauer, Mike	11	STER	50.99
--- Fowkes, Gaije	10	STER	SCR
--- Weitz, Falco	11	STER	SCR
--- Yabrough, Anthony	12	STER	SCR
--- Dawson, Zach	11	DIX	SCR
--- Gulley, Terrion	12	STER	SCR

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Dixon	A	45.22 5
1) Diveley, Nathan 12	2) Worley, John 10	
3) Henkel, Zachary 11	4) Goad, Scott 11	
2 Sterling	A	46.03 3
1) Commisso, Brian 12	2) Rodriguez, Alex 11	
3) Mason, Kyle 12	4) Hartz, Corey 12	
3 Geneseo	A	47.43
1) Hamer, Billy 12	2) Snyder, Luke 9	
3) Cahalan, Chase 9	4) Sliz, Mark 11	
4 Sterling	B	48.87
1) Mikan, Doug 11	2) Garcia, Andrew 10	
3) King, Brandon 10	4) Whittaker, Tre 10	
5 Sterling	C	48.95

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Dixon	A	1:33.69 5
1) Worley, John 10	2) Diveley, Nathan 12	
3) Laskowski, Ricky 12	4) Goad, Scott 11	
2 Sterling	A	1:37.38 3
1) Commisso, Brian 12	2) Rodriguez, Alex 11	
3) Rivera, Alejandro 11	4) Mason, Kyle 12	
3 Geneseo	A	1:41.50
1) Rusk, Tyler 11	2) Scherer, Jack 11	
3) Waggoner, Dylan 10	4) Webster, Ryan 9	
4 Sterling	B	1:42.79
1) Mikan, Dale 09	2) Garcia, Andrew 10	
3) King, Brandon 10	4) Whittaker, Tre 10	

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Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Dixon	A	3:36.71 5
1) Diveley, Nathan 12	2) Christ, Andrew 12	
3) Henkel, Zachary 11	4) LaMendola, Alexander 09	
2 Sterling	A	3:37.34 3
1) Rodriguez, Alex 11	2) Brenner, Aaron 11	
3) Rivera, Alejandro 11	4) Hartz, Cornell 10	
3 Geneseo	A	3:44.68
1) Hamer, Billy 12	2) Smith, Branden 12	
3) Welfer, Griffin 9	4) Claus, Sawyer 10	
4 Geneseo	B	3:56.95
1) Reiling, Kyle 11	2) Starkey, Jordan 10	
3) Lawson, Mitchell 10	4) Sigwalt, Thomas 12	
5 Geneseo	C	4:09.66
1) Rahn, Jacob 10	2) Miller, Jacob 10	
3) Reschke, Jordan 10	4) Mullin, John 12	
--- Sterling	C	SCR
1) Hanson, Cody 09	2) Trancosco, Dakota 09	
3) Palmer, Micah 09	4) McCormick, Willy 09	
--- Sterling	B	SCR
1) Harkness, Dylan 11	2) Landis, Jacob 12	
3) Clifton, Robert 12	4) Penalfor, Draque 09	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Geneseo	A	8:49.50 5
1) Starkey, Jordan 10	2) Reiling, Kyle 11	
3) Smith, Branden 12	4) Rahn, Jacob 10	
2 Geneseo	B	9:16.70 3
1) Welfer, Griffin 9	2) Lawson, Josh 12	
3) Lamb, Mitchell 9	4) Miller, Jacob 10	
3 Sterling	A	9:23.80
1) Hanson, Cody 09	2) Mason, Kyle 12	
3) Palmer, Micah 09	4) McCormick, Willy 09	
4 Dixon	A	9:26.00
1) Schielein, Dane 09	2) Urrutia, Justin 10	
3) Heath, Scott 09	4) Hummel, Roy 10	
5 Geneseo	C	10:09.10
1) Christensen, Mickey 11	2) Koisti, Evan 10	
3) Mullin, John 12	4) Reschke, Jordan 10	

Boys High Jump

Name	Yr	School	Finals
Finals			
1 Goad, Scott	11	DIX	5-05.00 5
2 Platz, Alex	10	GEN	5-03.00 3
3 Fowkes, Gaije	10	STER	5-03.00 2
4 Whittaker, Tre	10	STER	5-01.00 0.5
4 Wilson, Seth	9	GEN	5-01.00 0.5
6 Springer, Chuck	11	GEN	5-01.00
6 Webster, Ryan	9	GEN	5-01.00
6 Rusk, Tyler	11	GEN	5-01.00

9 Haxby, Kaleb	9	GEN	4-07.00
9 Olson, Chris	10	GEN	4-07.00
--- Penalfor, Draque	09	STER	NH
--- Dawson, Zach	11	DIX	NH
--- Hartz, Cornell	10	STER	NH
--- Iverson, Ryan	12	GEN	NH
--- Gulley, Terrion	12	STER	SCR
--- Garcia, Andrew	10	STER	SCR
--- Faivre, Alex	10	DIX	SCR
--- Weitz, Falco	11	STER	SCR

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Interone, Keanu	10	STER	12-00.00 5
2 Schneiderbauer, Mike	11	STER	11-06.00 3
3 Chromek, Josh	11	STER	11-06.00 2
4 Dawson, Zach	11	DIX	10-00.00 1
5 Wilson, Jay	10	GEN	9-06.00
6 Mohr, Jesse	11	GEN	9-00.00
7 Platz, Alex	10	GEN	8-06.00
8 Gradert, Jakob	11	GEN	8-06.00
--- Hultman, Ethan	9	GEN	NH
--- Hoogerwerf, Conner	10	GEN	NH
--- Young, Seth	10	GEN	NH
--- Christ, Andrew	12	DIX	SCR
--- Larson, Luke	10	GEN	SCR
--- Faivre, Alex	10	DIX	SCR
--- Weitz, Falco	11	STER	SCR

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Goad, Scott	11	DIX	19-05.00 5
2 Hartz, Cornell	10	STER	19-01.00 3
3 Worley, John	10	DIX	18-10.50 2
4 Sliz, Mark	11	GEN	18-01.00 0.5
4 Rivera, Alejandro	11	STER	18-01.00 0.5
6 Mikan, Doug	11	STER	17-10.00
7 Rusk, Tyler	11	GEN	17-06.00
8 Hamer, Billy	12	GEN	17-03.00
9 Garcia, Andrew	10	STER	17-00.50
10 LaMendola, Alexander	09	DIX	16-10.00
10 Taber, Zach	11	GEN	16-10.00
12 Cahalan, Chase	9	GEN	16-07.00
13 Seeley, Justin	9	GEN	16-00.50
13 Mikan, Dale	09	STER	16-00.50
15 Gonzalez, Emilio	11	DIX	15-10.00
16 Penalfor, Draque	09	STER	15-09.00
17 Miller, Garrett	10	GEN	13-08.50
17 Olson, Chris	10	GEN	13-08.50
19 Iverson, Ryan	12	GEN	13-04.00
--- Fowkes, Gaije	10	STER	SCR
--- Commisso, Brian	12	STER	SCR
--- McCallister, Darren	11	STER	SCR

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Results

Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 Henkel, Zachary	11	DIX	39-03.00 5
2 Schneiderbauer, Mike	11	STER	37-10.00 3
3 Christ, Andrew	12	DIX	37-07.00 2
4 Schielein, Dane	09	DIX	36-09.00 1
5 Claus, Sawyer	10	GEN	36-06.00
6 Mielke, Jordan	9	GEN	36-06.00
7 Cheshire, Chase	12	STER	35-10.00
8 Kuffel, Dugan	10	GEN	35-09.00
9 Garcia, Andrew	10	STER	35-05.00
10 Cahalan, Chase	9	GEN	34-06.50
11 Yeater, Cam	10	GEN	34-04.00
--- Waggoner, Dylan	10	GEN	SCR
--- Fowkes, Gaije	10	STER	SCR

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Shippert, Jon	11	DIX	46-01.00 5
2 Neal, Jordan	11	STER	41-10.00 3
3 Marmion, A.J.	9	GEN	40-05.00 2
4 Sigwards, Lucas	11	DIX	38-09.00 1
5 McPhillips, Mark	11	DIX	35-04.00
6 Hohlen, Justin	10	DIX	34-06.00
6 Sandoval, Adiran	11	STER	34-06.00
8 Dixon, Shane	10	GEN	34-04.00
8 Biellier, Caleb	10	GEN	34-04.00
10 Knie, Josh	09	STER	33-09.00
11 Whitcomb, Tom	09	DIX	33-08.00
12 Zinke, Trevor	11	STER	33-06.00
13 Canalas, William	09	STER	33-02.00
14 Eaker, Jacob	9	GEN	31-09.00
15 Villarreal, Josh	10	STER	31-02.00
16 Bass, Michael	11	DIX	30-10.00
17 Oswalt, Austin	11	DIX	29-11.00
18 Smith, Robert	9	GEN	29-10.00
19 Escamila, Joey	11	STER	29-09.00
19 Sterenberg, Shane	10	STER	29-09.00
21 Elston, Cody	11	STER	29-05.00
21 Fassler, Logan	09	DIX	29-05.00
23 Eichelberger, Ryan	10	STER	28-10.00
24 Bass, James	09	DIX	28-01.00
25 King, Josh	9	GEN	26-02.00
26 Englebarts, Kaleb	09	STER	25-06.00
--- Thibodeaux, Joey	09	STER	SCR

Boys Discus Throw

Name	Yr	School	Finals
Finals			
1 Shippert, Jon	11	DIX	126-06 5
2 Marmion, A.J.	9	GEN	120-10 3
3 Neal, Jordan	11	STER	120-06 2
4 Sandoval, Adiran	11	STER	111-06 1

5 Sigwards, Lucas	11	DIX	109-03
6 Oswalt, Austin	11	DIX	106-11
7 Knie, Josh	09	STER	104-01
8 Hohlen, Justin	10	DIX	99-01
9 Whitcomb, Tom	09	DIX	97-02
10 Eaker, Jacob	9	GEN	95-06
11 Biellier, Caleb	10	GEN	89-06
12 Dixon, Shane	10	GEN	82-04
13 Bass, Michael	11	DIX	78-00
13 Zinke, Trevor	11	STER	78-00
15 Fassler, Logan	09	DIX	77-00
16 Escamila, Joey	11	STER	72-05
17 Sterenberg, Shane	10	STER	68-04
18 Villarreal, Josh	10	STER	68-03
19 King, Josh	9	GEN	64-11
20 Englebarts, Kaleb	09	STER	64-09
21 Smith, Robert	9	GEN	62-11
22 Eichelberger, Ryan	10	STER	61-08
23 Bass, James	09	DIX	59-09
24 Elston, Cody	11	STER	55-02
--- Thibodeaux, Joey	09	STER	SCR
--- McPhillips, Mark	11	DIX	SCR
--- Canalas, William	09	STER	SCR

2011 DIXON & STERLING TRIANGULAR: GENESEO TEAM SPLIT PAGE

2011 Dixon & Sterling Triangular Split Sheet

Weather Conditions: 48 with 14 mph winds---far from perfect

Split Sheet

400 Meter Relay Splits

-Billy Hamer: 11.56
-Luke Snyder: 12.04
-Chase Cahalan: 13.40 (missed hand-off)
-Mark Sliz: 11.40

800 Meter Relay Splits

-Tyler Rusk: 25.12
-Jack Scherer: 25.03
-Dylan Waggoner: 25.67
-Ryan Webster: 25.78

1600 Meter Relay Splits

-Billy Hamer: 52.69
-Branden Smith: 55.91
-Sawyer Claus: 56.75
-John Mullin: 59.28

-Jordan Starkey: 58.21
-Kyle Reiling: 1:00.35
-Mitchell Lawson: 1:00.54
-Thomas Sigwalt: 57.75

-Jacob Rahn: 1:01.41
-Jacob Miller: 1:01.09
-Jordan Reschke: 1:04.38
-Josh Lawson: 1:02.87

3200 Meter Relay Splits

-Jordan Starkey: 2:06.45 (61 - 65)
-Kyle Reiling: 2:08.25 (61 - 67)
-Branden Smith: 2:14.63 (62 - 72)
-Jacob Rahn: 2:20.03 (70 - 70)

-Griffin Welfer: 2:12.66 (62 - 70)
-Josh Lawson: 2:21.31 (69 - 72)
-Mitchell Lamb: 2:18.94 (69 - 69)
-Jacob Miller: 2:22.62 (67 - 75)

-Mickey Christensen: 2:30.94 (67 - 83)
-Evan Koisti: 2:40.82 (77 - 83)
-John Mullin: 2:26.59 (72 - 74)
-Jordan Reschke: 2:30.62 (75 - 75)

800 Meter Run Splits

-Thomas Sigwalt: 2:21.22 (67 - 74)
-Jacob Rahn: 2:26.69 (71 - 75)
-Sean Geffert: 2:27.82 (71 - 76)
-Ethan Hultman: 2:39.19 (72 - 87)

1600 Meter Run Splits

-Kyle Reiling: 4:44.44 ()
-Jordan Starkey: 4:48.72 ()
-Mitchell Lamb: 5:11.12 ()
-Josh Lawson: 5:11.79 ()
-Mitchell Lawson: 5:16.10 ()

-Chaise Blakley: 5:32.00 ()
-John Mullin: 5:37.19 ()
-Mickey Christensen: 5:43.47 ()
-Sean Geffert: 5:54.50 ()
-Evan Koisti: 5:54.69 ()

3200 Meter Run Splits

-Mitchell Lawson: 11:38.91 (80 - 2:49 (89) - 4:18 (89) - 5:49 (91) - 7:19 (90) - 8:47 (88) - 10:16 (89) - 11:38 (82))
-Tony Gatter: 11:40.97 (81 - 2:49 (88) - 4:19 (90) - 5:50 (91) - 7:19 (89) - 8:48 (89) - 10:16 (88) - 11:40 (84))

This is a Geneseo Track & Field Manila site.