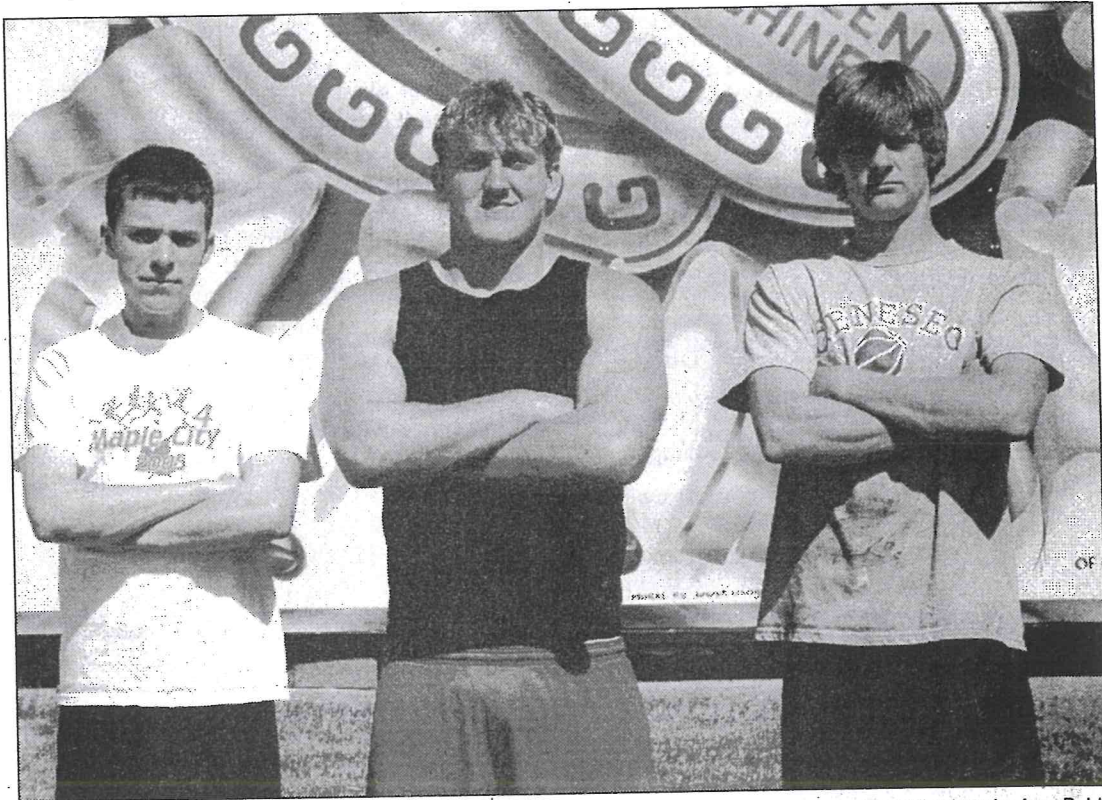


Three Leafs punch tickets to state



Republic photo by Amy Boldt

READY FOR STATE COMPETITION are from left: Dan Chenoweth, Joe Paradiso and Shaun Russell who are preparing this week for the IHSA State Finals. They qualified at sectionals May 19.

By AMY BOLDT
Sports Editor

Geneseo seniors Shaun Russell and Joe Paradiso, and junior Dan Chenoweth, are set to square off against the best athletes in the state as the boys qualified for state at the Sterling Sectional meet May 19. The team finished the sectional meet in fourth place overall.

"Our team really exploded and had a tremendous meet," Head Coach Don Fredericks said. "It was a 19-team meet with a lot of quality teams and for us to finish fourth, we were really proud of them."

Russell, who is making his third appearance in three years, and Paradiso, a first-time state qualifier, will represent the Leafs in the field. Chenoweth, who is no stranger to state competition, qualified for the first time for the Geneseo track and field team and will be racing on the track.

Russell qualified in the long jump with a leap of 22-3 1/4 for first place as he battles with a hamstring injury. Paradiso placed third in the shot put with a heave of 53-7 1/2 to advance, as he fights recovery from knee

surgery and an injured calf muscle.

"Joe has been trying to hang in there," Fredericks said. "It has been very frustrating for him, but he has worked real hard and tried to make a comeback. Shaun has a high hamstring pull. It was finally time that he was really allowed to really go for it. It was one of his best jumps with no wind. He had a big smile on his face once he did it."

Chenoweth advanced to Charleston in two events for Geneseo, the 3200-meter and the 1600-m runs. Chenoweth continued to knock down school records as he set another in the 3200-m run, taking the tape in nine minutes and 16.55 seconds.

He also advanced in the 1600-m run with a time of 4:22.92, for firsts in both events.

"Dan ran a tremendous 3200-m run and definitely put himself in the spot to make a run at an all-state award," Fredericks said. "He also set his third school record this year. In the mile, Dan ran a very strategic race."

Others competing for Geneseo were Shane Reschke and Justin Heaton in the 400-m dash, Reschke in 51.21 and Heaton,

52.37; in the 800-m run Chance Nordstrom finished in 2:06.52 and Nate Silver in 2:11.65; and Ryan Kotecki in the 3200-m run with a time of 11:39.78.

Also, in the 300-m hurdles, Drew Croegaert finished in 42.80 and Wolfe Repass with a time of 40.76; the 4x100-m relay of Jacob Kuban, Tyler Loucks, Reschke and Russell in 43.90; the 4x200-m relay of Jeremy Peters, Jaran Heaton, Loucks and Kuban crossed the finish line in 1:37.00; and the 4x400-m relay of Russell, Reschke, Kuban and Repass in 3:30.73.

The 4x800-m relay of Silver,

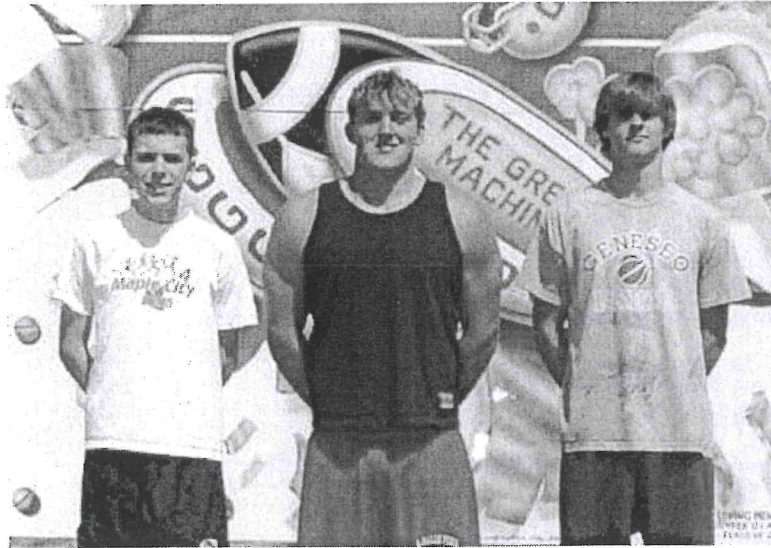
Nordstrom, Blake Wyffels and Robert Reese ended with a time of 8:38.55; in the high jump, Peters finished with a mark of 5-9, and Bren Gillespie at 5-7; Heaton in the pole vault cleared the bar at 12-9; and Reschke in the long jump finished with a leap of 20-11 1/4.

"Jaran was unbelievable in the pole vault," Fredericks said. "He took a fall his first try, but then gave it one more shot and made 11-3, cleared 11-9 on his first try and 12-9 on his first attempt. It was a tremendous battle of adversity for a sophomore."

In the triple jump, Kuban finished with a mark of 41-4 1/4 and Elliott Kenney at 38-6; Chris Brooks in the shot put ended with a heave of 51-10; and Curt Jensen in the discus at 114-04.

Russell, Chenoweth and Paradiso will compete in the IHSA State Finals today in Charleston.

"All three are big meet performers and the goal is to make it to the finals," Fredericks said. "Once we get that, we look at the top 9 for All-State honors, which is a pretty exciting goal. It is not an easy goal, but I believe they can, not to put pressure on them, but we have confidence in them."



Chenoweth, Paradiso, & Russell Punch State Tickets

Team Scores: 1.) Rock Island 79; 2.) Galesburg 65; 3.) Sterling 61; 4.) Geneseo 52; 5.) Moline 42; 6.) Ottawa 40; 7.) Dixon 36; 8.) Sycamore 29; 9.) Maple Park (Kaneland) 28; 10.) Minooka 27; 11.) United Township 23; 12.) Rochelle 19; 13.) Sandwich 17; 14.) DeKalb 16; 15.) Rock Island (Alleman) 12; 16.) Rock Falls 6; 17.) LaSalle-Peru 4; 18.) Streator 2; 19.) Morris 0

On Friday night the Leafs traveled to Sterling to participate in the 19-Team I.H.S.A. Sectional Final. Geneseo placed a strong 4th as a team and was led by state qualifiers Dan Chenoweth (1600 Meter Run & 3200 Meter Run, Joe Paradiso (shot put), and Shaun Russell (long jump.) Dan Chenoweth continued his record breaking season as he once again lowered the 3200 Meter School Record to 9:16.

Sectional Placers:

Long Jump: 1.) Shaun Russell
 Shot Put: 3.) Joe Paradiso; 6.) Chris Brooks
 300 Meter Intermediate Hurdles: 4.) Wolfe Repass
 400 Meter Dash: 4.) Shane Reschke; 6.) Justin Heaton
 400 Meter Relay: 3.) Tyler Loucks, Shane Reschke, Jacob Kuban, Shaun Russell
 1600 Meter Run: 1.) Dan Chenoweth
 3200 Meter Run: 1.) Dan Chenoweth (new school record)

RI's Watson scores emotional 800-meter sectional victory

By Matt Veto

STERLING — Rock Island boys' track coach Ed Lillis said winning the sectional wasn't on his mind. He just wanted to let the points work out themselves.

As it turned out, the points worked themselves into an IHSA Class AA Sterling Sectional championship. The Rocks proved that, to them, track really is a team sport.

At Sterling's Duwayne Dietz Track on Friday night, each of the four RI relay teams punched a ticket to state. The only relay the Rocks didn't win outright was the 3200. That went to United Township and will be the Panthers' only state representation.

Coming up empty after the field events, RI forged its comeback on the track scoring 38 of its 79 points in the relay events. The lone individual Rocky sectional championship was an emotional victory for both coach and athlete.

Senior Adrian Watson will run at the IHSA State meet for the first time in his four-year varsity career after grabbing gold in the 300 meter hurdles (:39.51).

"(Watson) has been a work in progress and for him to wind up sectional champ is beyond words," Lillis said. "He's had some struggles and obstacles to overcome and for him to overcome those difficulties. ... That's a lump in the throat right there."

"It's been something I've wanted to do since my freshman year," Watson said. "I was really emotional about it. I just felt like crying when I crossed the finish line."

One Moline runner had redemption on his mind. Off-field problems last season kept Matt Brown from participating in his first state meet. This time, he'll be there.

On a gut feeling, Moline coach Tauwon Taylor sat down and talked with Brown at the beginning of the season, convincing the senior to give the 800-meter run a shot. After working hard on the event all season, Brown said he felt like he had a chance to make it to state but said there was no way he thought he would win the event. Taylor's track experience in the 800 as an athlete has translated as coaching wisdom.

"The half-miler being my premiere event, I told him what he had to do and he listened well," Taylor said. "He got out and got himself into position. We talked about working that middle 200 and he did that perfectly."

Brown will also run as part of a state-qualifying 1600 relay team. Dan Hall's second place finish in the 400 (:50.97) rounded out the Moline state field.

A strong showing from Geneseo's Dan Chenoweth in the distance races helped the Maple Leafs to a fourth-place team finish. With wins in the 1600 (4:22.92) and the 3200 (9:16.55), Chenoweth will be one of three Geneseo athletes to participate at state. Shaun Russell's long-jump leap of 22-3.25 was good for first place. Field teammate Joe Paradiso made the state cut with a third-place shot put toss of 53.75.

► Class AA state qualifiers

► **Rock Island:** Adrian Watson (300 IH); 3200 relay (Alex Seiver, Austin Green, Nick Tillman, Kyle Staley), 400 relay (Raphael Brown, Darnell Evans, Eric Lanus, Richard Lewis), 800 relay (Brown, Evans, Lanus, Lewis), 1600 relay (Brown, Seiver, Brandon McQueen, Lynn Watson).

► **Moline:** Matt Brown (800), Dan Hall (400); 1600 relay (Matt Brown, Dan Hall, Colby Schulz, Shawn Ledbetter).

► **United Township:** 3200 relay (Jerome Harms, Kevin DeWalsche, Pete Martinez, Chris Matthews).

► **Geneseo:** Dan Chenoweth (3200, 1600), Joe Paradiso (shot put), Shaun Russell (long jump).

► **Galesburg:** Josh Bailey (1600), Craig Hall (300 IH), Tyler Lingwall (110 HH); 800 relay.

2006 SECTIONAL RESULTS

Results	
Host Site: Sterling High School	
Date: 5/19/06	
Weather Conditions: 68 and calm late	
Scoring: Relays: 10-8-6-4-2-1; Individual Events: 10-8-6-4-2-1	
Timing System: F.A.T.	
Team Scores: 1.) Rock Island 79; 2.) Galesburg 65; 3.) Sterling 61; 4.) Geneseo 52; 5.) Moline 42; 6.) Ottawa 40; 7.) Dixon 36; 8.) Sycamore 29; 9.) Maple Park (Kaneland) 28; 10.) Minooka 27; 11.) United Township 23; 12.) Rochelle 19; 13.) Sandwich 17; 14.) DeKalb 16; 15.) Rock Island (Alleman) 12; 16.) Rock Falls 6; 17.) LaSalle-Peru 4; 18.) Streator 2; 19.) Morris 0	
Please Note: <u>State Qualifiers' performances are underlined</u>	
Discus (155' 00"): 1.) Burnell-11 (Dixon) <u>162' 09"</u> ; 2.) Swope-11 (Sterling) <u>156' 02"</u> ; 3.) Johnson-11 (Rochelle) <u>155' 01"</u> ; 4.) Decker-12 (Moline) 142' 08"; 5.) Gosch-10 (Dixon) 142' 00"; 6.) Carpenter-12 (Sycamore) 138' 04"	
<i>Additional Geneseo Athletes:</i> Curt Jensen (09) 114' 04"	
High Jump (6'05"): 1.) Bright-12 (Steling) <u>6' 03"</u> ; 2T.) Wohrley-12 (Dixon) <u>6' 01"</u> ; 2T.) Kaelin-12 (Sandwich) <u>6' 01"</u> ; 4T.) Ledbetter-10 (Moline) 5' 11"; 5.) Walker-10 (Ottawa) 5' 11"; 6.) Westbrook-12 (Moline) 5' 11"	
<i>Additional Geneseo Athletes:</i> 9) Jeremy Peters (11) 5' 09"; 12) Bren Gillespie (11) 5' 07"	
Long Jump (22' 00"): 1.) Shaun Russell-12 (Geneseo) <u>22' 03 1/4"</u> ; 2.) Contrino-12 (Sandwich) 22' 01 1/4"; 3.) Mixon-11 (Galesburg) <u>21' 07 1/4"</u> ; 4.) Long-12 (DeKalb) 21' 03"; 5.) Lingwall-11 (Galesburg) 21' 02"; 6.) Keith-12 (Moline) 21' 02"	
<i>Additional Geneseo Athletes:</i> 7T.) Shane Reschke-10 20' 11 1/4"	
Other jumps of note: Shaun Russell: 20' 11 3/4; 20' 10 1/4; Shane Reschke: 20' 08 1/4"; 20' 04 1/2"	
Pole Vault (13' 09"): 1.) Kranz-11 (Kaneland) <u>15' 04"</u> ; 2.) Myers-10 (Dixon) 13' 03"; 3.) Westerlin-12 (Kaneland) 13' 03"; 4.) Schneiderbauer-11 (Sterling) 13' 03"; 5.) Curlless-12 (U.T.) 12' 09"; 6.) Chalus-11 (Rochelle) 12' 09"	
<i>Additional Geneseo Athletes:</i> Jaran Heaton-10 12' 09"; Rob Barton-09 n.h.	
Shot Put (52' 09"): 1.) Fane-12 (Sterling) <u>55' 09"</u> ; 2.) Lumzys-11 (Dixon) <u>54' 04 3/4"</u> ; 3.) Joe Paradiso-12 (Geneseo) <u>53' 07 1/2"</u> ; 4.) Johnson-11 (Rochelle) <u>52' 11"</u> ; 5.) Schulz-12 (Sycamore) 51' 11 1/2"; 6.) Chris Brooks-11 (Geneseo) 51' 10"	
<i>Additional Geneseo Athletes:</i> none	
Other Throws of Note: Joe Paradiso 52' 00 1/4"; 51' 01 1/2"; Chris Brooks 51' 02"; 51' 01 3/4"	
Triple Jump (45' 00"): 1.) Joe Schneiderbauer-11 (Sterling) <u>44' 11"</u> ; 2.) Turner-11 (Sycamore) <u>43' 02"</u> ; 3.) Thiery-11 (Galesburg) 42' 10"; 4.) Westbrook-12 (Moline) 42' 05 1/4"; 5.) Evans-12 (U.T.) 41' 09 1/2"; 6.) Keith-12 (Moline) 41' 08 1/2"	
<i>Additional Geneseo Athletes:</i> Jacob Kuban (10) 41' 04 1/4"; Elliott Kenney (11) 38' 06"	
3200 Meter Relay (8:04.24): 1.) United Township (Matthews-12, Harms-11, DeWalsche-12, Martinez-12) <u>7:55.61</u> ; 2.) Rock Island (Seiver-12, Green-12, Tillman-11, Staley-11) <u>7:59.39</u> ; 3.) Galesburg (Billeter-12, Bailey-11, Yeager-11, Stafford-11) 8:05.66; 4.) Sycamore (Anderson-09, Beherens-11, Campbell-10, Courtney-10)	

8:11.54; 5.) Kaneland (Secrest-12, Hatch-12, Pattermann-12, Webster-10) 8:17.55; 6.) Moline (Brown-12, Zahn-09, Smith-09, Small-10) 8:29.00

Geneseo Splits: 8.) Geneseo (Nate Silver 58 - 2:02.29 (64); Chance Nordstrom 58 - 2:04.51 (66); Blake Wyffels 64 - 2:12.68 (68); Robert Reese 61 - 2:18.78 (77) 8:38.55

400 Meter Relay (43.14): 1.) Rock Island (Brown-12, Evans-11, Lanus-12, Lewis-10) 42.92; 2.) DeKalb (Forney-12, Finn-12, Long-12, Phelps-12) 43.78; 3.) Geneseo (Tyler Loucks-12, Shane Reschke-10, Jacob Kuban-10, Shaun Russell-12) 43.90; 4.) Rochelle (Dreska-12, Reed-10, Mancillas-09, Walter-10) 44.40; 5.) Ottawa (Jaeger-12, Norem-12, Scott-10, Kozlowski-12) 44.49; 6.) Sterling (Hughes-10, Rodriguez-12, Johnson-10, Renner-11) 44.59

Geneseo Splits: Tyler Loucks 11.50; Shane Reschke 10.97; Jacob Kuban 10.41; Shaun Russell 10.78

3200 Meter Run (9:35.24): 1.) Dan Chenoweth-11 (Geneseo) 9:16.55; 2.) Whildin-12 (Kaneland) 9:50.68; 3.) Anderson-09 (Rock Island) 10:01.19; 4.) Rousonellous-11 (Minooka) 10:09.41; 5.) Zillis-11 (Rochelle) 10:10.47; 6.) Keck-09 (Minooka) 10:11.32

Additional Geneseo Athletes & Splits:

1.) Dan Chenoweth 62 - 2:16 (74) - 3:27 (71) - 4:38 (71) - 5:48 (70) - 7:00 (72) - 8:13 (73) - 9:16.55 (63) **4:38 - 4:38**
16.) Ryan Kotecki (10) 67 - 2:25 (78) - 3:51 (86) - 5:20 (89) - 6:51 - (91) - 8:26 (95) - 10:02 (96) - 11:39.78 (97) **5:20 - 6:19**

110 Meter High Hurdles (14.74): 1.) Lingwall-11 (Galesburg) 15.01; 2.) Hutsler-11 (Sycamore) 15.14; 3.) Warden-11 (U.T.) 15.37; 4.) Loveland-12 (L-P) 15.44; 5.) Hall-11 (Galesburg) 15.45; 6.) Hackbarth-11 (Dixon) 15.51

Additional Geneseo Athletes: Wolfe Repass (11) 16.42 (prelim); Drew Croegaert (11) 16.80 (prelim)

100 Meter Dash (10.84): 1.) Norem-12 (Ottawa) 10.89; 2.) Lesnick-12 (Minooka) 10.94; 3.) Lewis-10 (Rock Island) 11.32; 4.) Lanus-12 (Rock Island) 11.22; 5.) Szafranski-11 (Streator) 11.57; 6.) Hughes-10 (Steling) 11.59

Additional Geneseo Athletes: Tyler Loucks (12) 11.97 (prelim); Mason Kernan (12) 12.30 (prelim)

800 Meter Run (1:57.74): 1.) Brown-12 (Moline) 1:56.80; 2.) Mrgli-11 (Sterling) 1:57.07; 3.) Mallott-12 (Rock Falls) 1:58.30; 4.) Knkblock-12 (Alleman) 1:58.94; 5.) Matthews-12 (U.T.) 1:59.36; 6.) Billeter-12 (Galesburg) 2:01.19

Additional Geneseo Athletes: & Geneseo splits: Chane Nordstrom (10) 62 - 2:06.52 (64); Nate Silver (11) 62 - 2:11.65 (69)

800 Meter Relay (1:30.24): 1.) Rock Island (Brown-12, Evans-11, Lanus-12, Lewis-12) 1:29.19; 2.) Galesburg (Mixon-11, Thierry-11, Lingwall-11, McLaren-09) 1:30.28; 3.) Sterling (Hughes-10, Hussung-11, Schneiderbauer-11, Renner-11) 1:32.31; 4.) Alleman (Braet-12, Brones-11, Hodge-11, Carlin-11) 1:33.39; 5.) Sandwich (Buttels-11, Contrio-12, Kaelin-12, Duvick-12) 1:32.58; 6.) Rochelle (Dreska-12, Reed-10, Mancillas-09, Walter-10) 1:33.89

Geneseo Splits: (Tyler Loucks (12) 24.70; Jacob Kuban (10) 23.10; Jeremy Peters (11) 24.59; Jaran Heaton (10) 24.09) 1:37.00

400 Meter Dash (49.94): 1.) Jaeger-12 (Ottawa) 49.89; 2.) Hall-12 (Moline) 50.97; 3.) Watson-12 (Rock Island) 51.13; 4.) Shane Reschke-10 (Geneseo) 51.21; 5.) McQueen-12 (Rock Island) 51.49; 6.) Justin Heaton-12 (Geneseo) 52.37

Additional Geneseo Athletes: none

300 Meter Intermediate Hurdles (40.04): 1.) Watson-12 (Rock Island) 39.51; 2.) Hall-11 (Galesburg) 39.58; 3.) Hutsler-11 (Sycamore) 39.85; 4.) Wolfe Repass-11 (Geneseo) 40.76; 5.) Thorgesen-11 (Kaneland) 40.82; 6.) Bright-12 (Sterling) 41.43

Additional Geneseo Athletes: Drew Croegaert (11) 42.80

1600 Meter Run (4:24.74): 1.) Dan Chenoweth-11 (Geneseo) 4:22.92; 2.) Bailey-11 (Galesburg) 4:25.06; 3.) Capista-12 (Minooka) 4:30.67; 4.) Staley-11 (Rock Island) 4:32.86; 5.) Yeager-11 (Galesburg) 4:32.97; 6.) Green-12 (Rock Island) 4:34.31

Additional Geneseo Athletes: & Geneseo Splits:

1.) Dan Chenoweth 64 - 2:13 (69) - 3:21 (68) - 4:22.92 (61)
Blake Wyffels 69 - 2:24 (75) - 3:44 (80) - 4:58.96 (74)

200 Meter Dash (22.24): 1.) Norem-12 (Ottawa) 21.74; 2.) Lesnick-12 (Minooka) 21.86; 3.) Jaeger-12 (Ottawa) 22.49; 4.) Phelps-12 (DeKalb) 22.60; 5.) Lewis-10 (Rock Island) 22.78; 6.) Walter-10 (Rochelle) 23.19

Additional Geneseo Athletes: Tyler Loucks (12) 23.80 (prelim); Jeremy Peters (11) 24.57 (prelim)

1600 Meter Relay (3:24.24): 1.) Rock Island (Brown-12, Seiver-12, McQueen-12, Watson-12) 3:25.16; 2.) Moline (Brown-12, Hall-12, Schulz-11, Ledbetter-10) 3:26.07; 3.) Galesburg (Bailey-11, Billeter-12, Taylor-10, Mixon-11) 3:27.02; 4.) Alleman (Knobloch-12, DeBlieck-12, Valliere-12, Carlin-12) 3:28.07; 5.) Sterling (Hussung-11, Gonzalez-11, Megli-11, Schneiderbauer-11) 3:28.76; 6.) United Township (Jennings-12, DeWalsche-12, Martinez-12, Matthews-12) 3:30.16

Geneseo Splits: 7.) Geneseo (Shane Reschke (10) 51.87; Justin Heaton (12) 53.16; Jacob Kuban (10) 52.57; Wolfe Repass (11) 52.88 3:30.73

This is a Geneseo Track & Field Manila site.