



Blake Wyffels and Dan Chenoweth are ready to get "mooving" in Season Opener.

Russell Leads Leafs in Season Opener

Varsity Team Scores: 1.) Geneseo 77; 2.) Dixon 59.5; 3.) Rochelle 30

Fresh/Soph Team Scores: 1.) Geneseo 69.5; 2.) Dixon 54; 3.) Rochelle 41.5

On Tuesday night the Leafs traveled to Sterling's Westwood Sports Complex to take on NCIC rivals Dixon and Rochlle to open the 2006 season.

Shaun Russell led the Varsity charge as he grabbed 4 individual first places by capturing the long jump, triple jump, 55 meter dash, and the 200 meter dash. Other Leafs to earn gold medals were : 1600 & 3200 Runs: Dan Chenoweth; 800 Meter Relay: Jacob Kuban, Shane Reschke, Jeremy Peters, Mason Kernan; 1600 Meter Relay: Jacob Kuban, Shane Reshcke, Drew Croegaert, Wolfe Repass; 3200 Meter Relay: Chance Nordstrom, Blake Wyffels, Robert Reese, Nate Silver.

Pacing the Fresh-Soph team were the following first place finishers: Long Jump: Aaron Schilling; 55, 200, 400 Meter Dashes: Logan Patton; 55 Meter Low Hurdles & 55 Meter High Hurdles: Jaran Heaton; 800 Meter Run: Jon Fleming; 1600 Meter Relay: (Jaran Heaton, Jon Fleming, Chance Nordstrom, Andy Collis); 3200 Meter Run: Josh Lodge

The Leafs will next be in action on Tuesday, March 21st when they again travel to Sterling's Westwood Sports Complex to take on Freeport, Harlem and Sterling.

Geneseo track downs Dukes/Hubs in opener

By AMY BOLDT
Sports Editor

The Leaf track and field team captured its first triangular victory of the season over Dixon and Rochelle Tuesday night, March 14. Geneseo finished the match-up with 77 points, followed by Dixon with 59.5 and Rochelle, 30.

"It was the first meet of the season and we got some good early-season feedback," Head Coach Don Fredericks said. "We beat some good quality NCIC teams, but none of the teams are at their best yet. We saw some really good things."

Leading the way for the Leafs was Shaun Russell racking up four first-place finishes. Russell claimed victories in the long jump with a mark of 20-0; the 55-meter dash, taking the tape in 6.47 seconds; the 200-m dash in 23.75; and the triple jump with a leap of 41-3.

"Shaun was in four events and won all four, which is a pretty good start to his senior season," Fredericks said. "He has the senior bug and has high goals for this season. He is a three-sport athlete and is in outstanding shape. He is a special kid and will certainly progress throughout the course of the season. He is out to a great start."

Dan Chenoweth brought in two more victories for the Leafs, taking the 3200-m run with a time of 9:48 and the 1600-m run in 4:36.44.

All three relay teams were also victorious in their first outings. The 4x800 relay of Chance Nordstrom, Robert Reese, Nate Silver and Blake Wyffels took the tape in 9:03.53, while the 4x200 of Jacob Kuban, Shane Reschke, Jeremy Peters and Mason Kernan crossed the finish line in 1:39.13. The 4x400 relay of Reschke, Kuban, Wolfe Repass and Drew Croegaert

claimed top honors, crossing the finish line in 3:44.6.

Placing second for the Leafs were Reschke in the long jump with a final mark of 19-4 1/2, followed by Repass in the 55-m low hurdles with a time of 8.06, and in the 55-m high hurdles in 8.25. In the 400-m run, Croegaert took runner-up honors with a time of 56.00, followed by Silver in the 800-m run in 2:11. Bren Gillespie rounded out the second-place finishes for Geneseo with a leap of 5-10 in the high jump.

The Leafs swept the top three spots in the long jump as Kuban captured third with a final mark of 19-2, while Jesse Gessel came in third in the 400-m dash in 56.58. Nordstrom added another third in the 800-m run in 2:12, followed by Wyffels in the 1600-m run with a time of 5:03. Tyler Loucks crossed the finish line in third for the Leafs in the 200-m dash in 24.51, while Jaran Heaton came in third in the pole vault with a leap of 10-6. Peters concluded the top finishes for Geneseo, taking fourth in the high jump, clearing the bar at 5-8.

"The guys were all chomping at the bit to get the season started," Fredericks said. "And it turned out real well."

The freshmen/sophomore squad also had a successful day, taking first with 69.5 points, followed by Dixon with 54 and Rochelle, 41.5.

Geneseo finished the meet with nine firsts, five seconds, five thirds and five fourths.

In first were Aaron Schilling in the long jump with a mark of 17-8, Josh Lodge in the 3200-m run with a time of 11:24.79, and Heaton in the 55-m low hurdles in 7.87. Logan Patton took the tape in the 55-m dash in 6.94, Heaton won the 55-m high hurdles in 8.41, Patton crossed the finish line in

56.91 in the 400-m run, and Jon Fleming in the 800-m run in 2:23.10. Pattan also took first in the 200-m dash with a time of 25.06, followed by the 4x400-m relay of Heaton, Fleming, Nordstrom and Andy Collis taking the tape in 4:00.41.

Those contributing second-place finishes were Jake Balligeer in the long jump with a leap of 17-4, Tom Peal in the 55-m high hurdles in 8.75, Collis with a 57.83 time in the 400-m dash, Schilling with a 37-03 mark in the triple jump, and Balligeer cleared the bar at 5-4 in the high jump.

The 4x800 and the 4x200 both came in third for the f/s squad: the 4x800 of Eric Windsor, Fleming, Garrett Harris and Sammy Reyes in 10:15.72 and the 4x200 of Austin Swanson, Balligeer, Cameron McNeil and Ryan with a time of 1:50.77.

Others placing third were Peal in the pole vault, clearing the bar at 9-0, and Ben Koenig in the high jump with a final height of 5-8.

In fourth for Geneseo were Harris in the 800-m run with a time of 2:35.56, Peal in the 200-m dash in 27.02, Rob Barton in the pole vault, clearing the bar at 7-6, and the 4x400 relay of Koenig, Harris, Reyes and Tyler Morton in 4:17.

"There were surprises all over the place last night," Fredericks said. "We have a whole bunch of kids that haven't been with us before and we saw great things happen all over."

The Leafs will face their next test Tuesday, March 21, at Sterling against Sterling, Freeport and Harlem at 5 p.m.

"Hopefully, we can keep improving and work towards season bests," Fredericks said of the upcoming meet. "And, hopefully, they will compete for their personal bests and the enjoyment."

2006 Dixon & Rochelle: (Varsity)

Varsity Results	
Host Site: Westwood Sports Complex in Sterling	
Date: March 14, 2006	
Scoring: Individual: 5-3-2-1 Relays 5-3-0	
Team Scores: 1.) Geneseo 77; 2.) Dixon 59.5; 3.) Rochelle 30	
High Jump: 1.) Whorley (Dixon) 6' 00"; 2.) Bren Gillespie (Geneseo) 5' 10"; 2.) Hackbarth (Dixon) 5' 10"; 4.) Jeremy Peters (Geneseo) 5' 08"	
<i>Additional Geneseo Athletes:</i> Drew Croegaert 5' 08"; Jesse Gessel 5' 04"	
Long Jump: 1.) Shaun Russell (Geneseo) 20' 00"; 2.) Shane Reschke (Geneseo) 19' 04 1/2"; 3.) Jacob Kuban (Geneseo) 19' 02"; 4.) Joos (Dixon) 18' 05 1/2"	
<i>Additional Geneseo Athletes:</i> Wolfe Repass 17' 10"; Drew Croegaert 17' 04"; Blake Verstraete 17' 07"; Tyler Loucks 16' 11" 1/2; Kevin Short 14' 09"; Alex Guiscem 13' 05 1/2"	
Pole Vault: 1.) Chalos (Rochelle) 11' 06"; 2.) Myers (Dixon) 10' 06"; 3.) Jaran Heaton (Geneseo) 10' 06"; 4.) Martin (Rochelle) 9' 06"	
<i>Additional Geneseo Athletes:</i> Corey Akers 8' 06"; Blake Verstraete 8' 06"; Eric Kowitz 7' 06"	
Shot Put 1.) Burnell (Dixon) 48' 05 1/2"; 2.) Gosch (Dixon) 46' 00"; 3.) Lumzy Dixon 45' 02"; 4.) Johnson (Rochelle) 43' 04"	
<i>Additional Geneseo Athletes:</i> Tyler Root 37' 01"; Jon Hamilton 24' 09"	
Triple Jump: 1.) Shaun Russell (Geneseo) 41' 03"; 2.) Whorley (Dixon) 39' 11"; 3.) Hackbarth (Dixon) 38' 07 1/2"; 4.) Chalos (Rochelle) 36' 08"	
<i>Additional Geneseo Athletes:</i> none	
3200 Meter Relay: 1.) Geneseo (Chance Nordstrom, Blake Wyffels, Robert Reese, Nate Silver) 9:03.53; 2.) Rochelle (no names listed) 9:29.88; 3.) Dixon (Nicklaus, Cappila, Dempsey, Spagnoia) 9:44.33	
<i>Geneseo Splits:</i> Chance Nordstrom 2:10.30 (64); Blake Wyffels 2:17.30 (66); Robert Reese 2:15.20 (66); Nate Silver 2:20.80 (67)	
800 Meter Relay: 1.) Geneseo (Jacob Kuban, Shane Reschke, Jeremy Peters, Mason Kernan) 1:39.19; 2.) Dixon (Wakely, Haniff, Joos, ???) 1:39.44; 3.) Rochelle (no names listed) 1:39.89	
<i>Geneseo Splits:</i> Jacob Kuban 24.74; Shane Reschke 24.00; Jeremy Peters 25.23; Mason Kernan 25.16	
3200 Meter Run: 1.) Dan Chenoweth (Geneseo) 9:48.93; 2.) Mayer (Dixon) 10:05.50; 3.) Boone (Dixon) 10:36.50; 4.) Zillis (Rochelle) 11:01.50	
<i>Additional Geneseo Athletes and Splits:</i> Dan Chenoweth: 69 - 2:22 (73) - 3:37 (75) - 4:52 (75) - 6:07 (75) - 7:23 (76) - 8:40 (77) - 9:48.93 (68); Ryan Kotecki 71 - 2:30 (79) - 3:52 (82) - 5:18 (86) - 6:46 (88) - 8:15 (89) - 9:45 (90) - 11:11.50 (86)	
55 Meter Low Hurdles: 1.) Hackbarth (Dixon) 7.59; 2.) Wolfe Repass (Geneseo) 8.06; 3.) Whorley (Dixon) 8.10; 4.) Butle (Rochelle) 8.16	
<i>Additional Geneseo Athletes:</i> Caleb Diercx 8.97	

55 Meter High Hurdles: 1.) Hackbarth (Dixon) 7.97; 2.) Wolfe Repass (Geneseo) 8.25; 3.) Whorley (Dixon) 8.28; 4.) no name listed (Rochelle) 9.09

Additional Geneseo Athletes: Caleb Diercx 9.23

55 Meter Dash: 1.) Shaun Russell (Geneseo) 6.47; 2.) Reed (Rochelle) 6.70; 3.) Siddiqui (Dixon) 6.75; 4.) Tyler Loucks (Geneseo) 6.85

Additional Geneseo Athletes: Kevin Powell 6.75; Mason Kernan 6.94; Sam Woolsey 7.00; Jeremy Peters 7.16; Joel Watkins 7.18; Beau Neece 7.21; Kevin Short 7.25; Alex Guiscem 7.63

800 Meter Run: 1.) Peters (Rochelle) 2:08.19; 2.) Nate Silvers (Geneseo) 2:11.50; 3.) Chance Nordstrom (Geneseo) 2:12.50; 4.) Robert Reese (Geneseo) 2:16.59

Additional Geneseo Athletes & Splits: Nate Silver 2:11.50 (65); Chance Nordstrom 2:12.50 (65); Robert Reese 2:16.59 (67); Dyson Wake 2:32.12 (81)

400 Meter Dash: 1.) Joos (Dixon) 54.97; 2.) Drew Croegaert (Geneseo) 56.00; 3.) Jesse Gessel (Geneseo) 56.58; 4.) Egis (Rochelle) 57.06

Additional Geneseo Athletes: Eric Kowitz 60.03; Caleb Diercx 61.16; Joel Watkins 61.39

1600 Meter Run: 1.) Dan Chenoweth (Geneseo) 4:36.44; 2.) Mayer (Dixon) 4:49.12; 3.) Blake Wyffels (Geneseo) 5:09.23; 4.) Zillis (Rochelle) 5:04.23

Additional Geneseo Athletes & Splits: Dan Chenoweth 67 - 2:17 (70) - 3:30 (73) - 4:36.44 (66); Blake Wyffels 72 - 2:31 (79) - 3:47 (76) - 5:04.23 (77)

200 Meter Dash: 1.) Shaun Russell (Geneseo) 23.75; 2.) Reed (Rochelle) 24.37; 3.) Tyler Loucks (Geneseo) 24.51; 4.) Siddiqui (Dixon) 24.77

Additional Geneseo Athletes: Kevin Powell 24.56; Jeremy Peters 25.56; Sam Woolsey 25.98; Beau Neece 26.00; Jesse Gessel 26.47; Caleb Diercx 27.93; Alex Guiscem 28.82; Erik Kowitz 29.23; Kevin Short 29.91

1600 Meter Relay: 1.) Geneseo (Jacob Kuban, Shane Reschke, Drew Croegaert, Wolfe Repass) 3:44.53; 2.) Rochelle (no names listed) 3:47.56; 3.) Dixon (Wakely, Capilla, Schacki, Nicklaus) 3:48.53

Additional Geneseo Athletes & Splits:

A-Team: Jacob Kuban 57.16; Shane Reschke 55.34; Drew Croegaert 57.00; Wolfe Repass 55.10

B-Team: Nate Silver 57.22; Elliott Kenney 56.71; Robert Reese 59.72; Dyson Wake 66.56

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55 Meter High Hurdles: 1.) Jaran Heaton (Geneseo) 8.41; 2.) Tom Peal (Geneseo) 8.75; 3.) Wescar (Rochelle) ???; 4.) no name (Rochelle) ???

Additional Geneseo Athletes: Ben Koenig 9.25

55 Meter Dash: 1.) Logan Patton (Geneseo) 6.94; 2.) Muhammad (Dixon) ???; 3.) no name (Rochelle) 7.10; 4.) no name (Dixon) 7.23

Additional Geneseo Athletes: Shane Reschke 6.75; Jacob Kuban 7.05; Josh Birmingham 7.22; Austin Swanson 7.27; Nick Watkins 7.35; Cameron McNeil 7.37; Austin Ryan 7.74; Tyler Morton 7.93; Josh Rahn 7.94; Drew Richardson 8.08

800 Meter Run: 1.) Jon Fleming (Geneseo) 2:22.91; 2.) Lehey (Dixon) 2:26.50; 3.) Gomez (Rochelle) 2:29.50; 4.) Garrett Harris (Geneseo) 2:35.56

Additional Geneseo Athletes & Splits: Jon Fleming 2:22.91 (71); Garrett Harris 2:35.56 (80); Sammy Reyes 2:40.63 (80)

400 Meter Dash: 1.) Logan Patton (Geneseo) 56.91; 2.) Andy Collis (Geneseo) 57.83; 3.) no name (Rochelle) 58.97; 4.) no name (Dixon) 59.94

Additional Geneseo Athletes: Austin Swanson 60.75; Tyler Morton 63.02; Dan Haertjens 65.37; Drew Richardson 67.25

1600 Meter Run: 1.) Logan (Dixon) 5:15.50; 2.) Jones (Dixon) 5:19.62; 3.) no name (Rochelle) 5:19.65; 4.) Josh Lodge (Geneseo) 5:21.50

Additional Geneseo Athletes & Splits: Josh Lodge 72 - 2:33 (81) - 3:56 (83) - 5:21.50 (85); Ryan Kotecki 71 - 2:34 (83) - 4:06 (92) - 5:37.50 (91)

200 Meter Dash: 1.) Logan Patton (Geneseo) 25.56; 2.) Dunn (Dixon) 26.44; 3.) Anniah (Rochelle) 26.80; 4.) Tom Peal (Geneseo) 27.02

Additional Geneseo Athletes: Josh Rahn 29.81

1600 Meter Relay: 1.) Geneseo (Jaran Heaton, Jon Fleming, Chance Nordstrom, Andy Collis) 4:00.37; 2.) Rochelle (no names listed) 4:03.75; 3.) Dixon (Reeder, Lahet, Tucker, Logan) 4:05.66

Additional Geneseo Athletes & Splits:

A-Team: Jaran Heaton 61.44; Jon Fleming 61.84; Chance Nordstrom 57.48; Andy Collis 59.65

B-Team: Austin Swanson 63.94; Jake Ballegeer 64.66; Cameron McNeil 67.34; Austin Ryan 64.38

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