

GHS boys nab top places at invitational



Pictured are the team members who won awards at Saturday's Invitational
Row 1: Sean Goodrich, Tyler Timmerman, Andrew Walter, Tom Peal, Chance Nordstrom
Row 2: Jacob Kuban, Kenny Collis, Chris Brooks, Shane Reschke, Jaran Heaton,
Ryan Kotecki, Dan Chenoweth, Nate Silver, Drew Croegaert.

Sterling Last Chance Inv. Saturday, March 24th

On Saturday the Leafs participated in the 8-team Sterling Last Chance Invitational at Westwood Sports Complex. The meet was non-scored.

The Leafs were led by the following Gold Medal performances:

- Dan Chenoweth (1600 Run & 3200 Meter Run)
- Jaran Heaton (800 Meter Relay)
- Shane Reschke (Long Jump & 800 Meter Relay)
- Nate Silver (800 Meter Run)
- Andrew Walter (200 Meter Dash & 800 Meter Relay)

RESULTS

Schedule Change

Geneseo has pulled out of Tuesday's (3/20) quad with Freeport, Geneseo, Harlem, & Sterling. Four girls teams have also been added to the meet and the end result is too long of a meet on a school night. We were anticipating getting home after 10:30 pm at the earliest.

The Leafs will next be in action at Sterling's Last Chance Invitational on Saturday (3/24)

By **AMY BOLDT**
Sports Editor

The boys' track and field team reached several top places March 24 at the Last Chance Invitational at the Westwood Complex in Sterling. No team scores were kept.

"It was a nice way to wrap up the indoor season and the guys brought home a lot of hardware," Head Coach Don Fredericks said. "We are all about the outdoor season and peaking during championship meet season time."

Shane Reschke started things off placing second in the 55-meter dash, crossing the finish line in 6.84 seconds, followed by Jeremy Peters in the 7.08.

Andrew Walter nabbed first-place honors in the 200-m dash, taking the tape in 23.85, followed by Jaran Heaton in 24.87 and Elliott Kenney in 25.29.

Reschke came in third in the 400-m dash with a time of 54.26, while Peters finished in 58.51 and Tom Peal at 1:02.06.

In the 800-m run, Nate Silver and Chance Nordstrom went one and two — Silver in first with a time of 2:11.79 and Nordstrom in second at 2:12.16, while Hunter McVietty ended the race in 2:25.38.

Dan Chenoweth captured first in the 1600-m run, crossing the finish line in 4:29.88, while Ryan Kotecki ended with a time of 5:01.96 and Chad Ford at 5:13.54.

Chenoweth followed his 1600-m run win with a 3200-m run victory with a time of 9:22.73. Kotecki took third in the race in 10:27.23 and Ford came in sixth at 11:17.81.

"Dan Chenoweth had the second fastest time in the state in the 3200 so far

this season," Fredericks said. "And Shane Reschke ran tremendous races."

Drew Croegaert came in second in the 55-m hurdles at 8.35, followed by Peal in third in 8.62 and Ben Koenig with a time of 9.55.

In the relay events, the 4x200-m relay team of Walter, Jacob Kuban, Heaton and Reschke claimed first, taking the tape in 1:35.93; the 4x400-m relay of Croegaert, Kuban, Silver and Nordstrom took second in 3:42.16 and the 4x800-m relay of Tyler Timmerman, Sean Goodrich, Kenny Collis and Jon Fleming came in sixth in 9:37.72.

Out in the field, Peal placed fourth in the high jump with a final height of 5-10, while Jake Ballegeer ended at 5-6. Heaton took fifth in the pole vault with a leap of 11-0, while Rob Barton finished at 9-6.

The Leafs claimed the top 3 spots in

the long jump: Reschke in first with a final mark of 20-10; Kuban in second at 20 1/4 and Walter in third at 19-11.

"Tom Peal had a lifetime best height in the high jump and the long jump athletes led the day placing one, two and three, which was phenomenal," Fredericks said.

In the triple jump, Walter placed second with a mark of 40-7 1/2, followed by Kenney in third with a leap of 40-2 1/2 and Croegaert at 36-6 3/4.

Chris Brooks came in fourth in the shot put with a throw of 47-6, while Curt Jensen finished at 42-3 3/4 and Dan Haertjens at 38-2.

The Leafs will next compete in the UTHS Invite at noon April 7.

"The UTHS meet will be a great meet and it will be great to be outdoors," Fredericks said. "There will be some great competition to start the outdoor season."

2007 STERLING LAST CHANCE INV.

Varsity Results	
Host Site: Westwood Sports Complex in Sterling Date: 3/24/07 Scoring: Individual & Relay: 10-8-6-4-2-1 Timing System: F.A.T.	
Unofficial Team Scores: 1.) Geneseo 150; 2.) Dixon 90; 3.) Illinois Valley (Chillicothe) 50; 4.) Sterling 48; 5.) Streator 47; 6.) Princeton 37; 7.) LaSalle-Peru 32; 8.) Mendota 11	
High Jump: 1.) Nolan Anderson (Sterling) 6' 00"; 2.) Eric Jenkins (L-P) 6' 00"; 3.) Terrell Williams (IVC) 5' 10"; 4.) Tom Peal (Geneseo) 5' 10"; 5.) Evan Hackbarth (Dixon) 5' 08"; 6.) Jerrick Hughes (L-P) 5' 08"	
<i>Additional Geneseo Athletes:</i> T7.) Jake Ballegeer 5' 06"	
Long Jump: 1.) Shane Reschke (Geneseo) 20' 10"; 2.) Jacob Kuban (Geneseo) 20' 00 1/4"; 3.) Andrew Walter (Geneseo) 19' 11 "; 4.) Adam Hartz (Princeton) 19' -7"; 5.) Aaron Cooksey (Sterling) 19' 03 1/2"; 6.) Terrell Williams (IVC) 18' 08 1/2"	
<i>Additional Geneseo Athletes:</i> none	
Pole Vault: 1.) Logan Pflibsen (Streator) 14' 00"; 2.) Jesse Strakis (Princeton) 12' 00"; 3.) Chris Greenwalt (Dixon) 12' 00"; 4.) Tyler Taylor (Princeton) 11' 06"; 5.) Jaran Heaton (Geneseo) 11' 00"; 6.) Jacob Pinter (Mendota) 9' 06"	
<i>Additional Geneseo Athletes:</i> 7.) Rob Barton 9' 06"	
Shot Put: 1.) Peyton Lumzy (Dixon) 52' 05"; 2.) Adam Devine (Dixon) 49' 08 1/2"; 3.) Nathan Swope (Sterling) 47' 11 1/2"; 4.) Chris Brooks (Geneseo) 47' 06"; 5.) Andrew Burnell (Dixon) 47' 04 1/4"; 6.) Miles Ripsky (Sterling) 47' 01 1/2"	
<i>Additional Geneseo Athletes:</i> 11.) Curt Jensen 42' 03 3/4"; 13.) Dan Haertjens 38' 02"	
Triple Jump: 1.) Joe Schniederbauer (Sterling) 42' 00"; 2.) Andrew Walter (Geneseo) 40' 07 1/2"; 3.) Elliott Kenney (Geneseo) 40' 02 1/2"; 4.) Josh Calkins (Dixon) 39' 06 1/2"; 5.) Adam Gahan (Mendota) 38' 07 3/4"; 6.) Terrell Williams (IVC) 38' 03 1/2"	
<i>Additional Geneseo Athletes:</i> 8.) Drew Croegaert 37' 06 3/4"	
3200 Meter Run: 1.) Dan Chenoweth (Geneseo) 9:22.73; 2.) Kyle Boone (Dixon) 10:13.71; 3.) Ryan Kotecki (Geneseo) 10:27.23; 4.) Nate Jones (Dixon) 10:57.23; 5.) Drew Rowe (Sterling) 11:07.32; 6.) Chad Ford (Geneseo) 11:17.81	
<i>Additional Geneseo Athletes:</i> -Dan Chenoweth: 9:22.73 (67 - 2:19 (72) - 3:29 (70) - 4:41 (72) - 5:54 (73) - 7:08 (74) - 8:20 (72) - 9:22.73 (62) -Ryan Kotecki: 10:27.23 (71 - 2:29 (78) - 3:43 (74) - 5:00 (77) - 6:20 (80) - 7:44 (84) - 9:07 (83) - 10:27.23 (80) -Chad Ford: 11:17.81 (71 - 2:31 (80) - 3:58 (87) - 5:22 (84) - 6:50 (88) - 8:20 (90) - 9:50 (90) - 11:17.81 (87)	
55 Meter Dash 1.) Kyle Prout (IVC) 6.83; 2.) Shane Reschke (Geneseo) 6.84; 3.) Eric Jenkins (L-P) 6.88; 4.) Nick Wyzgowski (IVC) 6.96; 5.) Matt Hughes (Sterling) 7.02; 6.) Alex Hughes (Sterling) 7.04	
<i>Additional Geneseo Athletes:</i> 7.) Jeremy Peters 7.08; DQ.) Jacob Kuban FS	
55 Meter Hurdles 1.) Evan Hackbarth (Dixon) 8.06; 2.) Drew Croegaert (Geneseo) 8.35; 3.) Tom Peal (Geneseo) 8.62; 4.) Jon Zadrzynski (IVC) 8.77; 5.) Josh Calkins (Dixon) 8.96; 6.) Tyler Woods (Mendota) 9.10	
<i>Additional Geneseo Athletes:</i> 11.) Ben Koenig 9.55	
3200 Meter Relay: 1.) Dixon (Matt Logan, Saul Capilla, Hugh Bratt, Casey Ferrigan) 8:36.28; 2.) Princeton (Ethan Smith, Ryan Clary, Colin Mickow, Hunter Mickow) 8:40.29; 3.) Sterling (Nolan Anderson, Tim Noll, Ben Schott, Jordan Pitkin) 8:53.59; 4.) IVC (Joe Otto, Kevin Duvall, Kyle Kinnary, Alex Olivera) 8:59.12; 5.) Mendota (Tim Smith, Jake Barr, Sam Halbmaier, Bryant Morris) 9:18.81; 6.) Geneseo (Kenny Collis, Jon Fleming, Sean Goodrich, Tyler Timmerman) 9:37.72	
<i>Geneseo Splits:</i> Kenny Collis 30 - 64 - 2:15.42 (71); Jon Fleming 30 - 66 - 2:22.91 (76); Sean Goodrich 30 - 66 - 2:32.69 (86); Tyler Timmerman 31 - 67 - 2:26.30 (79)	

800 Meter Relay 1.) Geneseo (Andrew Walter, Jacob Kuban, Jaran Heaton, Shane Reschke) 1:35.93; 2.) Sterling (Matt Hughes, Josh Kunde, Kevin Lucas, Aaron Johnson) 1:37.87; 3.) IVC (Kyle Prout, Nick Wyzgowski, Jacob Bjerk, Josh Radmanovich) 1:38.40; 4.) Dixon (Mike Ridgeway, Evan Hackbarth, Ryne Fitzsimmons, Derek Hubbell) 1:39.74; 5.) LaSalle-Peru (Derec Jenkins, Jake Small, Gavin Aubry, Jason Jones) 1:40.90; 6.) Princeton (Tyler Taylor, Logan Ozburn, Jordan Wetsel, Adam Hartz) 1:41.48

Geneseo Splits: Andrew Walter 23.79; Jacob Kuban 23.77; Jaran Heaton 24.10; Shane Reschke 23.97

800 Meter Run: 1.) Nate Silver (Geneseo) 2:11.79; 2.) Chance Nordstrom (Geneseo) 2:12.16; 3.) Jason Davis (Streator) 2:13.47; 4.) Bryant Morris (Mendota) 2:13.49; 5.) Evan Westart (Dixon) 2:18.81; 6.) Marc Lansing (L-P) 2:19.43

Additional Geneseo Athletes: 10.) Hunter McVietty 2:25.38

Geneseo Splits: Nate Silver 31 - 65 - 2:11.79 (66); Chance Nordstrom 31 - 65 - 2:12.16 (67); Hunter McVietty 31 - 69 - 2:25.38 (76)

400 Meter Dash: 1.) Joe Schniederbauer (Sterling) 52.87; 2.) Kymin Hussung (Sterling) 54.22; 3.) Shane Reschke (Geneseo) 54.26; 4.) Matt Holland (Princeton) 55.55; 5.) Alex Wakeley (Dixon) 55.59; 6.) Andrew Marshall (Streator) 55.75

Additional Geneseo Athletes: 11.) Jeremy Peters 58.51; 19.) Tom Peal 1:02.06

1600 Meter Run: 1.) Dan Chenoweth (Geneseo) 4:29.88; 2.) Kyle Boone (Dixon) 4:41.51; 3.) Colin Mickow (Princeton) 4:45.26; Scott Clark (L-P) 4:52.17; 5.) Matt Logan (Dixon) 4:54.93; 6.) Jon Richards (Streator) 5:01.83

Additional Geneseo Athletes: 7.) Ryan Kotecki 5:01.96; 10.) Chad Ford 5:13.54

Geneseo Splits:

Dan Chenoweth 32 - 65 - 2:15 (70) - 3:25 (70) - 4:29.88 (64)

Ryan Kotecki 34 - 70 - 2:25 (75) - 3:45 (80) - 5:01.96 (76)

Chad Ford 33 - 70 - 2:29 (79) - 3:53 (84) - 5:13.54 (80)

200 Meter Dash: 1.) Andrew Walter (Geneseo) 23.85; 2.) Kyle Prout (IVC) 24.80; 3.) Eric Jenkins (L-P) 24.56; 4.) Gavin Aubry (L-P) 24.79; 5.) Nick Wyzgowski (IVC) 24.80; 6.) Kevin Lucas (Sterling) 24.84

Additional Geneseo Athletes: 7.) Jaran Heaton 24.87; 8.) Elliott Kenney 25.29

1600 Meter Relay: 1.) Sterling (Kymin Hussung, Cory Renner, Ben Schott, Joe Schniederbauer) 3:41.26; 2.) Geneseo (Drew Croegaert, Chance Nordstrom, Nate Silver, Jacob Kuban) 3:42.16; 3.) Dixon (Hugh Bratt, Saul Capilla, Casey Ferrigan, Derek Hubbell) 3:42.99; 4.) IVC (Joe Otto, Jacob Bjerk, Kyle Kinnary, Luke Peterson) 3:50.24; 5.) Princeton (Huner Mickow, Tyler Taylor, Adam Fredenhagen, Matt Holland) 3:55.64; 6.) Mendota (Kurtis Knapp, Travis Martinson, Brandon Smith, Adam Ruppert) 3:58.21

Geneseo Splits: Drew Croegaert 55.82; Chance Nordstrom 55.62; Nate Silver 56.50; Jacob Kuban 53.97

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