



SILVER MEDALISTS

Pictured are Jordan Starkey, Thomas Sigwalt, Kyle Reiling, and Mitchell Lawson. They placed 2nd in the 3200 meter relay to earn the Leafs' only top 3 finish in any event.

STERLING LAST CHANCE INVITATIONAL

On Saturday, the Leafs traveled to Sterling to participate in the Sterling Last Chance Invitational. The team was without Illinois Prep Top Times qualifiers Billy Hamer and Joe Huffman. The team was led by the 2nd place finish of Jordan Starkey, Kyle Reiling, Mitchell Lawson, and Thomas Sigwalt in the 3200 Meter Relay. Team members who placed in the top 6 are listed below.

- 2nd Place: Jordan Starkey, Kyle Reiling, Mitchell Lawson, Thomas Sigwalt (3200 Meter Relay)
- 4th Place: Tyler Rusk (Long Jump)
- 4th Place: Jordan Starkey (1600 Meter Run)
- 5th Place: Sawyer Claus (Triple Jump)
- 5th Place: Thomas Sigwalt (800 Meter Run)
- 5th Place: Chuck Springer (High Jump)
- 5th Place: Zach Taber (Long Jump)
- 5th Place: Dugan Kuffel, Branden Smith, Thomas Sigwalt, Justin Seeley (1600 Meter Relay)
- 5th Place: Chase Cahalan, Ryan Webster, Justin Seeley, Tyler Milroy (F/S 800 Meter Relay)
- 6th Place: Dugan Kuffel (55 Meter High Hurdles)
- 6th Place: Dugan Kuffel (400 Meter Dash)
- 6th Place: Jordan Mielke (Triple Jump)
- 6th Place: Ryan Webster (High Jump)

Geneseo takes seventh at Sterling Invite

By AMY CARTON
Sports Editor

The Geneseo High School boys' track and field team placed seventh at the Sterling Last Chance Invite March 26. The freshmen/sophomore team finished fifth overall.

"We were depleted with our Top 2 big guys, but I was pleased with our team's efforts," said head coach Don Fredericks.

Nabbing top 5 places in the field were Chuck Springer in the high jump with a final height of 5-6, followed by Tyler Rusk in the long jump with a leap of 18-5 for fourth and Zach Taber in fifth with a mark of 17-9. Sawyer Claus came in fifth in the triple jump at 37-3.

Geneseo's 4x800-meter relay of Jordan Starkey, Kyle Reiling, Mitchell Lawson and Thomas Sigwalt earned a second-place finish with a time of 9 minutes and .02 seconds, while Starkey came in fourth in the 1600-m run with a time of 4:45.97.

The F/S 4x200-m relay team of Chase Cahalan, Ryan Webster, Justin Seeley and Tyler Milroy took fifth in 1:45.10, while Sigwalt placed fifth in the 800-m run with a time of 2:12.96. The 4x400-m relay of Dugan Kuffel, Sigwalt, Branden Smith and Seeley finished in fifth overall in 3:47.90.

"We are still figuring things out and are in the experimentation mode," said Fredericks. "We are trying to find

events where people can have success."

Additional Track Results

55-m dash- Cahalan, seventh, 7.17; Webster, 12th, 7.37; Milroy, 13th, 7.39; Landon Hoon, 15th, 7.41; and Isaac Silver, 20th, 7.60. **55-m hurdles-** Kuffel, sixth, 8.73; Seeley, 10th, 9.55; and Cam Yeater, 15th, 10.09. **4x200-m relay-** Hoon, Claus, Griffin Welfer and Silver, seventh, 1:44.74. **800-m run-** Smith, eighth, 2:19.61 and Mitchell Lamb, ninth, 2:22.60. **400-m dash-** Kuffel, sixth, 56.11; Yeater, 11th, 1:01.42; Jacob Rahn, 14th, 1:01.71; and Jesse Mohr, 17th, 1:06.66. **1600-m run-** Reiling, seventh, 4:52.21 and Mitchell Lawson, 12th, 5:04.37. **200-m dash-** Webster, 14th, 26.68 and Welfer, 15th, 26.91.

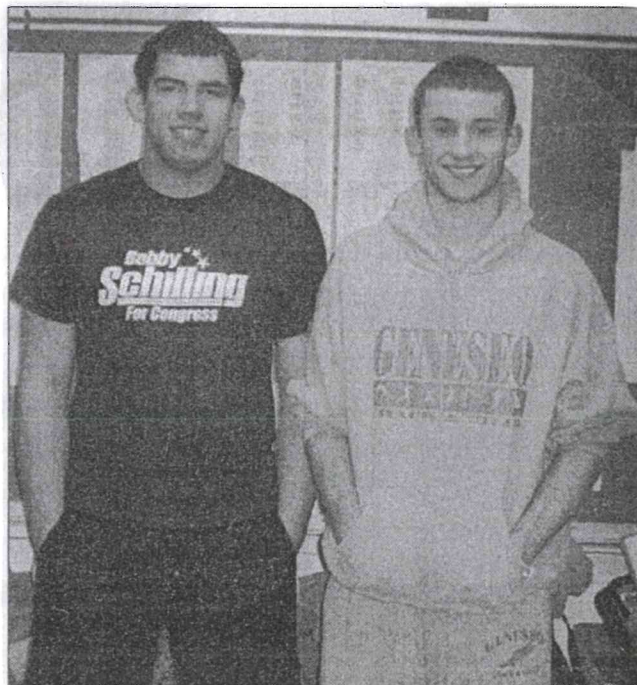
Additional Field Results

High jump- Webster, sixth, 5-6 and Alex Platz, seventh, 5-4. **Pole vault-** Platz, ninth, 9-9 and Mohr, 10th, 8-9. **Long jump-** Cahalan, 16-8 1/2. **Triple jump-** Jordan Mielke, sixth, 36-3 and Cahalan, seventh, 35-8. **Shot put-** AJ Marmion, 10th, 36-8 1/2.

"I think we accomplished what we were after and the goal is to always peak for championship meet season," said Fredericks. "We had several competitive opportunities for the kids and we haven't suffered any major injuries."

Billy Hamer and Joe Huffman competed March 26 in Illinois Prep Top Times Meet.

Huffman placed third in the shot put with a throw of 52-3, while Hamer came in fifth in the 400-m dash with a time of 51.95.



Submitted

JOE HUFFMAN (left) and **BILLY HAMER** both placed in the top 5 at the Illinois Prep Top Times Meet March 26.

"Joe was banging heads with some of the top guys in the state which is very impressive for him," said Fredericks. "Billy ran a phenomenal race and that was a big deal. We were very happy with both performances."

The Leafs will be in action next when they travel to Galesburg at 4:30 p.m. April 5.

Sterling Indoor Invitational - 3/26/2011

Sterling Westwood Track

Results

Event 2 Boys High Jump Varsity

Name	Yr	School	Finals
Finals			
1 TAYVIAN JOHNSON	11	UNITED	6-04.00
2 SEMI AJIBOLA	12	UNITED	6-00.00
3 MASON THOMPSON	10	ROCK FALLS	5-08.00
4 DREW PASZOTTA	09	DEKALB	J5-08.00
5 SPRINGER		GENESEO	5-06.00
6 RYAN WEBSTER	09	GENESEO	J5-06.00
7 CHRISTOPHER	11	DEKALB	5-04.00
7 ALEX PLATZ	10	GENESEO	5-04.00
7 TRE WHITTAKER	10	STERLING	5-04.00
7 TIERNEY AJIBOLA	10	UNITED	5-04.00
--- JOE MUNZ	10	ROCK FALLS	NH
--- EDGAR RIOS	10	MOLINE	NH
--- JARED GARZA	09	ROCK FALLS	NH

Event 4 Boys Pole Vault Varsity

Name	Yr	School	Finals
Finals			
1 MIKE	11	STERLING	12-09.00
2 TIM CORNELIS	12	ALLEMAN	11-09.00
3 RYAN SODEMAN	12	UNITED	J11-09.00
4 JOSH CHROMEK	11	STERLING	11-03.00
5 KEANU INTERONE	10	STERLING	J11-03.00
6 PARKER WATSON	11	ROCK FALLS	10-09.00
7 AUSTIN KUSHMER	10	MOLINE	J10-09.00
8 ZACH DAWSON	11	DIXON	10-03.00
9 ALEX PLATZ	10	GENESEO	9-09.00
10 JESSE MOHR	11	GENESEO	8-09.00
11 NICK GLADWIN	10	UNITED	8-03.00
12 SHANE VOS	10	UNITED	7-09.00
13 EDGAR RIOS	10	MOLINE	J7-09.00
--- DENNES SPYRATOS	10	DEKALB	NH

Event 6 Boys Long Jump Varsity

Name	Yr	School	Finals
Finals			
1 DJ MCDOWELL	11	UNITED	19-07.50
2 IAN FERGUSON	11	ALLEMAN	19-05.00
3 ZACHARY HENKEL	11	DIXON	18-11.00
4 TYLER RUSK	11	GENESEO	18-05.00
5 ZACH TABER	11	GENESEO	17-09.00
6 DOUG MIKAN	11	STERLING	17-03.50
7 PATRICK CAULKINS	10	UNITED	17-00.50
8 CHASE CHESHIRE	12	STERLING	16-09.00
9 CHASE CAHALAN	09	GENESEO	16-08.50
10 BRODIE BRUNS	10	ROCK FALLS	16-07.50
11 TIERNEY AJIBOLA	10	UNITED	16-05.75
12 ABRAHAM DRISCAL	09	MOLINE	16-04.00
13 TYLER REAGAN	10	MOLINE	16-03.50
14 AUSTIN BABCOCK	10	ROCK FALLS	16-01.00
15 TRENDON	09	ROCK FALLS	15-11.75
16 DANE SCHIELEIN	09	DIXON	15-03.50
17 KYLE MALCOLM	09	ALLEMAN	14-07.75

--- BRIAN COMMISSO 12 STERLING ND

Event 8 Boys Triple Jump Varsity

Name	Yr	School	Finals
Finals			
1 TAYVIAN JOHNSON	11	UNITED	42-00.50
2 DJ MCDOWELL	11	UNITED	38-06.00
3 NICK ERICKSON	12	ALLEMAN	37-11.25
4 DAVONTAY EUELL	11	ROCK FALLS	37-09.25
5 SAWYER CLAUS	10	GENESEO	37-03.00
6 JORDAN MIELKE	09	GENESEO	36-03.00
7 CHASE CAHALAN	09	GENESEO	35-08.00
8 ZACHARY HENKEL	11	DIXON	35-07.50
9 CHASE CHESHIRE	12	STERLING	35-00.50
10 BRODIE BRUNS	10	ROCK FALLS	33-09.50
11 JESUS VARELIA	09	MOLINE	32-04.00
12 ISSAC CASTILLO	10	ROCK FALLS	31-00.50
13 DANE SCHIELEIN	09	DIXON	30-10.50
14 PATRICK CAULKINS	10	UNITED	29-08.00

Event 10 Boys Shot Put Varsity

Name	Yr	School	Finals
Finals			
1 TREVON MOORE	11	DEKALB	45-03.00
2 JORDAN NEAL	11	STERLING	45-01.00
3 JOHNNY HENDERSON	11	UNITED	43-11.00
4 SCOTT SCHILB	10	ALLEMAN	39-09.00
5 MARK MCPHILLIPS	11	DIXON	39-08.00
6 LUCAS SIGWARDS	11	DIXON	39-07.00
7 JEREMY SELLERS	12	ALLEMAN	39-00.50
8 TREVOR ZINKE	11	STERLING	38-04.00
8 ADIRAN SANDOVAL	11	STERLING	38-04.00
10 A.J. MARMION	09	GENESEO	36-08.50
11 BRADY MCDUFFY	10	ROCK FALLS	33-03.00
12 JASON BERGHEGER	09	UNITED	33-01.00
13 JACOB VIRNIG	12	ALLEMAN	32-10.00
14 DEREK DINGMAN	12	ROCK FALLS	32-05.00
15 AUSTIN OSWALT	11	DIXON	32-00.00
16 GLEN OIKLE	10	DEKALB	28-04.00
17 JOE WINKLE	09	UNITED	28-02.00
18 BRAYDEN SWANSON	09	ROCK FALLS	26-10.00
19 JOHN WOOD	10	DEKALB	26-03.00

Event 12 Boys 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 ALLEMAN	A	8:38.05
2 GENESEO	A	9:00.02
3 DEKALB	A	9:22.47
4 UNITED TOWNSHIP	A	9:23.09
5 MOLINE	A	9:25.82
6 STERLING	A	9:40.93
7 DIXON	A	9:41.34
8 ROCK FALLS	A	10:13.60

Sterling Indoor Invitational - 3/26/2011

Sterling Westwood Track

Results

Event 14 Boys 55 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 HARRIS ISAAH	12	MOLINE	6.75
2 IAN FERGUSON	11	ALLEMAN	6.78
3 DYLAN RUIZ	12	MOLINE	6.85
4 DENZEL MITCHELL	12	UNITED	6.88
5 BRIAN COMMISSO	12	STERLING	6.90
6 ELIJAH ELLIS	09	UNITED	7.08
7 CHASE CAHALAN	09	GENESEO	7.17
8 TYLER PEUGH	11	STERLING	7.20
9 MAX MENDOZA	11	ALLEMAN	7.31
10 SHANE HITCHCOCK	11	DIXON	7.36
11 AUSTIN BABCOCK	10	ROCK FALLS	7.37
12 RYAN WEBSTER	09	GENESEO	7.37
13 TYLER MILROY	10	GENESEO	7.39
14 PATRICK	09	ALLEMAN	7.40
15 LANDON HOON	11	GENESEO	7.41
16 ADAM NOONCASTER	11	DEKALB	7.41
17 JUSTIN WESTPFAHL	12	STERLING	7.43
18 JAKE DARE	10	MOLINE	7.49
19 BRANDON KENNEY	12	DEKALB	7.55
20 ISAAC SILVER	12	GENESEO	7.60
21 TROY WEST	09	DEKALB	7.99
22 BRYCE DRAWYER	09	ROCK FALLS	8.02
23 JOE MUNZ	10	ROCK FALLS	8.60
--- DEVIN MILLER	12	UNITED	FS

Event 16 Boys 55 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1 DEO VONOR	12	MOLINE	8.07
2 TRAVIS JOHNSON	10	ROCK FALLS	8.26
3 PATRICK EWALD	11	ALLEMAN	8.32
4 TAYVIAN JOHNSON	11	UNITED	8.51
5 MIKE	11	STERLING	8.65
6 DUGAN KUFFEL	10	GENESEO	8.73
7 DJ MCDOWELL	11	UNITED	9.15
8 EDUARDO BLANCAS	11	STERLING	9.43
9 JOSH CHROMEK	11	STERLING	9.48
10 JUSTIN SEELEY	09	GENESEO	9.55
11 TIM CORNELIS	12	ALLEMAN	9.62
12 TYLER PETERSON	10	DEKALB	9.72
13 TYLER REAGAN	10	MOLINE	9.81
14 PARKER WATSON	11	ROCK FALLS	9.96
15 CAM YEATER	10	GENESEO	10.09
16 DALTON OAKES	09	UNITED	10.30
17 TYLER PEUGH	11	STERLING	10.50
18 MASON THOMPSON	10	ROCK FALLS	10.50
19 CHARLIE ROZHON	10	ROCK FALLS	11.74
20 DANIEL HUGUNIN	11	STERLING	11.92

Event 18 Boys 4x200 Meter Relay Frosh Soph

Team	Relay	Finals
Finals		
1 ROCK FALLS	A	1:40.46
2 UNITED TOWNSHIP	A	1:40.84
3 STERLING	A	1:44.75
4 MOLINE	A	1:44.97
5 GENESEO	A	1:45.10
6 DEKALB	A	1:45.92
7 ALLEMAN	A	1:52.40

Event 20 Boys 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 MOLINE	A	1:36.63
2 ALLEMAN	A	1:39.24
3 UNITED TOWNSHIP	A	1:40.42
4 DEKALB	A	1:40.95
5 DIXON	A	1:42.84
6 STERLING	A	1:44.52
7 GENESEO	A	1:44.74
8 ROCK FALLS	A	1:54.84

Event 22 Boys 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 KEVIN PALLER	12	MOLINE	2:08.69
2 MATT	11	DEKALB	2:09.88
3 MASON STRUTHERS	11	DEKALB	2:10.41
4 ALAN COOK	12	MOLINE	2:11.25
5 THOMAS SIGWALT	12	GENESEO	2:12.96
6 MIGUEL LAFERRARA	10	UNITED	2:16.00
7 SETH WILLIAMS	12	MOLINE	2:16.35
8 BRANDEN SMITH	12	GENESEO	2:19.61
9 MITCHELL LAMB	09	GENESEO	2:22.60
10 JACOB CARLIN	11	ALLEMAN	2:23.49
11 CODY HANSON	09	STERLING	2:24.35
12 DREW BROZOVICH	11	ALLEMAN	2:24.61
13 CONNER SCOTT	12	UNITED	2:24.94
14 TYLER CARBER	12	ROCK FALLS	2:25.58
15 DAKOTA TRANCOSCO	09	STERLING	2:25.91
16 KEANEN CORNING	12	DIXON	2:27.57
17 COLIN MARTIN	10	DEKALB	2:28.38
18 CODY SONDGEROTH	09	DIXON	2:30.08
19 ALEX BAUSCH	11	ALLEMAN	2:31.39
20 TANNER SEIDEL	10	ROCK FALLS	2:31.47
21 WILLY MCCORMICK	09	STERLING	2:34.03
22 LUCAS HOUSE	09	ROCK FALLS	2:59.65

Event 24 Boys 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 VINCENT LORENZO	12	DEKALB	54.53
2 MICHAEL	12	ALLEMAN	54.81
3 TODD FLAMER	10	UNITED	55.13

Sterling Indoor Invitational - 3/26/2011

Sterling Westwood Track

Results

Finals ... (Event 24 Boys 400 Meter Dash Varsity)

Name	Yr	School	Finals
4 RYAN SODEMAN	12	UNITED	55.30
5 BEN JACKSON	10	UNITED	56.09
6 DUGAN KUFFEL	10	GENESEO	56.11
7 JAKE CROWE	10	MOLINE	58.71
8 TRAVIS MEIER	09	MOLINE	59.18
9 NATHANIEL	11	ALLEMAN	59.60
10 DANIEL HUGUNIN	11	STERLING	59.86
11 CAM YEATER	10	GENESEO	1:01.42
12 KALIB HELMS	12	ROCK FALLS	1:01.45
13 DANE SCHIELEIN	09	DIXON	1:01.58
14 JACOB RAHN	10	GENESEO	1:01.71
15 JACOB GROVE	12	DIXON	1:01.86
16 JARED GARZA	09	ROCK FALLS	1:06.09
17 JESSE MOHR	11	GENESEO	1:06.66
18 ISSAC CASTILLO	10	ROCK FALLS	1:10.73
19 CHARLIE ROZHON	10	ROCK FALLS	1:10.92
20 MATTHEW	11	DEKALB	1:13.88

Event 26 Boys 1600 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 ETHAN ADIFINGER	10	ALLEMAN	4:38.38
2 JOSE HERNANDEZ	12	ROCK FALLS	4:44.66
3 LUKE PADESKY	12	MOLINE	4:45.82
4 JORDAN STARKEY	10	GENESEO	4:45.97
5 AUSTIN WEBSTER	09	UNITED	4:46.39
6 ROY HUMMEL	10	DIXON	4:51.73
7 KYLE REILING	11	GENESEO	4:52.21
8 BROK LEWIS	12	ROCK FALLS	4:53.16
9 ALEX LUCAS	12	MOLINE	4:54.59
10 JOE MCLAUGHLIN	11	ALLEMAN	4:54.97
11 SKYLAR MITCHELL	09	DIXON	5:01.04
12 MITCHELL LAWSON	10	GENESEO	5:04.37
13 MATT TUTTLE-TIMM	10	MOLINE	5:05.39
14 TYLER RASSO	09	UNITED	5:06.61
15 ABDOUL MOROU	12	UNITED	5:09.07
16 TYLER GREENWOOD	10	DEKALB	5:11.07
17 ZACH HIRD	09	ALLEMAN	5:11.33
18 JOSH LANDIS	11	STERLING	5:19.07
19 JORDAN WELLMAN	12	DEKALB	5:22.57
20 CHRIS MACKEY	10	STERLING	5:23.10
21 KEANEN CORNING	12	DIXON	5:23.20
22 COLLIN	10	ROCK FALLS	5:23.30
23 MATT DIRKS	11	STERLING	5:28.61
24 JACOB MARX	10	DEKALB	5:42.51
25 TROY HERNESS		DEKALB	5:59.24
26 BRANDON ADAMS		STERLING	7:49.69

Event 28 Boys 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1 JUSTIN QUINTANA	12	ALLEMAN	23.90
2 HARRIS ISAAH	12	MOLINE	23.94
3 DENZEL MITCHELL	12	UNITED	24.54

4 DYLAN RUIZ	12	MOLINE	24.55
5 BERNARD GAMAMOU	10	MOLINE	24.78
6 BRIAN COMMISSO	12	STERLING	25.01
7 ELIJAH ELLIS	09	UNITED	25.04
8 VINCENT LORENZO	12	DEKALB	25.24
9 DALE MIKAN	09	STERLING	26.23
10 DENNES SPYRATOS	10	DEKALB	26.26
11 BRODIE BRUNS	10	ROCK FALLS	26.44
12 ETHAN DECAP	11	ALLEMAN	26.47
13 BLAKE ALLEY	11	UNITED	26.57
14 RYAN WEBSTER	09	GENESEO	26.68
15 GRIFFIN WELFER	09	GENESEO	26.91
16 ZACHARY HENKEL	11	DIXON	26.92
17 CHASE CHESHIRE	12	STERLING	27.35
18 BRADY MCDUFFY	10	ROCK FALLS	28.69
19 TROY WEST	09	DEKALB	29.58
20 ISSAC CASTILLO	10	ROCK FALLS	30.89

Event 30 Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 UNITED TOWNSHIP	A	3:40.49
2 ALLEMAN	A	3:42.79
3 MOLINE	A	3:44.98
4 ROCK FALLS	A	3:47.67
5 GENESEO	A	3:47.90
6 DEKALB	A	3:49.06
7 STERLING	A	3:57.83
8 ROCK FALLS	B	4:00.77
9 DIXON	A	4:04.93

Men - Varsity - Team Rankings - 14 Events Scored

1) United Township	108
2) Alleman	94
3) Moline	78
4) DeKalb	49
5) Sterling	32
6) Rock Falls	31
7) Geneseo	30
8) Dixon	12

Men - Frosh Soph - Team Rankings - 1 Events Scored

1) Rock Falls	10
2) United Township	8
3) Sterling	6
4) Moline	4
5) Geneseo	2
6) DeKalb	1

2011 STERLING LAST CHANCE INVITATIONAL: GENESEO TEAM SPLIT PAGE

2011 Sterling Last Chance Inv. Split Sheet

Meet Site: Sterling's Westwood Sports Complex

Weather: Indoors....perfect

Split Sheet
800 Meter Relay Splits -Landon Hoon: 26.60 -Ryan Webster: 25.65 -Justin Seeley: 25.58 -Tyler Milroy: 27.19
1600 Meter Relay Splits -Dugan Kuffel: 56.56 -Thomas Sigwalt: 56.54 -Branden Smith: 55.84 -Justin Seeley: 58.56
3200 Meter Relay Splits -Jordan Starkey: 2:13.65 (64 - 69) -Kyle Reiling: 2:08.65 (62 - 66) -Mitchell Lawson: 2:16.45 (64 - 72) -Thomas Sigwalt: 2:21.00 (61 - 80)
800 Meter Run Splits -Thomas Sigwalt: 2:12.96 (63 - 69) -Branden Smith: 2:19.61 (65 - 74) -Mitchell Lamb: 2:22.60 (67 - 75)
1600 Meter Run Splits -Jordan Starkey: 4:45.97 (67 - 2:19 (72) - 3:31 (72) - 4:45 (74) -Kyle Reiling: 4:52.21 (67 - 2:18 (71) - 3:31 (73) - 4:52 (81) -Mitchell Lawson: 5:04.37 (70 - 2:23 (73) - 3:45 (82) - 5:04 (79)

This is a [Geneseo Track & Field Manila](#) site.