



Jumpers Flying High

Geneseo Jumps Coach Dan Rakestraw is surrounded by his High Jumpers and Pole Vaulters who are off to a tremendous start this season. Pictured to the left of Coach Rakestraw, is Jaran Heaton (First in the Pole Vault). To his right, is Tom Peal (First in the High Jump.)

Sterling First Chance Invitational

On Saturday, March 8th the Leaf's traveled to Sterling to participate in the 11-Team Sterling First Chance Invitational. The meet was non-scored. Unofficially, the Leafs placed 2nd to Dixon and had several season bests. The team was led by Jaran Heaton and Tom Peal who each won an event and place in 2 others. Jaran claimed gold in the pole vault with a personal best of 13' 00" while Tom won the high jump with a jump of 5' 08". Additional team placers are listed below.

- Rob Barton: 3rd Place - Pole Vault
- Jon Fleming: 4th Place - 800 Meter Run; 4th Place - 1600 Meter Relay
- Chad Ford: 3rd Place 3200 Meter Relay
- Billy Hamer: 4th Place - 1600 Meter Relay; 6th Place - 400 Meter Run
- Jaran Heaton: 1st Place - Pole Vault; 3rd Place - 200 Meter Dash; 4th Place - 800 Meter Relay
- Ben Koenig: 6th Place: High Jump
- Aaron Kotecki: 4th Place 800 Meter Relay
- Ryan Kotecki: 3rd Place 3200 Meter Relay
- Luke Lembke: 4th Place 800 Meter Relay
- Josh Lodge: 3rd Place 3200 Meter Relay
- Chance Nordstrom: 3rd Place 3200 Meter Relay; 4th Place 1600 Meter Relay
- Tom Peal: 1st Place - High Jump; 3rd Place - 55 Meter High Hurdles; 4th Place - 800 Meter Relay
- Micah Stewart: 4th Place 1600 Meter Relay
- Tyler Toom: 4th Place: Pole Vault

RESULTS

Sterling First Chance INV.

Geneseo at Sterling Invite

The Geneseo boys' track and field team was in action this weekend in the Sterling First Chance Indoor Invitational on March 8. No team scores were kept.

Peal and Ballegeer went one-two in the high jump — Peal took first with a jump of 5-8 and Ballegeer also cleared the bar at 5-8 for second. Peal also took third place in the 55-m hurdles with a time of 8.75.

Heaton nabbed first place for the Leafs in the pole vault with a final height of 13-0. Barton placed third at 11-0. Heaton also placed third in the 200-m dash in 24.76.

The 4x800-m relay of Ryan Kotecki, Chance Nordstrom, Josh Lodge and Chad Ford crossed the finish line in 8:59.62 to place third.

In fourth place for the Leafs were the 4x200-m relay of Aaron Kotecki, Heaton, Lembke, and Peal in 1:41.56, the 4x400-m relay of Billy Hamer, Nordstrom, Stewart and Fleming in 3:51.00, and Fleming in the 800-m run in 2:12.50.

The Leafs will return to action at 9 a.m. March 22 in the Sterling Invite.

2008 STERLING FIRST CHANCE INVITATIONAL

Varsity Results

Host Site: Westwood Sports Complex in Sterling

Date: 3/08/08

Weather Conditions: Indoor

Scoring: 10-8-6-4-2-1

Timing System: F.A.T.

Team Scores: NON-SCORED MEET. (UNOFFICIAL SCORES) 1.) Dixon 121; 2.) Geneseo 70; 3.) Sterling 52; 4.) LaSalle-Peru 41; 5.) Alleman 39; 6T.) Chicago-Corliss 34; 6T.) Princeton 34; 8.) DeKalb 22; 9.) Fieldcrest 18; 10.) Chicago-Brooks 3; 11.) Chicago-Kennedy 0

High Jump: 1.) Tom Peal-12 (Geneseo) 5' 08"; 2.) Jake Ballegeer-11 (Geneseo) 5' 08"; 3.) Evan Westart-11 (Dixon) 5' 08"; 4.) Blake Zacharias-09 (Dixon) 5' 06"; 5.) Ben Schott-12 (Sterling) 5' 04"; 6.) Ben Koenig-12 (Geneseo) 5' 00"

Additional Geneseo Athletes: none

Long Jump: 1.) Cody Lahey-12 (Dixon) 18' 10 1/2"; 2.) Macarthe Folkers-12 (Sterling) 18' 09 1/2"; 3.) Lesean Richmond-11 (Dixon) 17' 11 1/2"; 4.) Sam Mayszak-11 (L-P) 17' 10 3/4"; 5.) Matt Holland-12 (Princeton) 17' 10"; 6.) John Pilaszewski-12 (Alleman) 17' 09"

Additional Geneseo Athletes: 9.) Billy Hamer-09 17' 04"; 11.) Luke Lembke-10 17' 00 1/4"; 12.) Micah Stewart-09 16' 11 3/4"

Pole Vault: 1.) Jaran Heaton-12 (Geneseo) 13' 00"; 2.) Chris Greenwalt-11 (Dixon) 12' 00"; 3.) Rob Barton-11 (Geneseo) 11' 00"; 4.) Tyler Toom-12 (Geneseo) 11' 00"; 5.) Corey Grotzinger-12 (Dixon) 10' 06"; 6.) Nathan Johnsen-11 (Princeton) 8' 06"

Additional Geneseo Athletes: None

Shot Put: 1.) Adam DeVine-12 (Dixon) 51' 10"; 2.) Jared Mills-11 (Dixon) 46' 11 1/2"; 3.) Mike Shippert-12 (Dixon) 46' 11"; 4.) Macarthy Folkers-12 (Sterling) 46' 06 1/2"; 5.) Matthew Smith-11 (Princeton) 45' 11 1/2"; 6.) Tyler Loos-10 (Sterling) 45' 11 1/2"

Additional Geneseo Athletes: 11.) Shane Miller-12 40' 01"; 18.) Aaron Kotecki-10 36' 04 1/2"

Triple Jump: 1.) Josh Calkins-12 (Dixon) 41' 00"; 2.) Vincent Ewald-12 (Alleman) 38' 08"; 3.) Dominic Taylor-10 (DeKalb) 37' 08 1/2"; 4.) Alex VanWeelden-?? (Sterling) 36' 11 1/2"; 5.) Cody Lahey-12 (Dixon) 36' 11 1/4"; 6.) Erik Wahlstrom-12 (Princeton) 36' 00 3/4"

Additional Geneseo Athletes: 13.) Joe Snyder-11 34' 02 1/4"

55 Meter Dash: 1.) Derek Davis-12 (Corliss) 6.88; 2.) Eric Jenkins-10 (L-P) 6.89; 3.) John Michaletti-12 (Alleman) 6.95; 4.) William Ewing-12 (Corliss) 6.96; 5.) Trenton Heard-12 (Brooks) 7.00; 6.) David Nelson-10 (Sterling) 7.01

Additional Geneseo Athletes: 7.) Aaron Kotecki-10 7.04; 12.) Luke Lembke-10 7.15

55 Meter High Hurdles 11.) Josh Calkins-12 (Dixon) 8.66; 2.) Francio O'Leary (DeKalb) 8.72; 3.) Tom Peal-12 (Geneseo) 8.75; 4.) Brennen Dir-10 (Sterling) 8.79; 5.) Blake Zaharias-9 (Dixon) 8.85; 6.) Evan Westart-11 (Dixon) 8.96

Additional Geneseo Athletes: 9.) Ben Koenig-12 9.56

3200 Meter Relay: 1.) Dixon (Kyle Boone-11, Matt Logan, Eric Dewey-11, Kasey Ferrigan-11) 8:30.09; 2.) Fieldcrest (Adam Ehrnthaller-??, Grant Kirkpatrick-12, Will Wyss-12, Brian Peterson-12) 8:52.25; 3.) Geneseo (Ryan Kotecki-12, Chance Nordstrom-12, Josh Lodge-11, Chad Ford-10) 8:59.62; 4.) Alleman (Brian McGuire-12, Tim Hird-11, Matt Billingsley 09, Michael Kaschke-11) 9:06.68; 5.) Sterling (Jacob Landis-09, Ben Schott-12, Andrew McCormick-??, George Kelly-10) 9:27.63; 6.) Chicago-Corliss (James Sercey-09, Terrance-09, LeAndre Perkins-09,

Blake Ferguson-09) 9:28.25

Geneseo Splits: Ryan Kotecki 2:13.00 (64 - 69); Chance Nordstrom-12 2:14.29 (64 - 70); Josh Lodge 2:13.73 (65 - 68); Chad Ford 2:18.30 (65 - 73)

800 Meter Relay: 1.) LaSalle-Peru (Gavin Aubry-11, Ronald Bolech-11, Sam Mayszak-11, Eric Jenkins-10) 1:38.66; 2.) Sterling (Josh Kunde-11, Aaron Johnson-12, Matt Hughes-12, Scott Koster-12) 1:39.31; 3.) Alleman (Cale Raisbeck-11, Ryan Walkup-12, John Scarpinato-10, Justin Quintana-10) 1:41.39; 4.) Geneseo (Aaron Kotecki-10, Jaran Heaton-12, Luke Lembke-10, Tom Peal-12) 1:41.56; 5.) Dixon (Alex Wakeley-12, Wes Heniff-11, Blake Zacharias-09, Lesean Richmond-11) 1:43.06; 6.) Chicago-Brooks (Ozell Barnes-12, Nicholas Carter-12, Trinto Patterson-12, Kirby Lacy-10) 1:43.26

Geneseo Splits: 4.) Geneseo (Aaron Kotecki-10 25.30, Jaran Heaton-12 24.74, Luke Lembke-10 25.10, Tom Peal-12 26.12) 1:41.56

800 Meter Run: 1.) Hunter Mickow-12 (Princeton) 2:06.44; 2.) Timothy Mosley-12 (Corliss) 2:08.46; 3.) 3.) Kyle Boone-11 (Dixon) 2:08.86; 4.) Jon Fleming-12 (Geneseo) 2:12.50; 5.) John Davenport-12 (Dixon) 2:12.51; 6.) Hugh Bratt-12 (Dixon) 2:13.46

Additional Geneseo Athletes and Splits: 4.) Jon Fleming-12 2:12.50 (64 - 68); 8.) Kenny Collis-10 2:15.26 (63 - 72); Chris Bisom-11 2:17.65 (68 - 69)

400 Meter Dash: 1.) Gavin Aubry-11 (L-P) 54.63; 2.) Eric Jenkins-10 (L-P) 55.11; 3.) Zac Milroy-12 (DeKalb) 55.52; 4.) Alex Wakeley-12 (Dixon) 55.68; 5.) Matt Holland-12 (Princeton) 55.77; 6.) Billy Hamer-09 (Geneseo) 55.90

Additional Geneseo Athletes: 12.) Ben Koenig-12 58.38; 14.) Micah Stewart-09 58.56

1600 Meter Run: 1.) Colin Mickow-12 (Princeton) 4:34.96; 2.) Brian Peterson-12 (Fieldcrest) 4:36.86; 3.) Brian McGuire-12 (Alleman) 4:39.33; 4.) Tim Hird-11 (Alleman) 4:40.06; 5.) Jon Mascote-11 (DeKalb) 4:43.94; 6.) Kasey Ferrigan-11 (Dixon) 4:44.56

Additional Geneseo Athletes: 10.) Ryan Kotecki-12 5:01.86 (71 - 2:26 (75) - 3:46 (80) - 5:01 (75); 11.) Josh Lodge-11 5:02.85 (71 - 2:26 (75) - 3:44 (78) - 5:02 (78); 13.) Chad Ford-10 5:16.18 (71 - 2:30 (79) - 3:54 (84) - 5:16 (82)

200 Meter Dash: 1.) Derek Davis-12 (Corliss) 23.85; 2.) Corey Hartz-09 (Sterling) 24.55; 3.) Jaran Heaton-12 (Geneseo) 24.76; 4.) Cale Raisbeck-12 (Alleman) 25.19; 5.) Wes Heniff-11 (Dixon) 25.24; 6.) William Ewing-12 (Corliss) 25.24

Additional Geneseo Athletes: 7.) Luke Lembke-10 25.33; 11.) Aaron Kotecki-10 25.80

1600 Meter Relay: 1.) Sterling (Aaron Johnson-12, Scott Koster-12, Josh Kinde-11, Ben Schott-12) 3:43.06; 2.) Dixon (Alex Wakeley-12, John Davenport-12, Josh Calkins-12, Kasey Ferrigan-11) 3:43.46; 3.) Princeton (Jordan Wetsel-12, Adam Fredenhagen-??, Hunter Mickow-12, Matt Holland-12) 3:50.10; 4.) Geneseo (Chance Nordstrom-12, Billy Hamer-09, Micah Stewart-09, Jon Fleming-12) 3:51.00; 5.) Fieldhouse (Will Wyss-12, Mike Hamer-12, Adam Ehrnthaller-??, Grant Kirkpatrick-??) 3:53.49; 6.) LaSalle-Peru (Gavin Aubry-11, Tim Witalka-12, Marc Lansing-11, Eric Jenkins-10) 3:57.31

Geneseo Splits: 4.) Geneseo (Chance Nordstrom-12 57.19, Billy Hamer-09 56.37, Micah Stewart-09 59.20, Jon Fleming-12 57.77) 3:51.00

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