



Leafs Mine John McCormick Gold as Seniors Shine in the Rain

On Friday night (5/04) the Leafs played hosts to an eleven team field in weather suited best for ducks and distance runners. A mild wind and rain were companions to the competitors during most of the action which included several outstanding performances by the host Maple Leafs which resulted in the team championship. Leading the charge on Senior Night were Geneseo's 6 competing Chris Brooks, Dan Chenoweth, Drew Croegaert, Elliott Kenney, Jeremy Peters, and Nate Silver.

The highlights of the meet were many with Dan Chenoweth's meet record of 8:57.22 rising above all others. Dan's time is currently ranked as the 3rd fastest time in the U.S. this outdoor season. The weightman's 400 Meter Relay team of Austin Ryan, Nathan Panicucci, Caleb Robertson, and Shane Miller also broke their own school record with a smoking time of 46.38 in the non-scored event.

The Leafs were led by the following 1st place award winners:

- 1st Place: 1600 Meter Run (Dan Chenoweth)
- 1st Place: 3200 Meter Run (Dan Chenoweth)
- 1st Place: 400 Meter Weightman's Relay (Austin Ryan, Nathan Panicucci, Caleb Robertson, Shane Miller)
- 1st Place: Long Jump (Andrew Walter)

RESULTS



Chenoweth among the nation's best

Leafs' stellar performances nab them the invite title

Photo by Amy Boldt

DAN CHENOWETH races around the track in the 3200-m run with his sights set on breaking records.

Chenoweth ranked fourth nationally in 3200

And for short time, he may have been fastest prep distance runner in U.S.

By Dan Tomlin
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Dan Chenoweth had a reason to dance Saturday night, and it wasn't just because it was Geneseo High School's senior prom.

For a short time Friday night, Chenoweth may have been the fastest high school distance runner in the country — yes, the country!

Chenoweth clocked an 8:57.22 in the 3200-meter race at the John McCormick Invite on his home track at Geneseo. That time eclipsed the time of Luke Puskedra of Judge Memorial High in Utah, but would not make it through the night as the fastest time. Two runners from Pennsylvania and one from New York ran faster than Chenoweth's 8:57 by night's end, making the Maple Leaf the fourth fastest runner in the country.

His time is also the top in the state of Illinois. He also broke his own school record in the event, and smashed the meet record of 9:08 held by Olympian Tim Broe who prepped in East Peoria.

Either of Chenoweth's mile splits (4:28 and 4:29) would have been good enough to win most mile races. But he bettered that as the senior came back and ran a 4:20 to take that gold as well.

The 3200 was the race to see. After a torrential afternoon downpour, there were less than 100 fans in attendance to see Chenoweth put on the show.

"It was one of the most inspirational things I've ever seen," Geneseo coach Don Fredericks said. "He ran a sub-9:00, 3200 by himself, in the rain. He's not afraid of psychological barriers."

For a perfect example of Chenoweth's toughness, one needs to look no further than his lap times. He ran his first lap in 64 seconds, his slowest in 70 seconds and his final lap in 63 seconds.

Running your last lap faster than your first over the course of nearly two miles isn't normal. But, as Fredericks says, "Dan Chenoweth is not your average Joe."



File

Geneseo runner Dan Chenoweth clocked an 8:57.22 in the 3200 at the John McCormick Invite.

By AMY BOLDT
Sports Editor

It was a weekend that senior Dan Chenoweth is unlikely to forget and neither will the Geneseo High School track and field team.

Chenoweth, for a short time Friday night, May 4, was the fastest high school distance runner in the country; plus he was named Prom King at Geneseo's May 5 prom.

When Chenoweth set out on the first leg of the 3200-meter

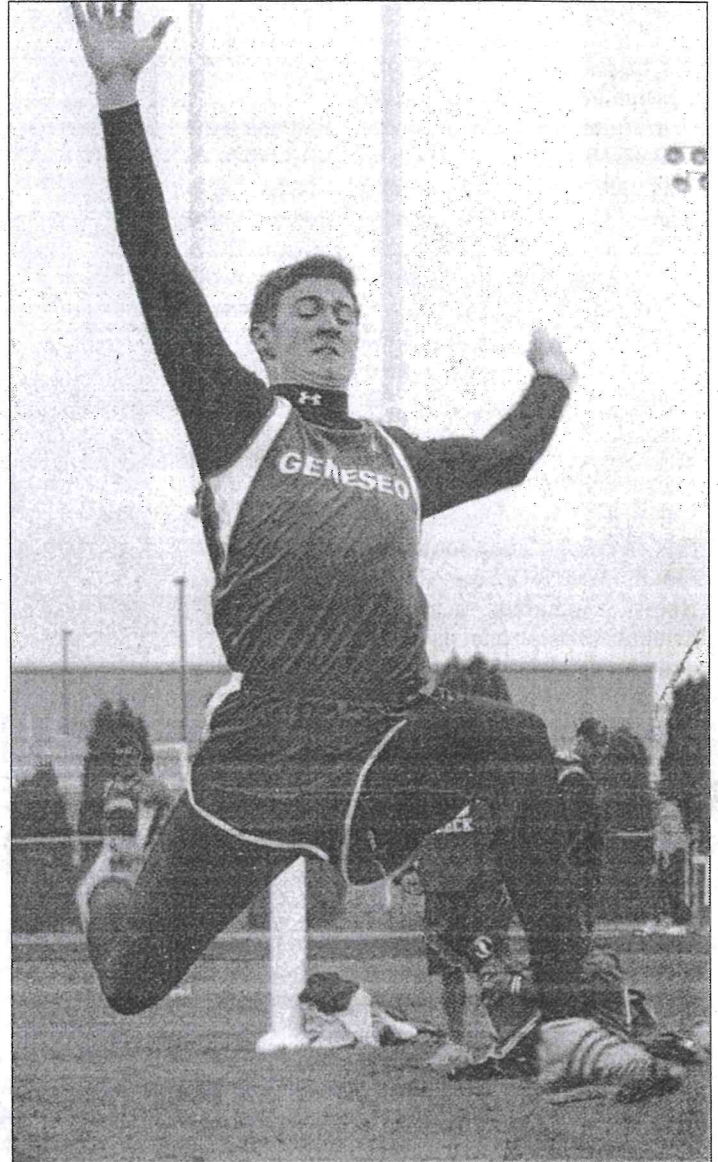


Photo by Amy Boldt

ANDREW WALTER makes a giant leap into the long jump pit to place first in the event.

run at the John McCormick Invite, you could see the look of determination on his face. As the race progressed, Chenoweth's lead grew farther and farther away from the other runners.

Chenoweth ran his first lap in 64 seconds and his final lap in 63 seconds, lapping some of the other runners along the way. His mile splits were 4:28 and 4:29 and he was on record pace to break several records that night.

Chenoweth crossed the finish line, taking the tape in 8:57.22. With that time, Chenoweth holds the top time in the State of Illinois. He broke his own record in the event, while blowing away the meet record of 9:08 held by Olympian Tim Broe, who ran for East Peoria in high school.

"It was really exciting to be at home and I knew I was on pace to break the record on my last lap," Chenoweth said. "I really just tried to keep my splits even and stay focused."

"It is exciting to see your name on the (nation's list), but it does put a lot of pressure on for state because that is not a given."

"Dan ran a phenomenal race," Head Coach Don Fredericks said. "We knew he was up there in the national rankings, but we didn't know he was up that high. It was very exciting."

On top of all that excitement, Chenoweth ended up being the top runner in the country for a brief moment. Two runners from Pennsylvania and one from New York ran faster than Chenoweth and when the night ended, Chenoweth was the fourth fastest runner in the country.

"Dan possesses a combination of passion and purpose and both are very evident," Fredericks said.

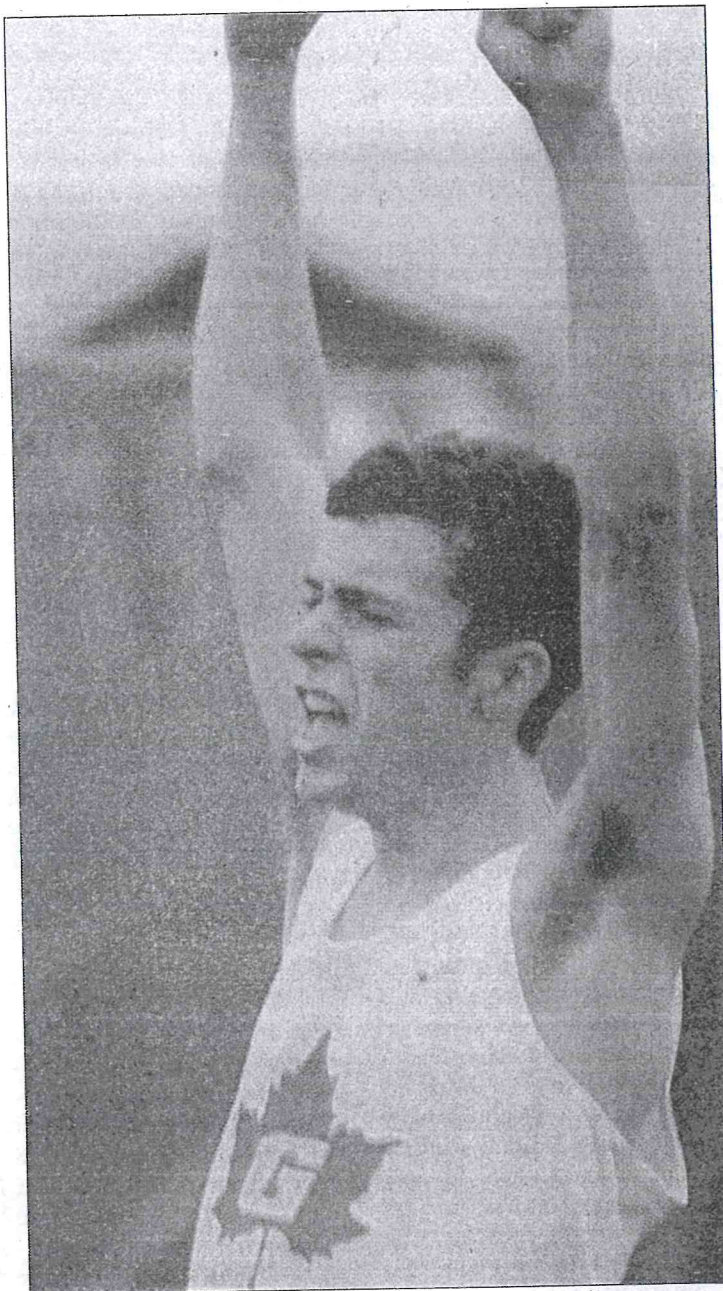


Photo by Amy Boldt

DAN CHENOWETH raises his arms in victory after finishing first in the 3200-meter run at the John McCormick Invite May 4.

The Leafs capped off the night of excellence by nabbing the John McCormick Invite title against some heavy hitters, with 125 team points.

"It was a difficult night weather wise, but all-in-all, it was a spectacular night," Fredericks said. "It was a pretty special night to win our home invite and on senior night."

Geneseo also received top honors from Chenoweth in the 1600-m run, crossing the finish line in 4:20.31; Andrew Walter in the long jump with a leap of 22-2 1/2; and the 4x100-m Weightmen's relay of Austin Ryan, Nathan Panicucci, Caleb Robertson and Shane Miller in 46.38.

2nd place, 11.14 and Jacob Kuban, 6th place, 11.63.

200-m dash- Walter, 3rd place, 23.02 and Collin DeBuysere, 13th place, 24.32.

400-m dash- Walter, 2nd place, 51.45 and Reschke, 4th place, 52.65.

800-m run- Nate Silver, 3rd place, 2:01.90 and Chance Nordstrom, 6th place, 2:04.40.

1600-m run- Ryan Kotecki, 12th place, 4:59.27.

3200-m run- Kotecki, 8th place, 10:07.82.

100-m hurdles- Drew Croegaert, 4th place, 16.06.

300-m hurdles- Croegaert, 4th place, 42.07 and Tom Peal, 12th place, 45.61.

Boys' Track: Leafs gear up to make run at NCIC championship

■ From Page B1

4x200-m relay- Jeremy Peters, Logan Patton, DeBuysere and Jaran Heaton, 4th place, 1:35.46.

4x400-m relay- Croegaert, Nordström, Silver and Kuban, 2nd place, 3:32.81.

4x800-m relay- Jon Fleming, Kenny Collis, Josh Lodge and Sean Goodrich, 6th place, 8:41.02.

Additional Field Results

High jump- Peters, 3rd place, 6-1 and Peal, 4th place, 5-11.

Pole vault- Rob Barton, 7th place, 10-3 and Jake Ballegeer, 10th place, 9-9.

Long jump- Reschke, 3rd place, 20-8 1/4.

Triple jump- Kuban, 2nd place, 42-2 3/4 and Kenney, 4th place, 40-10-0.

Shot put- Chris Brooks, 5th place, 47-5 and Curt Jensen, 10th place and 42-10.

Discus- Brooks, 3rd place, 141-06 and Jensen, 4th place, 138-10.

"We had great performances up and down the line and received points from all different areas," Fredericks said. "We beat a very, very good Galesburg team. A lot of



Photo by Amy Boldt

TOM PEAL clears the hurdle during the preliminaries of the 110-meter hurdle event.

good things happened and it was a great meet for the team."

The Leafs hope to find the same luck on their home turf today in the NCIC meet at 3 p.m.

"We are excited about going after Sterling, who is

favorable in the NCIC," Fredericks said. "We hope for personal bests and we believe it is possible to win the title. We are beginning championship-meet season and that is when we are looking to peak so the best is yet to come."

2007 JOHN MCCORMICK INVITATIONAL

Host Site: Geneseo High School

Date: 5-04-2007

Timing System: Hand Held

Scoring: 10-8-6-4-2-1

Weather Conditions: 60 Degrees with 10 mph winds...rain

Team Scores: 1.) Geneseo 125; 2.) Galesburg 100; 3.) Metamora 79; 4.) Rockford Auburn 56; 5.) Dixon 45; 6.) Peoria Richwoods 44; 7.) LaSalle-Peru 35; 8.) Princeton 29; 9.) Ottawa 22; 10.) Rock Island Alleman 21; 11.) Canton 2

Discus: 1.) Andrew Burnell-12 (Dixon) 162' 07"; 2.) Ryan Brown-11 (Richwoods) 143' 00"; 3.) Chris Brooks-12 (Geneseo) 141' 06"; 4.) Curt Jensen-10 (Geneseo) 138' 10"; 5.) Collin Otto-12 (Metamora) 137' 07"; 6.) Adam Myers-11 (Dixon) 131' 11"

Additional Geneseo Athletes: None

High Jump: 1.) Lawrence Hardin-12 (Richwoods) 6' 05"; 2.) Jerrick Hughes-12 (L-P) 6' 01"; 3.) Jeremy Peters-12 (Geneseo) 6' 01"; 4.) Tom Peal-11 (Geneseo) 5' 11"; 5.) Matt Walker-11 (Ottawa) 5' 11"; 6.) Austin Andrews-12 (Galesburg) 5' 09"

Additional Geneseo Athletes: None

Long Jump: 1.) Andrew Walter-11 (Geneseo) 22' 02 1/2"; 2.) Cody Mixon-12 (Galesburg) 20' 08 3/4"; 3.) Shane Reschke-11 (Geneseo) 20' 08 1/4"; 4.) Andrew Thierry-12 (Galesburg) 20' 07 1/2"; 5.) Adam Hartz-12 (Princeton) 20' 00 1/4"; 6.) Robert Ray-12 (Metamora) 19' 09 3/4"

Additional Geneseo Athletes: None

Additional Jumps of Note: Andrew Walter: 22' 01 1/2"; 21' 5"; 21' 01"; 21' 00"

Pole Vault: 1.) Tyler Stanford-12 (Ottawa) 13' 09"; 2.) Pete Shadid-11 (Metamora) 13' 03"; 3.) Nathan Bush-12 (Alleman) 12' 09"; 4.) Jesse Strakis-12 (Princeton) 12' 09"; 5.) Jon Small-12 (Ottawa) 12' 03"; 6.) Chris Greewalt-10 (Dixon) 11' 09"

Additional Geneseo Athletes: 7T.) Rob Barton-10 10' 03"; 10.) Jake Ballegee-10 9' 03"

Shot Put: 1.) Peyton Lumzy-12 (Dixon) 52' 01"; 2.) Adam Devine-11 (Dixon) 50' 02"; 3.) Jordan Alexander-11 (Richwoods) 48' 02"; 4.) Alex Luhring-11 (Metamora) 47' 08 1/2"; 5.) Chris Brooks-12 (Geneseo) 47' 05"; 6.) Vincent Ewald-11 (Alleman) 45' 11"

Additional Geneseo Athletes: 10.) Curt Jensen-10 42' 10"

Triple Jump: 1.) Andrew Thierry-12 (Galesburg) 42' 11"; 2.) Jacob Kuban-11 (Geneseo) 42' 02 3/4"; 3.) Lawrence Hardin-12 (Richwoods) 41' 09 1/2"; 4.) Elliott Kenney-12 (Geneseo) 40' 10"; 5.) Vincent Ewald-11 (Alleman) 40' 07 1/2"; 6.) Rayvone Taylor-11 (Galesburg) 39' 09"

Additional Geneseo Athletes: None

3200 Meter Relay: 1.) Dixon (Hugh Bratt-11, Matt Logan-10, Saul Capilla-12, Kasey Ferrigan-10) 8:18.53; 2.) Metamora (T.J. McMorro-11, Bill Miller-12, Brenton Pfaff-12, Ben Seckler-12) 8:22.69; 3.) Galesburg (Lucas Junk-09, Danny Stafford-12, Robbie Walters-12, Spencer Guerrero-11) 8:29.39; 4.) Princeton (Ryan Clary-12, Ethan Smith-12, Hunter Mickow-11, Matthew Smith-10) 8:38.02; 5.) Richwoods (Tye Smith-11, Troy Rice-11, Nate Carter-09, Matt Chambers) 8:38.39; 6.) Geneseo (Jon Fleming-11, Kenny Collis-09, Josh Lodge-10, Sean Goodrich-10) 8:41.02

Geneseo Splits: Jon Fleming: 2:08.12 (61 - 67); Kenny Collis: 2:12.35 (60 - 72); Josh Lodge: 2:12.19 (62 - 70);

Sean Goodrich: 2:18.16 (62)

400 Meter Relay: 1.) Rockford Auburn (Viktorr Imani-12, Cobin Howard-12, Nichol Newton-11, Brandon Goldsmith-11) 43.83; 2.) Galesburg (Cody Mixon-12, Zack Boehme-11, Andrew Thierry-12, Diego Moore-10) 44.06; 3.) Metamora (Jake Gilfillan-11, Brock Gray-11, Ethan Zachman-11, Ryan Wenzel-11) 44.11; 4.) Peoria Richwoods (Gene Yu-12, Jake Moore-12, Justin Webber-11, Matt Egan-11) 44.99; 5.) Canton (Matt Towery-12, Jimmie Smith-09, Anthony Wilson-12, Clint Coleman-11) 45.38; 6.) LaSalle-Peru (Sam Mayszak-10, Tristan Lumpkins-10, Gavin Aubry-10, Eric Jenkins-09) 45.40

Additional Geneseo Athletese & Splits: D.Q. Jacob Kuban-11: 10.72; Andrew Walter-11: 12.69; Aaron Kotecki-09: 9.35; Shane Reschke-11: 11.65 (44.63 DQ)

3200 Meter Run: 1.) Dan Chenoweth-12 (Geneseo) 8:57.22; 2.) Bill Miller-12 (Metamora) 9:43.82; 3.) Dennis Baliga-11 (Auburn) 9:46.53; 4.) Colin Mickow-11 (Princeton) 9:49.44; 5.) Greg Whittle-10 (Galesburg) 9:54.69; 6.) Zack Yeager-12 (Galesburg) 9:58.80

Additional Geneseo Athletes & Splits: 8.) Ryan Kotecki-11 10:07.82

-Dan Chenoweth: (64) - 2:12 (68) - 3:20 (68) - 4:28 (68) - 5:36 (68) - 6:46 (70) - 7:54 (68) - 8:57 (63)

-Ryan Koteck: (65 - 2:19 (74) - 3:34 (75) - 4:50 (76) - 6:10 (80) - 7:29 (79) - 8:49 (80) - 10:07 (78)

110 Meter High Hurdles: 1.) Viktorr Imani-12 (Auburn) 15.07; 2.) Craig Hall-12 (Galesburg) 15.29; 3.) Karey Dorethy-10 (Metamora) 15.90; 4.) Drew Croegaert-12 (Geneseo) 16.06; 5.) Robert Ray-12 (Metamora) 16.39; 6.) Stener Ziel-11 (Ottawa) 18.37

Additional Geneseo Athletes & Prelims: Tom Peal-11: 16.25; Drew Croegaert-12: 15.78

100 Meter Dash: 1.) Brandon Goldsmith-11 (Auburn) 10.88; 2.) Shane Reschke-11 (Geneseo) 11.14; 3.) Eric Jenkins-09 (L-P) 11.33; 4.) Quinn Myers-12 (Ottawa) 11.43; 5.) Andrew Briones-12 (Alleman) 11.47; 6.) Jacob Kuban-11 (Geneseo) 11.63

Additional Geneseo Athletes & Prelims: Shane Reschke-11: 11.17; Jacob Kuban-11: 11.25

800 Meter Run: 1.) Josh Bailey-12 (Galesburg) 1:58.03; 2.) Hunter Mickow-11 (Princeton) 2:01.25; 3.) Nate Silver-12 (Geneseo) 2:01.90; 4.) Brenton Pfaff-12 (Metamora) 2:03.74; 5.) John Liddell-11 (Auburn) 2:04.33; 6.) Chance Nordstrom-11 (Geneseo) 2:04.40

Additional Geneseo Athletes & Splits: Nate Silver 2:01.90 (59 - 62); Chance Nordstrom 2:04.40 (58 - 66)

800 Meter Relay: 1.) Rockford Auburn (Cobin Howard-12, Anthony Young-11, Nichol Newton-11, Brandon Goldsmith-11) 1:32.22; 2.) Metamora (Jake Gilfillan-11, Brock Gray-11, Ryan Wenzel-11, Ethan Zachman-11) 1:33.41; 3.) LaSalle-Peru (Sam Mayszak-10, Tristan Lumpkins-10, Gavin Aubrey-10, Eric Jenkins-09) 1:34.52; 4.) Geneseo (Jeremy Peters-12, Logan Patton-10, Collin DeBuysere-11, Elliott Kenny-12) 1:35.46; 5.) Galesburg (Diego Moore-10, Kevin Mitchell-10, Tyler Lingwall-12, Rayvone Taylor-11) 1:35.51; 6.) Ottawa (Quinn Myers-12, Brad Wignes-11, Mark Collins-11, Caleb Combs-09) 1:36.69

Geneseo Splits: Jeremy Peters 23.81; Logan Patton 24.37; Collin DeBuysere 23.35; Elliott Kenney 23.28

400 Meter Dash: 1.) Cody Mixon-12 (Galesburg) 51.34; 2.) Andrew Walter-11 (Geneseo) 51.45; 3.) Gene Yu-12 (Richwoods) 52.47; 4.) Shane Reschke-11 (Geneseo) 52.65; 5.) Caleb TerBush-11 (Metamora) 52.92; 6.) Saul Capilla-12 (Dixon) 53.01

Additional Geneseo Athletes: None

300 Meter Intermediate Hurdles: 1.) Craig Hall-12 (Galesburg) 40.80; 2.) Viktorr Imani-12 (Auburn) 40.81; 3.) Logan Ozburn-11 (Princeton) 41.50; 4.) Drew Croegaert-12 (Geneseo) 42.07; 5.) Ryan Brown-11 (Richwoods) 42.27; 6.) Josh Thomas-09 (Galesburg) 42.58

Additional Geneseo Athletes: 12.) Tom Peal-11: 45.61

1600 Meter Run: 1.) Dan Chenoweth-12 (Geneseo) 4:20.31; 2.) Josh Bailey-12 (Galesburg) 4:31.80; 3.) Bill Miller-12 (Metamora) 4:33.14; 4.) T.J. McMorrow-11 (Metamora) 4:35.25; 5.) Scott Clark-11 (L-P) 4:36.73; 6.) Colin Mickow-11 (Princeton) 4:38.48

Additional Geneseo Athletes & Splits: 12.) Ryan Kotecki-11: 4:59.27;

-Dan Chenoweth (64 - 2:09 (65) - 3:17 (68) - 4:20 (63)

-Ryan Kotecki (65 - 2:20 (75) - 3:42 (82) - 4:59 (77)

200 Meter Dash: 1.) Eric Jenkins-09 (L-P) 22.75; 2.) Brock Gray-11 (Metamora) 22.79; 3.) Andrew Walter-11 (Geneseo) 23.02; 4.) Andrew Thierry-12 (Galesburg) 23.37; 5.) Quinn Myers-12 (Ottawa) 23.48; 6.) Tristan Lumpkins-10 (L-P) 23.54

Additional Geneseo Athletes: 13.) Collin DeBuysere-11 24.32

400 Meter Weightman's Relay (non-scored): 1.) Geneseo (Austin Ryan-11, Nathan Panicucci-11, Caleb Robertson-11, Shane Miller-11 46.38; 2.) Alleman (Mark Henry-12, Vincent Ewald-11, Astin Murray-11, Evan DuPrey-12) 48.23; 3.) Dixon (Andrew Burnell-12, Adam Myers-11, Peyton Lumzy-12, Adam Devine-11) 48.37; 4.) LaSalle-Peru (Brian Turchi-12, Ryan Deichmueller-10, Jake Clark-10, Tony Sickley-12) 50.25; 5.) Princeton (Bill Mathesius-10, Ethan Kloster-10, David Murphy-12, Kale Sprouse-09) 52.32; 6.) Rockford Auburn (Pierre Hayes-11, Darryl Watkins-12, Nick Miramontes-12, Matt Hawkins-11) 52.62

Geneseo Splits: Austin Ryan-11: 12.16; Nathan Panicucci-11: 10.94; Caleb Robertson-11: 11.28; Shane Miller-11: 11.62

1600 Meter Relay: 1.) Alleman (Nathan Bush-12, Andrew Briones-12, Tim Strohbeen-12, John Michaletti-11) 3:32.67; 2.) Geneseo (Drew Croegaert-12, Chance Nordstrom-11, Nate Silver-12, Jacob Kuban-11) 3:32.81; 3.) Galesburg (Josh Thomas-09, Lucas Junk-09, Craig Hall-12, Rayvone Taylor-11) 3:33.57; 4.) Dixon (Josh Calkins-11, Kasey Ferrigan-10, Hugh Bratt-11, Saul Capilla-12) 3:35.45; 5.) Metamora (Caleb TerBush-11, Brad Herman-11, Nick Bennett-12, Brenton Pfaff-12) 3:38.10; 6.) LaSalle-Peru (Marc Lansing-10, Gavin Aubry-10, Bob Wujek-11, Jake Ladzinski-12) 3:43.75

Geneseo Splits: Drew Croegaert-12: 53.49; Chance Nordstrom-11: 53.75; Nate Silver-12: 53.16; Jacob Kuban-11: 52.44

This is a Geneseo Track & Field Manila site.