

Versatility proves to be key for sprinters' Reschke, Reagan

► **Coming Thursday: The jumps, with Moline's Suzanne Udehn and UT pole vaulter Ian Pavelonis.**

Versatility has served seniors Luke Reschke of Geneseo and Moline's Stephanie Reagan well.

Reschke, a three-sport all-star who's excelled in both football and basketball for the Maple Leafs, might have his brightest future in track and field when he



— **Shannon Heaton** —

leaves for Monmouth College later this summer.

And Reagan showed an ability to play both an

attacking and a defensive role for the Maroon volleyball team last fall, though, like Reschke, track is her strongest sport.

In many ways, Reschke and Reagan are very alike. They're fast, but that's not all that they are when it comes to athletics.

Take a look at the sprint events they excel in — the 200 and 400-meter dashes. Those events take more than pure speed. They also take a certain amount of upper-body strength to

run the turns hard and fast, and a certain amount of guts, because there's a lot more time to try to run down the person in front.

"I think it comes from training all year-round, going to basketball and football. Those other sports help me," Reschke said of running the longer sprint events. "I always was jumping and sprinting in middle school, but it wasn't until my sophomore year that I discovered the 400."

Likewise, Reagan, who

started as a shorter sprinter early in her high school career, gradually moved further and further out, though it was more the emotional rush of the longer sprints that attracted her.

"It's exciting to pass people," Reagan said of running longer sprints. "Running a good 400 makes you feel like you've really accomplished something."

Both also share the feeling of being conference

See ► **Sprinters**, D4



Luke Reschke

► **Sprinters**

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champions. Reagan was part of the Maroon team that won Western Big 6 Conference titles in 2003 and 2004, while Reschke's Leafs bagged their first NCIC championship in 13 years last Friday in Ottawa.

In short, both are very experienced winners, regardless of what happens with both of them in the next week or so.

"We're talking more now about individual efforts (at Friday's sectional in Moline) and trying to get as many people through (to state), and having fun going down there," Reschke said of the Leafs now.

As for Reagan, who plans to attend St. Ambrose and run track and play volleyball, she knows her career has been a good one as well, regardless of how state turns out.

"Anything can happen. There's always somebody who you didn't think comes out of nowhere and drops, like, seconds off their time," she said. "This could be my last race for high school ever, but regardless I still feel like I had a good season."

► **Luke Reschke**

► **Pre-race rituals:** "I always like to have on the same shorts, T-shirt and sweats every meet. I need to feel comfortable in those."

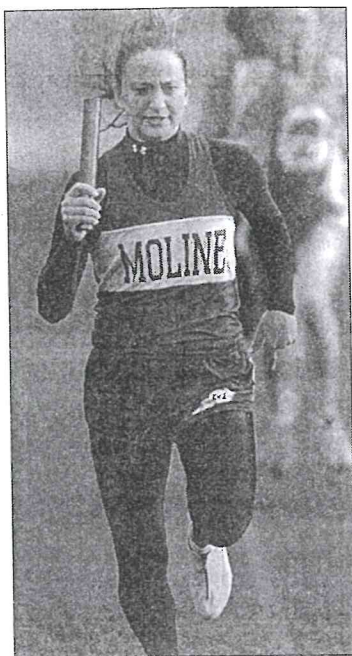
► **Post-meet food:** LaRoma's Pizza.

► **Favorite event:** The 400. "I've been finishing pretty well in that, so it's an event I've come to like."

► **Event I always wanted to try:** The javelin (maybe). "I'd also like to learn pole vault. It'd be fun to go up there."

► **Favorite place to run:** The J.D. Darnall track at home.

► **Parents:** Kathy & Allan Reschke, Geneseo.



File

Moline's Stephanie Reagan will close out her prep career at this weekend's state track meet in Charleston.

► Stephanie Reagan

► **Pre-race rituals:** "I like being by myself before a race. I always say a prayer before I run and I think about Philipians 4:13 (I can do all things through Christ who strengthens me)."

► **Post-meet food:** Mom's homemade mashed potatoes.

► **Favorite event:** The 200. "It's just long enough and not as nerve-wracking as the 400."

► **Event I always wanted to try:** Shot.

► **Favorite place to run:** "Definitely here (the Gene Shipley Track in Moline). I've run here all my life. I have a lot of memories here."

► **Parents:** Jane & Bill Reagan, Moline.

Throwers Manning, Paradiso await lead roles

Rock Island's Zach Johnson and Janessa Ostrand are the premier throwers in the Illinois Quad-Cities. Yet both remember well a year ago, when they served as the heir apparents to now-graduated teammates Eddie Williams and Carrie Carpenter.

Although the Rocky throwing tradition is still very much alive and well, it may be that the top throwers in 2006 will be located elsewhere. Geneseo junior Joe Paradiso and Alleman sophomore Megan Manning have proven that they'll be forces to be reckoned with on a statewide stage.

► **"I would love to place (this weekend). I missed it (state) by three inches in the shot last year, so I've been working all season to get there, and I did. I'm hoping to have fun and break 40 (feet, in the shot)."**

Megan Manning,
Alleman

In Manning's case, that stage is set for Friday at the Class A girls' state track and field meet in Charleston, where she's seeded fifth in the shot (39-10 1/2) and 10th in the discus (119-4).

"I would love to place (this weekend). I missed it (state) by three inches in the shot last year, so I've been working all season to get there, and I did," Manning said. "I'm hoping to have fun and break 40 (feet, in the shot)."

One will likely lead to the other, with the latter certainly leading to the former.

But once state is over, Manning, who's a three-sport athlete, doesn't plan to have a lot

of offseason time to put into her throwing, if last summer was any indication. Basketball, in the summer and in-season, is her No. 1 pursuit.

"I didn't expect this (to be nearly at 40 feet), not really, not this year at least," she said. "I really didn't do anything. I threw once all summer and that was it. The rest was basketball and (Quad City) Sports Performance."

Manning began the season with her shot putting ranking ahead of her throws in the discus, but those have caught up in a hurry.

"I'm very happy with it (the discus). I've been getting used to my new shoes, and once I got used to those, I've been very consistent," she said. "I've been over 100 feet; that's where I wanted to be at this year."

Paradiso just wanted to be throwing somewhere in the upper 40s in the shot when the indoor season began. Getting out to 53-7, which was the winning throw in that event last Friday at the NCIC boys' meet in Ottawa, was a faraway blip on the radar.

"I had trouble even getting to 45 during indoors," he said. "I've been pretty surprised with the way it's turned out."

But, after beating Dixon's Ben Brooks to win the John McCormick Invitational first-place medal in the shot, Paradiso knew he had a shot at conference.

"There's so many things you have to do right in the shot. It's all about technique and doing it every day in practice," he said. "Brooks had beaten me every meet until the McCormick, but when I beat him there, I thought I had a good chance. I'd been throwing

► Megan Manning

- **Pre-throw ritual:** "I don't really think about things like that; I just tuck in my singlet and go throw."
- **Post-throw food:** "I do eat lots of fruit, but mostly pretty much whatever's available."
- **Favorite event:** Shot.
- **Event I always wanted to try:** "The hurdles, but I'm pretty slow."
- **Favorite place to throw:** "For the shot, Galesburg, but for the disc, I like Erie's discus ring."
- **Parents:** Karen & Shawn Manning, Rock Island.

► Joe Paradiso

- **Pre-throw rituals:** "The day I first threw 50 feet (in the shot), I'd gone to the gym and done bicep work. So every Friday after that, I did the same thing and PR'd every time."
- **Post-throw food:** A chicken bacon ranch foot-long sandwich from Subway.
- **Favorite event:** Shot.
- **Event I always wanted to try:** Discus. "Coach Fredericks wanted to get me in it this year, but I started so poorly in the shot, so we focused on just that."
- **Favorite place to throw:** "Geneseo, because every time I throw there I PR."
- **Parents:** Bridget & Nick Paradiso, Geneseo.

good in practice; if I could throw as good in a meet, I could win."

In so doing, Paradiso helped the Leafs win their first NCIC title in 13 years. "That was great. Coach Fredericks motivates us really well," he said of pulling off the team title. "Dixon had done it six times in a row, so it was good to finally beat them."

► **'There's so many things you have to do right in the shot. It's all about technique and doing it every day in practice.'**

Joe Paradiso,
Geneseo

Unfortunately for the Leafs' track team, Friday night was Paradiso's last competition in 2005. That's good for Geneseo's

football fortunes, as Paradiso — an all-conference lineman last fall — will have knee surgery on Wednesday. He should be ready for summer workouts by July, if not sooner.

"(The decision to forego the rest of the track season) was really hard early on, and at first I thought about waiting until after sectionals and maybe state, but I'd talked to some people who'd had the same kind of surgery," Paradiso said of his left knee, which sustained cartilage damage during a gym class. "They said there could be complications with fluid buildup, so I wanted to get it done as soon as possible, so I'd be ready for football in the fall."

For Manning, the future is now. For Paradiso, the shot and discus rings will be waiting in 2006.

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Geneseo's track success has long history

Bill Neulieb doesn't look real fast these days.

The 76-year-old former Geneseo insurance agent still gets around pretty good and is still involved in a variety of different activities, including timing participants at Geneseo High School track meets every Spring. He's been doing this for 55 years.

Last week, Neulieb attended the annual NCIC Conference track meet in Ottawa, an event won by the Maple Leafs. It brought back a lot of fond memories, including the fact Geneseo won the first NCIC meet held 60 years ago in Sterling.

Neulieb should know. He was one of the stars of that team that went on to win the District title as well, nipped Rock Island by only a half-point on the final event of the night, the 880 yard relay.

That was the year Geneseo sent nine guys to to the state finals (it was a one class system then) and Bill was one of those guys.

Yep, Neulieb might not look like a speedster today, but there was a time when he could sprint the 100 yard dash in a mere 10.1 seconds. That's pretty fast even for today's standards, but Geneseo also had another sprinter, Jim Bean, who was just as fast, except he specialized in the 220 yard dash. The pair would usually finish one-two respectively in those races.

The North Central Conference included Sterling, Geneseo, Rock Falls, Dixon, DeKalb, Mendota, Princeton, Ottawa and Hall Township of Spring Valley in those days. Although Geneseo joined the conference in the fall of 1942, it wasn't until the spring of 1945 that the first track meet was held, according to Neulieb.

He remembers the meet almost like it was held yesterday, saying it holds a special place in his heart. As a matter of



Onward, Upward

Republic Publisher
Tim Evans

fact, the entire track season is special to Neulieb, who still regularly attends Geneseo meets and is an icon when it comes to being there to run a stopwatch.

But Neulieb's junior year in Geneseo may have been one of the most memorable and he says, "it just doesn't seem that long ago."

Under the leadership of coach John McCormick, Geneseo's track team was in the spotlight that year. Bean and Neulieb both qualified for state in the 100 and 220 races and Bean went on to take fifth in the state while it took Neulieb another year before he could place third in the state in the 100.

Don Feldman made it to state in the 110 low hurdles while Jim Wachtel went to state in the board jump, now better known as the long jump. Eddie Paxton qualified in the high jump and the 880 relay team also made it to the finals, consisting of Neulieb, Wachtel, Arnold Fowler and anchored by Bean. They finished fifth at state with a time of 1:33.

Neulieb said that may not be fast enough to compete with today's sprinters, but was a pretty darn good time for the 1940's.

Fowler and Nels Hemingson also both placed in the 440 yard dash in the district meet to advance to state.

Other members of the team included Glenn Farrell, Don Minnaert, Art VanHoutte, Don Meier, Bill Countryman, Don Vandersnick, Danny Fisk, Leonard Gould, Dick Pobanz, Bob Brewer, Willard

Wahlheim, Kent Pobanz, Bob Warnock and Bill Taets.

Neulieb said the same night the nine guys went to state, the remainder of the team competed in the Geneseo Night Relays, a major meet that included about a dozen area schools held for the athletes who didn't get to go to state. Believe it or not, even with all that talent missing, Geneseo won that meet as well. Neulieb said everybody was "real proud" of the fact the remaining Leafs won that title.

So when you see "speedy Bill" wandering around town these days, you might want to say something to him. He's very proud of his team's accomplishments 60 years ago and rightfully so.

Bringing back memories

Track brings back a lot of memories for myself as well. I may not look it either (cuz Bill could probably beat me in a short race today) but I was a middle distance runner, specializing in the 880 and 440.

To this day, and forever, I will hold two track records from Atkinson High School, including the 880 and the mile relay, which was shared with Mike Hamer, Jim Hamer and Mark Glattly. Don Gleason also was part of that foursome, as well, because we had five guys who could run a lap in 54 seconds or better that year. Both of those records were set right here in Geneseo.

So, yes, I too have a lot of fond memories of the track season as well and I understand completely Bill's passion for the sport, as I'm sure many other people do.

Spring accomplishments

Geneseo has had quite a few accomplishments this past Spring. The boys tennis team claimed its first NCIC championship in the 25 year history of

the competition and the girls softball team claimed its fourth consecutive NCIC title. It was also the first time the track team had won the NCIC title in 13 years for Geneseo.

Clearing the air

I just want to clear the air of a misprint we had a couple of weeks ago in an editorial piece I wrote about Abilities Plus and the fund-raiser a group of local ladies hosted lead by Betty Gildersleeve. In that story, we reported there was a donation of \$5,000 from an anonymous donor. Well, that's partially true, but the lady actually made a \$5,000 pledge that night and wrote a much smaller check. The article made it sound like Gildersleeve and her volunteers only raised half the money they did that night (over \$10,000) and we sure don't want to take away from their enthusiasm. Our apologies for a job well done and thank you for supporting Abilities Plus.

Seeking entrepreneurs

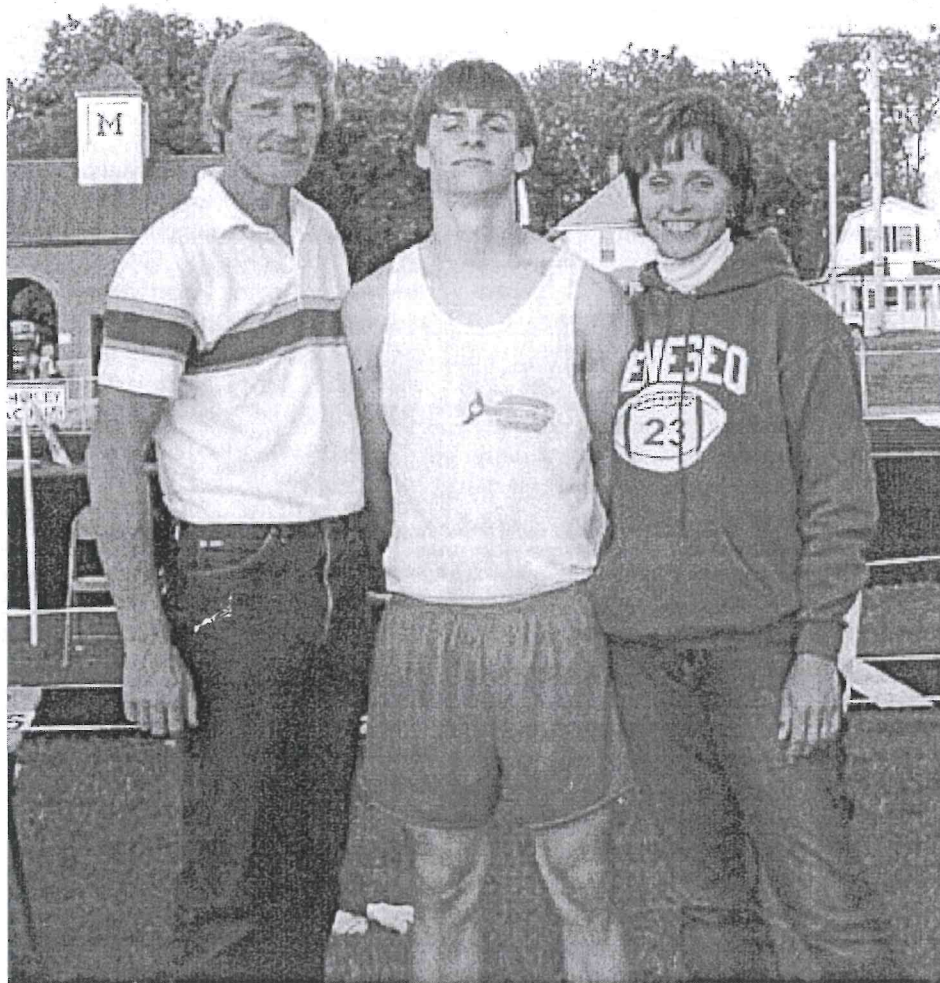
Geneseo Mayor Pat Eberhardt is on a campaign trail to get an incubator business park created for the community and we can't blame his enthusiasm for the project.

What he does need, however, are names of entrepreneurs who might be interested in participating in such a concept or even small businesses who could have participated. Do you know anyone who might qualify? If so, please give the mayor a call and he'll add it to the list of names he already has compiled.

Better yet, maybe there's someone out there who might be interested in helping get this started by making a hefty donation toward getting the building constructed.

This can definitely be a great thing for Geneseo.

Onward, upward.



Russell Sweeps Long and Triple Jump Events

Maple Leaf Junior, Shaun Russell, poses with his parents / Geneseo Athletic Legends Randy and Jacquie Russell at Friday night's Moline Sectional.

Leafs Continue Record Setting Season With Strong Sectional Performance

On Friday the Leafs traveled to Moline to participate in the rugged 15-team I.H.S.A. Sectional Finals. The team put forth a ferocious effort and scored a school record 80 points as the Leafs pushed Rock Island and Galesburg hard for the team title. Leading the charge were the following state qualifiers: **High Jump:** Byron Stanley (2nd); **Long Jump:** Shaun Russell (1st); **Triple Jump:** Shaun Russell (1st); **400 Meter Relay:** Augie Anderson, Luke Reschke, Cody Leamen, Shaun Russell (2nd); **3200 Meter Run:** Brian Chenoweth (1st); **400 Meter Dash:** Luke Reschke (1st); **1600 Meter Run:** Brian Chenoweth (2nd)

Team Scores: 1.) Rock Island 87; 2.) Galesburg 86; 3.) Geneseo 80; 4.) Dixon 57; 5.) Moline 53.50; 6.) United Township 43; 7.) Sterling 32.50; 8.) Ottawa 31; 9.) Maple Park (Kandleland) 29; 10.) Sycamore 28; 11.) Morris 16; 12.) DeKalb 8; 13.) Rochelle 7; 14T.) LaSalle-Peru 0; 14T.) Streator 0

RESULTS

► Class AA Moline Sectional boys' track and field preview

► **When & where:** Of the 16 Class AA boys' track and field sectional meets taking place statewide today, one holds local interest. At Moline's Gene Shipley Track at Browning Field, field events are scheduled for 3:30; track preliminaries begin at 4; the first section of the 3,200 run at 5:45; and running finals begin at 6.

► **At stake:** The top two entrants in each of 18 events, plus any additional qualifiers based upon IHSA time or distance standards, move on to the state meet next Friday and Saturday at O'Brien Stadium on the Eastern Illinois University campus in Charleston.

► **IHSA Class AA qualifying standards (hand times first, followed by converted FAT times): 3200R:** 8:04.0/.24. **400R:** 42.9/43.14. **3200:** 9:37.0/.24. **110H:** 14.5/.74. **HJ:** 6-5. **100:** 10.6/.84. **PV:** 13-9. **800:** 1:57.5/.74. **Shot:** 52-9. **800R:** 1:30.0/.24. **Discus:** 153-0. **LJ:** 22-0. **400:** 49.7/.94. **TJ:** 45-0. **300H:** 39.8/40.04. **1600:** 4:24.5/.74. **200:** 22.0/.24. **1600R:** 3:24.0/.24.

► **Local teams in action:** Galesburg, Geneseo, Moline, Rock Island and United Township.

► **Other teams in the meet:** DeKalb, Dixon, LaSalle-Peru, Maple Park Kaneland, Morris, Ottawa, Rochelle, Sterling, Streator, Sycamore.

— By Shannon Heaton

Locals set for sectional track

Participants from United Township, Moline and Rock Island will compete in today's Class AA Moline Sectional boys' track and field meet at Gene Shipley Track at Browning Field. Also participating are Geneseo and Galesburg. The top two entrants in each of the 18 events, plus any additional qualifiers based upon IHSA time or distance standards, move on to the state meet next Friday and Saturday at O'Brien Stadium in Charleston.

File photo



Leafs send six to state track meet



Republic photo by Amy Boldt

JUNIOR SHAUN RUSSELL takes flight in the long jump at the IHSA Sectional track and field meet in Moline Friday, May 20. Russell qualified for state in both the triple and the long jump.

**Russell, Chenoweth, Reschke
qualify in multiple events**



Republic photo by Amy Boldt

SENIOR LUKE RESCHKE springs off the runway in the long jump during the IHSA sectional meet Friday, May 20. Reschke placed third for Geneseo.

By AMY BOLDT
Sports Editor

Geneseo boys track and field advanced six athletes in seven events to the IHSA Class AA State Finals from the Moline Sectional Meet Friday, May 20. The team placed third out of eight teams with 80 team points. Other teams competing were Rock Island, Galesburg, Dixon, Moline, UTHS, Sterling and Ottawa.

"The team put forth a ferocious effort and scored a school-record 80 points as the Leafs pushed Rock Island and Galesburg hard for the team title," Head Coach Don Fredericks said. "We were only seven points away from winning and wonderful things were happening everywhere I looked.

"It is hard not to compare this team to other generations and we would put this team up against any of the teams we had before," Fredericks said. "This is a tremendous honor for this team and (it) could possibly be the best team ever.

"The seniors are a special group," Fredericks said. "All 12 led by example and worked really hard. They are great role models and there will be some big shoes to fill."

Senior Brian Chenoweth and junior Shaun Russell will represent the Leaf track team in two individual events. Chenoweth won the 3200-meter run, taking the tape in nine minutes and 33.35 seconds and took second in the 1600-m run in 4:26.38. Russell claimed two first-place finishes; the long jump with a leap of 21-5 3/4 and the triple jump with a final mark of 44-0.

"Brian Chenoweth has big meet experience which will help," Fredericks said. "And in his one Illinois season, he has turned a lot of heads. His goal was to qualify for the 3200 and the

1600 and he punched his ticket (in both). I am real proud of him.

"Shaun Russell is in a lot of events, but that is what he has been doing all season," Fredericks said. "Both are tough assignments and it is going to take personal bests from him."

Seniors Byron Stanley and Luke Reschke also qualified in individual events. Stanley placed second in the high jump, clearing the bar at 6-3, while Reschke won the 400-m dash, crossing the finish line in 50.18. The 4x100-m relay of senior Augie Anderson, Reschke, senior Cody Leamen and Russell also qualified for the state competition with a second-place finish, clocking in at 43.07.

"Byron Stanley qualified for state last year," Fredericks said. "The high jump is a extremely technical event, but he doesn't let anything rattle him. He is one of the best big-time meet performers and he rises to the occasion.

"Luke Reschke has had such a great season and by far has had the best track season of any athlete," Fredericks said. "He has had an unbelievable season, he has been a work horse all season. He is a tremendous competitor and it was a lot of fun to watch him develop."

Others placing, but missing qualifying marks and times were Reschke in the long jump with a 20-11 1/2 leap for place third. The 800-m relay of freshman Shane Reschke, Anderson, Leamen and Russell which placed fourth with a time of 1:32.84; sophomore Dan Chenoweth who came in fourth in the 1600-m run, clocking in 4:30.40 and Leamen who came in fifth in the 100-m dash in 11.41.

The 1600-m relay of freshmen Chance Nordstrom, Jacob Kuban, Andy Collis and S. Reschke placed eighth, breaking a freshman Geneseo record with a time of 3:38.43, while sophomore Jesse Gessel took eighth in the

400-m dash in 54.34. Senior Eric Darwin placed 10th in 42.84 in the 300-m hurdles, while sophomore Chris Brooks came in 10th in the shot put with a 45-9 heave.

Sophomore Bren Gillespie came in 14th in the high jump, clearing the bar at 5-7. Sophomore Nate Silver took 12th in the 800-m run in 2:07.31 followed by senior Nathan Schlindwein placing 14th in 2:08.70. Junior Caleb Dierick came in 18th in 44.78 in the 300-m hurdles, while sophomore Corey Akers took 23rd in the discus with a 106-6 toss and Brooks 24th with a 96-9 throw. In the 110-hurdles, freshman Jaran Heaton finished in 18.32 and

Darwin in 18.44 in the prelims.

"I am totally immersed in this team and I enjoyed every minute of it," Fredericks said.

The boys will participate in the IHSA State Finals Friday and Saturday, May 27-28, starting Friday at 1 p.m. with field events and prelims and Saturday at 11 a.m. with finals.

"(State) is extremely competitive," Fredericks said. "We are a small fish in the ocean; this is a great opportunity and a tremendous accomplishment.

"Our goal is to try to obtain personal bests and try to earn a Tootsie Roll and hopefully we will have some hardware coming back."

Ill-feeling Johnson leads Rocks to sectional title

By Steve Tappa
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Zach Johnson was feeling so bad Friday morning, the Rock Island senior considered remaining in bed.

However, by Friday night, Johnson was feeling pretty darn good, even though he was still suffering from a nasty cold and persistent body chills.

Johnson had plenty of reasons to smile through the illness — defending his discus title, and also claiming the shot put championship, to lead the Rocks to their third straight Class AA sectional crown in boys track and field.

Rock Island only claimed five of the 25 local qualifiers for next weekend's state meet in Charleston. But with numerous near-misses at Moline's Browning Field, the Rocks (87 points) had just enough to edge Galesburg (86 points, 8 qualifiers) and Geneseo (80, 7) for the team title.

Moline (53.5, 3) and United Township (43, 2) finished fifth and sixth, respectively, in the Gene Shipley Track swan-song for retiring veteran coach Jeff Quick of Moline.

"I wasn't feeling the best, but I also felt like I had some unfinished business to take care of," said Johnson, who scratched in the state discus competition last spring. "I wanted to get downstate so I can finally bring something home this year.

"I was really limping along there, but somehow won the discus, and then my mom (Sandra Dixon) got me some Gatorade, and coach (Ed Lillis) came by and really picked me up."

Johnson, who said he only ate an order of french fries Friday, was among four local competitors advancing in two individual events. The others were

Geneseo's Shaun Russell and Brian Chenoweth, plus Moline freshman Shawn Ledbetter. Russell won both the long jump and triple jump. Chenoweth claimed the 3200, and was the 1600 runner-up. Ledbetter finished second in both hurdling events.

"I know freshmen aren't supposed to make it to state," Ledbetter said. "Now, there's no pressure on me next weekend. I just go down, have fun and do my best. If I do well, great; if I don't, I've got the next three years."

Russell also qualified in the 400 relay, along with Augie Anderson, Cody Leamen and Luke Reschke — the latter the winner in the solo 400.

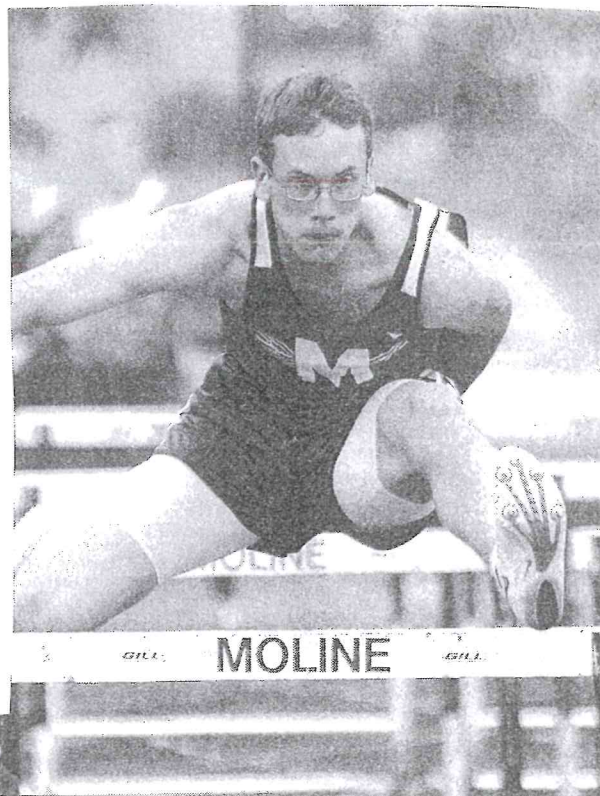
"I was happy going in just one event last year. So getting there in three events this year is just unbelievable," Russell said.

"I made it to state in Iowa before," added Chenoweth, a transfer from Cedar Falls, "but this is so much bigger."

Rock Island's other qualifiers included high jump-winner Aaron Strickland, plus Cody Bower (discus) and the 800 relay team of Raphael Brown, Darin River-Holmes, Darnell Evans and Richard Lewis.

Geneseo's other advancer was Byron Stanley (high jump). Moline's 800 relay team — of Jay Kokshin, Dan Hall, Dan Mueting and Matt Brown — finished third like Bower, but reached a state-qualifying standard.

Damon Bautista and Jordan Jennings ran on both relay advancers for United Township. Also on the 3200 team was Chris Matthews and Kyle Cameron. The 1600 team included Kevin DeWalshe and Pete Martinez.



Gary Krambeck / staff

Moline's Dan Mueting clears his way through the high hurdles during the Moline boys track sectional Friday afternoon at Browning field.

Geneseo's Chenoweth finds new home

By Shannon Heaton
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Brian Chenoweth is a walking billboard for a three-class state track and field meet.

The Geneseo senior, who entered J.D. Darnall High School just prior to the start of the spring semester, knows that competition in a four-class environment, which he encountered last year with the Cedar Falls (Iowa) team, isn't always that stiff.

Now, he's in the Illinois fold and staring at some of the Midwest's finest runners — his competition in the 1,600 and 3,200-meter runs this weekend at the Class AA state meet in Charleston.

A three-class system, which the IHSA is considering for implementation possibly when Brian's younger brother, Dan, is a senior in 2007, might provide a balance between the two systems.

"Overall, the competition in Illinois is much harder. There's so many more schools competing for very few spots," Chenoweth said of his new competition environment.

But that isn't the only difference between his old home and his new, if temporary, one.

"At Cedar Falls, we emphasized quality miles over quantity miles. Maybe we didn't run so many intervals or hills there, but what we ran we ran hard. The competition on our team was very strong," Chenoweth said of his time at Cedar Falls, which included a state cross country team title in 2004. "We run a lot more miles here, which is fine."

The training difference was a

cause for some concern for Chenoweth's coach, Don Fredericks.

"At the beginning, there was a concern about how open he'd be to coaching by someone else. He had a close bond with his coaches at Cedar Falls, but he did a great job of supporting us. He ran with us all summer," Fredericks said. "And I made some adjustments to help a blending process take place."

"One of the first things he told me when his family moved here was that he wanted to qualify for state in the 16 and 32. He admitted he didn't know if it was attainable."

But he made it attainable as the season unfolded. Last Friday at the Moline Sectional, Chenoweth won the 3,200 by 2.7 seconds over Galesburg's Tom Tate, an all-state performer in cross country, and came back with a solid second in the 1,600, racing Dixon's Tim Bentz to the line and finishing .01 seconds behind.

"I have some very unrealistic goals," Chenoweth said of this weekend's activity. "I'm hoping to qualify (for finals) in the 1,600 and place in the 3,200. I also want to compete hard, watch my times drop and have fun."

And Chenoweth is looking forward to Friday for another reason. "It's my first fresh 1,600 of the season, so I'm really excited for that," he said. "I hope that gives me a little bit of an edge."

Chenoweth will go back to Iowa for college, where he'll compete in cross country and

► Brian Chenoweth

► **Pre-race rituals:** "I wear the same socks every meet. They're pretty nasty now; I've had them since sophomore year."

► **Post-race food:** "After a while, everything's good, but probably a sub or something like that."

► **Favorite race:** "The 5K (5,000 meters) in cross country. I'm not such a big track fan."

► **Event I always wanted to try:** "I wouldn't be any good, but high jump or pole vault."

► **Favorite place to run:** "Knoll Ridge in Cedar Rapids or Hartman Reserve in Cedar Falls."

► **Parents:** Sue & Greg Chenoweth, Geneseo.

track for Wartburg.

"He has tremendous instincts, when to move and not to move during a race. I'm really excited about the career he could have, whatever happens," Fredericks said of Chenoweth. "His goal is to be an all-American, and he's got a great chance of attaining that. Hopefully after that, he'll keep pounding the roads around here and maybe one day be in the running to qualify for the Olympics in the marathon."

"His influence on this team has been profound."

Sectional Results

Varsity Results

Host Site: Moline High School

Date: 5/20/05

Weather Conditions: 66 and calm late

Scoring: 10-8-6-4-2-1

Results System: FAT

Team Scores: 1.) Rock Island 87; 2.) Galesburg 86; 3.) Geneseo 80; 4.) Dixon 57; 5.) Moline 53.50; 6.) United Township 43; 7.) Sterling 32.50; 8.) Ottawa 31; 9.) Maple Park (Kaneland) 29; 10.) Sycamore 28; 11.) Morris 16; 12.) DeKalb 8; 13.) Rochelle 7; 14T.) LaSalle-Peru 0; 14T.) Streator 0

Please Note: State Qualifiers performances are underlined

Discus (153' 00"): 1.) Johnson (Rock Island-12) 162' 04"; 2.) Anderson (Galesburg-11) 157' 00"; 3.) Bower (Rock Island-11) 154' 02"; 4.) Cherry (Sycamore-12) 149' 05"; 5.) Foelske (DeKalb-12) 144' 02"; 6.) Lee (Kaneland-12) 140' 10"

Additional Geneseo Athletes: 23.) Corey Akers 106' 06"; 24.) Chris Brooks 96' 09"

High Jump (6' 05"): 1.) Strickland (Rock Island-12) 6' 05"; 2.) Byron Stanley (Geneseo-12) 6' 03"; 3.) Tran (U.T.-12) 6' 01"; 4.) Wohrley (Dixon-11) 6' 01"; 5.) Niedzwecki (Ottawa-12) 5' 11"; 6T.) Ledbetter (Moline-09) 5' 09"; 6T.) Bright (Sterling-11) 5' 09"

Additional Geneseo Athletes: 14.) Bren Gillespie 5' 07"

Long Jump (22' 00"): 1.) Shaun Russell (Geneseo-11) 21' 05 3/4"; 2.) Mixon (Galesburg-10) 21' 02"; 3.) Luke Reschke (Geneseo-12) 20' 11 1/2"; 4.) Niedzwecki (Ottawa-12) 20' 01 1/4"; 5.) McQueen (Rock Island-11) 19' 11 1/4"; 6.) Strickland (Rock Island-12) 19' 11"

Additional Geneseo Athletes: none

Pole Vault (13' 09"): 1.) Kranz (Kaneland-10) 14' 03"; 2.) Harsted (Ottawa-11) 13' 09"; 3.) Doyle (Moline-11) 13' 03"; 4.) Hinds (Kaneland-12) 13' 03"; 5.) Pavelonis (U.T.-11) 13' 03"; 6.) Curless (U.T.-11) 12' 09"

Additional Geneseo Athletes: MOH.) Brian Sandoval & Brady Piepenbrink

Shot Put (52' 09"): 1.) Johnson (Rock Island-12) 57' 05"; 2.) Brooks (Dixn-12) 53' 09"; 3.) Fane (Sterling-11) 52' 02"; 4.) Cherry (Sycamore-12) 49' 08"; 5.) Burnell (Dixon-10) 49' 02 1/4"; 6.) Decker (Moline-11) 49' 01 1/2"

Additional Geneseo Athletes: 10.) Chris Brooks 45' 09"

Triple Jump (45' 00"): 1.) Shaun Russell (Geneseo-11) 44' 00"; 2.) Mardaus (Dixon-12) 43' 08"; 3.) Turner (Sycamore-10) 42' 00 1/2"; 4.) Conley (U.T.-12) 41' 09 1/4"; 5.) Westbrook (Moline-11) 41' 02"; 6.) Thierry (Galesburg-10) 41' 00 1/4"

Additional Geneseo Athletes: Aaron Schilling (3 scratches)

3200 Meter Relay (8:04.24): 1.) United Township (Jennings-11, Matthews-11, Cameron-12, Bautista-12) 7:55.11; 2.) Sycamore (Pearson-12, Bomar-12, Behrens-10, Horst-12) 8:13.08; 3.) Moline (Hutchins-12, Schulz-10, Gustafson-11, Stoelk-11) 8:17.62; 4.) Kaneland (Hatch-11, Secrest-11, Anderson-10, Holmes-12) 8:30.86; 5.) Rochelle (McCaffrey-10, Cech-09, Rodriguez-11, Nordman-09) 8:50.36; 6.) Dixon (Moss-12, Nicklaus-10, Capilla-10, Berardi-10) 8:58.44

Additional Geneseo Athletes: none

400 Meter Relay (43.14): 1.) Galesburg (Britton-Brown-12, Weaver-12, Thierry-12, Mixon-10) 42.93; 2.) Geneseo (Augie Anderson-12, Luke Reschke-12, Cody Leamen-12, Shaun Russell-11) 43.07; 3.) Rock Island (Brown-11, River-Holmes-12, Parks-12, Lewis-09) 43.43; 4.) Moline (Kokshin-11, Hall-11, Mueting-12, Brown-11) 43.82; 5.) Sycamore (Sabock-11, Hutsler-10, Evans-11, Strickland-12) 45.01; 6.) Rochelle (Dreska-11, Winebaugh-12, Milroy-10, Walter-09) 45.09

Geneseo Splits: Augie Anderson 11.40; Luke Reschke 10.43; Cody Leamen 10.98; Shaun Russell 9.92

3200 Meter Run (9:37.24): 1.) Brian Chenoweth (Geneseo-12) 9:33.35; 2.) Tate (Galesburg-12) 9:36.05; 3.) Cebula (DeKalb-12) 9:55.07; 4.) Clark (Dixon-12) 9:57.45; 5.) Green (Rock Island-11) 10:02.17; 6.) Stolley (Sycamore-11) 10:18.00

Geneseo Splits:

Brian Chenoweth 67 - 2:19 (72) - 3:33 (74) - 4:47 (74) - 5:59 (72) - 7:12 (73) - 8:24 (72) - 9:33.35 (69) **4:47 / 4:45**

110 Meter High Hurdles (14.74): 1.) Johnson (Dixon-12) 14.85; 2.) Ledbetter (Moline-09) 15.18; 3.) Lingwall (Galesburg-10) 15.54; 4.) Watson (Rock Island-11) 15.55; 5.) Mueting (Moline-12) 15.74; 6.) Hutsler (Sycamore-10) 15.90

Additional Geneseo Athletes: Jaran Heaton 18.32 (prelim); Eric Darwin 18.44 (prelim)

100 Meter Dash: (10.84): 1.) Thierry (Galesburg-12) 10.95; 2.) Norem (Ottawa-11) 11.21; 3.) Brown (Rock Island-11) 11.32; 4.) Hall (Moline-11) 11.36; 5.) Cody Leamen (Geneseo-12) 11.41; 6.) Lewis (Rock Island-09) 11.44

Additional Geneseo Athletes: none

800 Meter Run (1:57.74): 1.) Megli (Sterling-10) 1:57.14; 2.) Shannon (Morris-12) 1:57.34; 3.) Woltering (Ottawa-09) 1:58.78; 4.) Edwards (Kaneland-12) 2:00.22; 5.) Peters (Rochelle-10) 2:02.06; 6.) Seiver (Rock Island-11) 2:02.94

Additional Geneseo Athletes: 12.) Nate Silver 2:07.31 (59); 14.) Nathan Schlindwein 2:08.70 (57)

800 Meter Relay (1:30.24): 1.) Galesburg (Britton-Brown-12, Weaver-12, Thierry-12, Mixon-10) 1:28.84; 2.) Rock Island (Brown-11, River-Holmes-12, Evans-10, Lewis-09) 1:29.75; 3.) Moline (Kokshin-11, Hall-11, Mueting-12, Brown-11) 1:30.19; 4.) Geneseo (Shane Reschke-09, Augie Anderson-12, Cody Leamen-12, Shaun Russell-11) 1:32.84; 5.) Sterling (Rodriguez-11, Tucker-12, Johnson-09, Renner-10) 1:34.52; 6.) Rochelle (Dreska-11, Winebaugh-12, Milroy-10, Walter-09) 1:35.78

Geneseo Splits: Shane Reshke 24.00; Augie Anderson 22.61; Cody Leamen 22.92; Shaun Russell 22.79

400 Meter Dash (49.94): 1.) Luke Reschke (Geneseo-12) 50.18; 2.) Dergo (Morris-11) 50.36; 3.) Jennings (U.T.-11) 50.79; 4.) Dawson (Sterling-12) 50.85; 5.) Johnson (Kaneland-12) 53.33; 6.) Jaeger (Ottawa-11) 53.52

Additional Geneseo Athletes: 8.) Jesse Gessel 54.34

300 Meter Intermediate Hurdles (40.04): 1.) Johnson (Dixon-12) 39.95; 2.) Ledbetter (Moline-09) 40.65; 3.) Watson (Rock Island-11) 40.84; 4.) Thorgesen (Kaneland-10) 41.37; 5.) Bright (Sterling-11) 41.66; 6.) Lingwall (Galesburg-10) 41.72

Additional Geneseo Athletes: 10.) Eric Darwin 42.84; 18.) Caleb Diericx 44.78

1600 Meter Run (4:24.74): 1.) Bentz (Dixon-12) 4:26.37; 2.) Brian Chenoweth (Geneseo-12) 4:26.38; 3.) Bailey (Galesburg-10) 4:26.96; 4.) Dan Chenoweth (Geneseo-10) 4:30.40; 5.) Matthews (U.T.-11) 4:30.50; 6.) Cameron (U.T.-12) 4:34.26

Geneseo Splits: Brian Chenoweth 70 - 2:18 (68) - 3:24 (66) - 4:26.38 (62); Dan Chenoweth 69 - 2:17 (68) - 3:23 (66) - 4:30.40 (67)

200 Meter Dash (22.24): 1.) Thierry (Galesburg-12) 22.18; 2.) Weaver (Galesburg-12) 22.22; 3.) Brown (Rock Island-11) 22.41; 4.) Lewis (Rock Island-09) 23.26; 5.) Jaeger (Ottawa-11) 23.66; 6.) Walter (Rochelle-09) 23.80

Additional Geneseo Athletes: none

1600 Meter Relay (3:24.24): 1.) United Township (DeWalsch-11, Martinez-11, Jennings-11, Bautista-12) 3:24.55; 2.) Sterling (Hussung-10, Schneiderbauer-10, Megli-10, Dawson-12) 3:24.77; 3.) Moline (Hall-11, Kokshin-11, Mueting-12, Brown-11) 3:25.51; 4.) Rock Island (McQueen-11, Seiver-11, Alexander-09, River-Holmes-12) 3:26.87; 5.) Sycamore (Behrens-10, Bomar-12, Pearson-12, Hutsler-10) 3:29.26; 6.) Kaneland (Johnson-12, Secrest-11, Hatch-11, Edwards-12) 3:33.76

Geneseo Splits: 8.) Geneseo (Chance Nordstrom 54.38; Jacob Kuban 53.41; Andy Collis 56.92; Shane Reshke 53.59) 3:38.43 (Breaks Geneseo 09 record)

This is a Geneseo Track & Field Manila site.