

Leafs: GHS opens year at Knox

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most important part," said Fredericks.

This year's coaching staff includes Fredericks, distance coach; Dan Rakestraw, jumps/sprints; Mike Harrington, throws; and Kyle Wickwire, jumps/sprints.

Last season, Jacob Kuban, Andrew Walter, Shane Reschke, Kotecki and Billy Hamer advanced to state finals in long jump (Walter), 400-m dash (Kuban), 4x100-relay (Kotecki, Kuban, Walter, Reschke) and 4x400-relay (Kuban, Reschke, Billy Hamer and Walter). None placed. Team placed second in NCIC; third at sectionals and the freshmen/sophomore team took second in the NCIC.

Geneseo at Knox Indoor

The Leafs opened the season in an early March 27 meet in the Knox College Indoor Meet hosted by Galesburg.

"It was a good early season test and a lot of fun," said Fredericks. "And we got some good early season feedback."

Leading the way for Gene-

seo were the pole vaulters taking the top 4 spots, followed by Jensen in the shot put with a first-place finish.

In the pole vault, Barton captured first as he cleared the bar at 12-6, followed by Nathan Walter in second at 10-0; Mattan, third at 8-6; and Kyle Collis, fourth at 7-6.

Jensen won the shot put event with a final throw of 50-8.

Bisom placed third in the 400-meter dash for the Leafs with a time of 55.80 seconds, while Ford came in third in the 1600-m run in 4:54.90.

The 4x800-m relay of Lodge, Fox, Bisom and Kenny Collis also took third in 9:05.20.

"We only took our vaulters, shot putters and distance runners," said Fredericks. "Some highlights were Curt Jensen throwing 50 feet several times; Rob Barton vaulting 12-6; Chad Ford placing fourth in the 1600-m run and Chris

Bisom, third in the 400-m dash."

Additional Track Results

800-m run- Kenny Collis, sixth, 2:18.50; Smith, eighth, 2:23.60; Fox, 10th, 2:28.50; Chavez, 13th, 2:30.50; Piepenbrink, 17th, 2:32.40; and Strohmeier, 23rd, 2:50.40.

1600-m run- Lodge, sixth, 5:03.80; Timmerman, 13th, 5:33.50; and Mohr, 19th, 5:56.70.

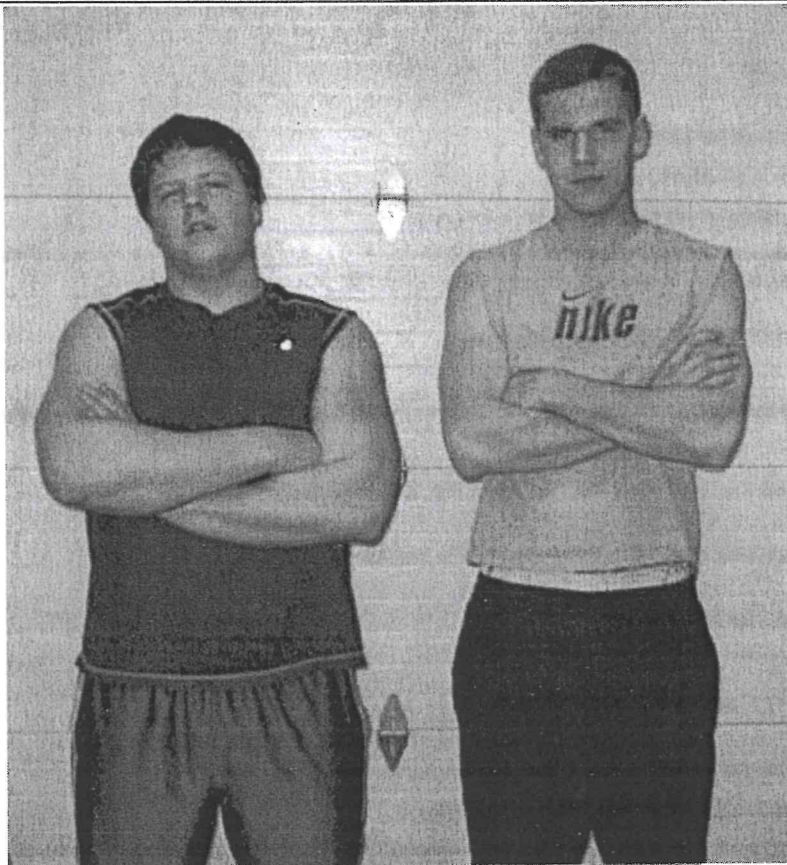
Additional Field Results

Pole vault- Sliz, 10th, 6-6.

Shot put- Patterson, 11th, 33-11.

"We want to head home from meets with smiles on our faces, proud of what we accomplished and excited about what is next," said Fredericks.

The Leafs will be in action next at the Sterling Invitational at 9 a.m. March 14 at the Westwood Sports Complex, followed by a 5 p.m. March 17 match up in Sterling with Freeport and Harlem.



SENIORS CURT JENSEN AND ROB BARTON EACH SCORED GOLD IN THE KNOX COLLEGE INVITATIONAL

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BARTON AND JENSEN LEAD LEAFS IN KNOX COLLEGE INVITE

The Leafs traveled to Galesburg on Friday, February 27th to participate in the Knox College Early Bird Invitational. The season is still very young so the Leafs only competed with a partial team which included the Throwers, Vaulters and Distance Runners. Pacing the team efforts were senior returning letter winners Rob Barton and Curt Jensen. Rob won the Pole Vault with a winning jump of 12' 06" while Curt Jensen won the Shot Put with a throw of 50' 08". Leafs scoring points are listed below:

- Rob Barton: 1st Pole Vault
- Chris Bisom: 3rd Place 3200 Meter Relay; 3rd Place 400 Meter Dash
- Kenny Collis: 3rd Place 3200 Meter Relay; 6th Place 800 Meter Run
- Kyle Collis: 4th Place Pole Vault
- Chad Ford: 3rd Place 1600 Meter Run
- Tyler Fox: 3rd Place 3200 Meter Relay
- Curt Jensen: 1st Shot Put
- Josh Lodge: 3rd Place 3200 Meter Relay; 6th Place 1600 Meter Run
- Ian Mattan: 3rd Pole Vault
- Nathan Walter: 2nd Place Pole Vault

RESULTS

2009 Knox College Invitational

Varsity Results

Host Site: Knox College in Galesburg

Date: 2/27/09

Scoring: Individual: 10-8-6-4-2-1; Relay: 10-8-6-4-2-1

Timing System: Hand Held

Team Scores: Non-Scored

High Jump: 1.) Corey Hammon (Illini Bluffs) 6' 00"; 2.) Kevin Mitchell (Galesburg) 5' 08"; 2.) Alex Struckley (Galesburg) 5' 02"; 4.) Caleb Eckoff (East Peoria) 5' 04"; 5.) Ian Hart (East Peoria) 5' 04"; 6.) Tim Nguyen (East Peoria) 4' 10"

Additional Geneseo Athletes: none

Long Jump: 1.) Drexler Blue (Galesburg) 19' 09 1/2"; 2.) Isaiah Tatum (Galesburg) 18' 06 1/4"; 3.) Travis Kempf (Galesburg) 17' 10 1/2"; 4T.) Chris Childers (Knoxville) 17' 10"; 4T.) Ricky Dredge (Knoxville) 17' 10"; 6.) Sedrick Washington (Galesburg) 16' 05 1/4"

Additional Geneseo Athletes: none

Pole Vault: 1.) Rob Barton (Geneseo) 12' 06"; 2.) Nathan Walter (Geneseo) 10' 00"; 3.) Ian Mattan (Geneseo) 8' 06"; 4.) Kyle Collis (Geneseo) 7' 06"; 5.) Rodney Camper (Galesburg) 7' 06"; 6T.) Travis McClay (Galesburg) 7' 06"; 6T.) Malcom Cagle (Galesburg) 7' 06"; 6T.) Raphael Garcis (Galesburg) 7' 06"

Additional Geneseo Athletes: Mar Sliz 6' 06"; Jakob Gradert N.H.

Shot Put: 1.) Curt Jensen (Geneseo) 50' 08"; 2.) Cole Spinks (Galesburg) 41' 09 1/2"; 3.) Travis Miller (Peoria Christian) 40' 06"; 4.) Matt Geitner (Knoxville) 38' 04"; 5.) Heath Byom (Knoxville) 38' 02"; 6.) Daniel Junk (Galesburg) 37' 06"

Additional Geneseo Athletes: 11.) Ryan Patterson 33' 11"

Triple Jump: 1.) Isaiah Tatum (Galesburg) 41' 05"; 2.) Justin Davidson (Galesburg) 37' 00"; 3.) Joe Harkness (Elmwood-Brimfield) 33' 05 1/2"; 4.) none; 5.) none; 6.) none

Additional Geneseo Athletes: none

3200 Meter Relay: 1.) Galesburg (Daniel Doubet, Gabe Moreno, Will Remmes, Lucas Junk) 8:44.10; 2.) East Peoria (David Halderman, Alejandro Cortes, Cody Margetis, ??) 8:47.10; 3.) Geneseo (Josh Lodge, Tyler Fox, Chris Bisom, Kenny Collis) 9:05.20; 4.) Galesburg B-Team (Martin McNamara, Josh Link, Andrew Welch, Rodney Camper) 9:27.40; Knoxville (Marcus Lowthian, Brett Curry, Justin Godde, John Kemper) 9:43.30; 6.) Galesburg C-Team (Karl Oler, Derek Armstrong, Cole Almaguer, Mike Darling) 10:05.40

Geneseo Splits:

Josh Lodge 2:12.84 (33 - 64 - 68);

Tyler Fox 2:21.41 (32 - 67 - 74);

Chris Bisom 2:15.63 (29 - 62 - 73);

Kenny Collis 2:15.25 (30 - 62 - 73)

55 Meter High Hurdles 1.) Josh Thomas (Galesburg) 8.40; 2.) Zack Kempf (Galesburg) 8.60; 3.) Josh Nienhuesser (East Peoria) 9.40; 4.) none; 5.) none; 6.) none

Additional Geneseo Athletes: none

55 Meter Dash: 1.) Adam Trantham (Peoria Christian) 6.60; 2.) Drexler Blue (Galesburg) 6.70; 3.) Chris Childers (Knoxville) 6.80; 4T.) Ian Hart (East Peoria) 6.90; 4T.) Caleb Ollman (Galesburg) 6.90; 6T.) Isaiah Tatum (Galesburg) 7.00; 6T.) Jeff Peterson (East Peoria) 7.00

Additional Geneseo Athletes: none

800 Meter Run: 1.) Lucas Junk (Galesburg) 2:04.40; 2.) Will Remmes (Galesburg) 2:07.80; 3.) David Blackford (East Peoria) 2:11.80; 4.) David Lawson (Elmwood-Brimfield) 2:13.90; 5.) Martin McNamara (Galesburg) 2:17.90; 6.) Kenny Collis (Geneseo) 2:18.50

Additional Geneseo Athletes and splits:

6.) Kenny Collis 2:18.50 (31 - 65 - 73);
8.) Branden Smith 2:23.60 (32 - 67 - 76);
10.) Tyler Fox 2:28.50 (32 - 67 - 71);
13.) Kenny Chavez 2:30.50 (29 - 64 - 86);
17.) Tanner Piepenbrink 2:32.40 (34 - 73 - 79);
23.) Alex Strohmeier 2:50.40 (36 - 76 - 94)

800 Meter Relay 1.) Galesburg (Caleb Ollman, Justin Davidson, Isaiah Tatum, Kevin Mitchell) 1:41.10; 2.) East Peoria (Josh Nienhuesser, Jeff Peterson, Cody Riley, Caleb Eckhoff) 1:44.00; 3.) Galesburg B-Team (David Benson, Chaz Benton, Travis Kempf, Deandre) 1:44.30; 4.) Galesburg C-Team (David Kitch, Xavier Hathorne, Grant Boydston, Sedrick Washington) 1:50.10; 5.) none; 6.) none

Geneseo Splits: No Entry

400 Meter Dash: 1.) Josh Thomas (Galesburg) 53.90; 2.) Daniel Doubet (Galesburg) 55.40; 3T.) Chris Bisom (Galesburg) 55.80; 3T.) Ricky Dredge (Knoxville) 55.80; 5.) Alex Struckley (Galesburg) 56.30; 6.) Jacob Sharp (Knoxville) 59.30

Additional Geneseo Athletes: none

1600 Meter Run: 1.) Gabe Moreno (Galesburg) 4:46.60; 2.) Clay Sammis (Illini Bluffs) 4:53.70; 3.) Chad Ford (Geneseo) 4:54.90; 4.) David Lawson (Elmwood-Brimfield) 4:55.20; 5.) Hugh Gill (East Peoria) 4:59.40; 6.) Josh Lodge (Geneseo) 5:03.80

Additional Geneseo Athletes & Splits:

3.) Chad Ford 4:54.90 (74 - 2:26 (72) - 3:41 (75) - 4:54.90 (73);
6.) Josh Lodge 5:03.80 (74 - 2:26 (72) - 3:41 (75) - 5:03.80 (82);
13.) Tyler Timmerman 5:33.50 (77 - 2:44 (87) - 4:12 (88) - 5:33.50 (81);
19.) Jesse Mohr 5:56.70 (78 - 2:45 (87) - 4:22 (97) - 5:56.70 (94)

200 Meter Dash: 1.) Corey Hammon (Illini Bluffs) 23.30; 2.) Drexler Blue (Galesburg) 24.90; 3.) Chaz Benton (Galesburg) 25.00; 4T.) Chris Childers (Knoxville) 25.30; 4T.) Ian Hart (East Peoria) 25.30; 6.) David Benson (Galesburg) 25.60

1600 Meter Relay: 1.) Galesburg (No names listed) 3:43.70; 2.) Galesburg B-Team (No names listed) 3:57.20; 3.) Knoxville (No names listed) 4:02.50; 4.) Galesburg C-Team (No names listed) 4:25.90; 5.) Knoxville B-Team (No names listed) 4:38.70; 6.) none

Additional Geneseo Athletes & Splits: none